

Should Routine Pulmonary Function Tests be Performed in Patients with Left Ventricular Dysfunction and/or Congestive Heart Failure undergoing Cardiac Surgery?

Turki Albacker¹, Abdulaziz Alhothali¹, Amr Arafat², Khaled Algarni³, Ahmed Eldemerdash¹, and Bakir Bakir¹

¹King Saud University College of Medicine

²Prince Sultan Military Medical City

³John Hopkins Aramco Healthcare

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Abstract

Background It is controversial whether pulmonary function testing should be performed routinely in cardiac surgery patients. The aim of our study was to focus on patients who have congestive heart failure, caused by left ventricular dysfunction or left-sided heart valve disease, and study the prognostic value of performing preoperative pulmonary function testing on their postoperative outcomes **Methods:** This is a retrospective propensity score matched study that included 366 patients with congestive heart failure who underwent cardiac surgery and had preoperative pulmonary function test. The patients were divided into two groups: Group 1; who had a normal or mild reduction in pulmonary function tests and group 2; who had moderate to severe reduction in pulmonary function tests. The postoperative outcomes, including pulmonary complications, were compared between the two groups. **Results** Pulmonary function tests were normal or mildly reduced in 190 patients (group 1) and moderately to severely reduced in 176 patients (group 2). Propensity matching identified 111 matched pairs in each group with balanced preoperative and operative characteristics. Compared to group 1, Group 2 had longer duration of mechanical ventilation [12 (7.5- 16) vs. 9 (6.5- 13) hours, $p<0.001$], higher postoperative Creatinine [111 (90- 142) vs. 105 (81- 128) $\mu\text{mol/dl}$, $p=0.02$] and higher hospital mortality (6.31% vs 0%, $p=0.02$). **Conclusion** In congestive heart failure patients undergoing cardiac surgery, moderate to severe reduction of pulmonary function test was associated with longer duration of mechanical ventilation and higher hospital mortality.

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Short Title:

Routine PFT in Congestive Heart Failure Patients

Authors:

Turki B. Albacker, MD ¹, Abdulaziz M. Alhothali, MD¹, Amr A. Arafat, MD, Ph.D ^{2,3}, Khaled D. Algarni, MD ⁴, Ahmed Eldemerdash, MD¹, Bakir Bakir, MD ¹

Institutions:

1. Cardiac Sciences Department, College of Medicine, King Fahad Cardiac Centre, King Saud University Medical City, King Saud University, Riyadh, Saudi Arabia

2. Department of Adult Cardiac Surgery, Prince Sultan Cardiac Centre, Prince Sultan Military Medical City, Riyadh, Saudi Arabia
3. Cardiothoracic Surgery Department, Tanta University, Tanta, Egypt
4. Cardiac Surgery Department, Johns Hopkins Aramco Hospital, Dhahran, Saudi Arabia

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Corresponding Author:

Turki B. Albacker, MBBS, M.Sc, FRCSC, FACS, FACC

Associate Professor of Cardiac Sciences

Cardiac Surgery Division, Cardiac Sciences Department, College of Medicine

Consultant Cardiac & Aortic Surgeon, King Fahad Cardiac Center

King Saud University Medical City, King Saud University

Riyadh, Saudi Arabia

Tel: +966-1-4679353

Fax: +966-1-4671581

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ABSTRACT

Background

It is controversial whether pulmonary function testing should be performed routinely in cardiac surgery patients. The aim of our study was to focus on patients who have congestive heart failure, caused by left ventricular dysfunction or left-sided heart valve disease, and study the prognostic value of performing preoperative pulmonary function testing on their postoperative outcomes

Methods:

This is a retrospective propensity score matched study that included 366 patients with congestive heart failure who underwent cardiac surgery and had preoperative pulmonary function test. The patients were divided into two groups: Group 1; who had a normal or mild reduction in pulmonary function tests and group 2; who had moderate to severe reduction in pulmonary function tests. The postoperative outcomes, including pulmonary complications, were compared between the two groups.

Results

Pulmonary function tests were normal or mildly reduced in 190 patients (group 1) and moderately to severely reduced in 176 patients (group 2). Propensity matching identified 111 matched pairs in each group with balanced preoperative and operative characteristics. Compared to group 1, Group 2 had longer duration of mechanical ventilation [12 (7.5- 16) vs. 9 (6.5- 13) hours, $p<0.001$], higher postoperative Creatinine [111 (90- 142) vs. 105 (81- 128) $\mu\text{mol/dl}$, $p=0.02$] and higher hospital mortality (6.31% vs 0%, $p=0.02$).

Conclusion

In congestive heart failure patients undergoing cardiac surgery, moderate to severe reduction of pulmonary function test was associated with longer duration of mechanical ventilation and higher hospital mortality.

INTRODUCTION

Lung dysfunction after cardiac surgery remains an important cause of postoperative morbidity despite continuing improvement in cardiopulmonary bypass techniques and postoperative intensive care management. There is a significant co-existence of cardiac and pulmonary disease. Moreover, most of the patients who are candidates for cardiac surgery have pre-existing pulmonary pathology. The important correlation of lung function and cardiac surgical outcomes is emphasized by the prognostic value of chronic lung disease assessment in the Society of Thoracic Surgeons (STS) and EuroSCORE II operative mortality estimation tools ¹. This led some centers to perform pulmonary function testing (PFT) routinely before any elective cardiac surgery procedure based on the evidence that spirometry evidence of obstructive ventilatory pattern may predict the duration of mechanical ventilation and intensive care unit (ICU) stay following elective cardiac surgery². Additionally, different levels of chronic obstructive pulmonary disease (COPD) severity may impact the prediction of postoperative morbidity and prolonged lengths of ICU and hospital stay in patients undergoing coronary artery bypass grafting (CABG)³.

However, pulmonary congestion secondary to heart failure or left-sided heart valve disease is known to cause both obstructive and restrictive abnormalities in PFT, which obviously could influence the preoperative spirometry results of cardiac surgical patients. It is debatable whether abnormal PFT results in those patients represent a real risk of postoperative pulmonary complications or they are just a reflection of the left-sided heart congestion. This led some centers to adopt the selective performance of preoperative spirometry at the discretion of the individual physician or departmental standards based on patient history of respiratory symptoms or smoking habits. Some authors did not even include PFT in their proposed model for predicting patients who require prolonged ventilation post cardiac surgery ⁴, that included parsonnet score, ejection fraction (EF), age, and emergency re-operation for bleeding or cardiac arrest.

Very few studies have looked at the interaction between left-sided heart valve dysfunction or ventricular dysfunction and the results of lung spirometry and suggested that lung function parameters may provide prognostic information in patients with heart failure and may help to guide treatment decisions ⁵.

Hence, our study aimed to focus on this subgroup of cardiac surgery patients with congestive heart failure caused by left ventricular dysfunction or left-sided heart valve disease and study the prognostic value of performing preoperative PFT on their postoperative outcomes.

METHODS:

Study design and data collection:

The study is a retrospective propensity score matched study that was conducted at a tertiary Cardiac center It included adult patients above or equal to 18 years who underwent any cardiac surgery with cardiopulmonary bypass, had congestive heart failure (either decreased left ventricular EF or severe left-sided valvular heart disease (based on transthoracic echocardiography) and had preoperative PFT during the time period from May 2015 to December 2019. Patients who did not have preoperative PFT were excluded from the study.

Data were collected on patients' demographics, preoperative PFT parameters, operative data and postoperative data and complications from electronic medical records. Echocardiographic parameters were obtained from the echocardiographic laboratory databases.

The pulmonary functions test results were classified into obstructive or restrictive patterns and then classified in severity according to the American Thoracic Society (ATS) grading system ^{6,7}. The patients were divided into two groups: Group 1; who had a normal or mild reduction in PFT and Group 2; who had moderate to severe reduction in PFT. The postoperative outcomes, including pulmonary complications, were compared between the two groups.

The Institutional Review Board approved the data collection of this study, and they waived the need for patients' consent because of the retrospective nature of the study.

STATISTICAL ANALYSIS

Patients' characteristics were reported using means and medians for continuous variables and proportions for categorical variables. A p- value of less than 0.05 was considered statistically significant. Propensity score matching was performed using 1:1 nearest neighbour match with a caliber of 0.06 and no replacement for factors. Propensity score distribution was presented in Figure 1 and the absolute bias difference of 20% of covariates between groups indicated a satisfactory match. Shapiro-Wilk normality test was performed, and non-normally distributed continuous variables were presented as median (Q1-Q3). Continuous variables were compared using Wilcoxon test for the unmatched groups and Wilcoxon matched-pairs signed-rank test for the matched groups. Categorical variables were presented as numbers and percentages and compared with the Chi-square or Fisher exact test for the unmatched groups and McNemar or Friedman tests for the matched groups. We reported the P-value and the standardized mean difference for the baseline data pre and post-match. Statistical analysis was performed using Stata 16.1 (Stata Corp- College Station- TX- USA).

RESULTS

Three hundred and sixty-six patients were included in the study. PFT were normal or mildly reduced in 190 patients (group 1) and moderately to severely reduced in 176 patients (group 2). All patients with pulmonary dysfunction in our study showed a restrictive pattern. Group 1 included more males and more patients who underwent CABG while Group 2 included more patients with preoperative stroke and more patients who underwent combined procedures, mitral valve procedures, tricuspid valve repair and MAZE procedure (table 1). Propensity matching identified 111 matched pairs in each group with balanced preoperative and operative characteristics (table 2).

Compared to Group 1, Group 2 had longer duration of mechanical ventilation [12 (7.5- 16) vs. 9 (6.5- 13) hours, $p<0.001$], higher postoperative Creatinine [111 (90- 142) vs. 105 (81- 128) $\mu\text{mol/dl}$, $p=0.02$] and higher hospital mortality (6.31% vs 0%, $p=0.02$). The rest of post-operative data and complications are illustrated in table 3.

DISCUSSION

Several studies showed a reduction in forced expiratory volume in the first second (FEV1) and forced vital capacity (FVC) in heart failure patients ⁸⁻¹¹. Factors responsible for the restrictive pattern are increased lung stiffness, respiratory muscle fatigue, cardiac enlargement and constriction of under perfused alveoli leading to reduced lung compliance in a low cardiac output state. Elsobkey and Gomaa ¹² showed that both valvular and ischemic patients had lower than normal PFT results pre-operatively with a predominant restrictive pattern. The authors also noticed that patients with rheumatic heart disease had lower values compared to patients with ischemic heart disease and this was explained by the fact that patients with rheumatic heart disease are more prone to develop pulmonary congestion in which the lung compliance is reduced and the resistance to airflow is increased with resultant decreased gas exchange and pulmonary function. This finding had also been confirmed in patients with mitral valve disease by Saxena et al. ⁸. Importantly, restrictive or obstructive lung impairment can be identified that is solely due to cardiac decompensation in the absence of any intrinsic lung disease ¹³.

The question is whether these reduced spirometry readings in surgical patients represent a real risk for postoperative respiratory complications or it is just a reflection of the heart failure status that would improve postoperatively after fixing the surgical problem. In order to answer this problem, we included in this study

only coronary patients with left ventricular dysfunction and patients with severe left-sided valvular problems causing congestive heart failure. Despite the small percentage of patients with a history of asthma or COPD in our cohort, we demonstrated that the group of patients with moderate to severe impairment of pulmonary function test has a significantly longer duration of intubation and higher hospital mortality.

Our findings go in line with other studies that support the routine use of PFT in cardiac surgery patients. In a prospective cohort study¹⁴, performing spirometry on all comers for cardiac surgery irrespective of smoking or COPD history, preoperative spirometry reclassified 18% of the patients. A reduced FEV1 independently doubled the risk of death. They concluded that the inclusion of preoperative spirometry in routine screening of cardiac surgical patients may improve risk prediction and identify high-risk patients. Alam et al.¹⁵ observed that predicted FVC% and predicted FEV1% were most strongly associated with poor postoperative outcomes including postoperative respiratory failure, atelectasis and pulmonary infection but not with postoperative mortality.

On the other hand, a small study by Spivak et al.¹⁶ and another one by Bando et al.¹⁷, found that PFT should not be used as exclusion criteria for CABG and that postoperative cardiac function and occurrence of complications are more significant than preoperative PFT in determining the duration of ventilation after cardiac surgery and that routine spirometry is unnecessary for most adult cardiac patients. Manganas et al.¹⁸ found that patients with severe COPD can undergo CABG without increased mortality risk when compared with patients with normal PFT or with mild to moderate COPD. However, they have an increased risk of pulmonary infections, a tendency towards atrial fibrillation and slightly increased length of hospital stay. Whether to add PFT and different classifications of COPD to the STS risk model for predicting outcomes after cardiothoracic surgery was studied by Ivanov et al.¹⁹ and it came with only little utility.

CLINICAL IMPLICATIONS

Our findings in this study support the rationale of routine performance of PFT in all patients with congestive heart failure undergoing cardiac surgery regardless of their history of respiratory disease symptoms. Although this may not necessarily exclude those patients from candidacy for cardiac surgery but rather help planning for proper timing of surgery for such patients for better resource utilization. Additionally, it could identify those patients who might require preoperative medical optimization.

LIMITATIONS

This is a retrospective study with all possible biases that it could introduce. However, we performed propensity matching analysis to control for the differences in preoperative characteristics. Additionally, the study is limited by the single-center design, which should be considered before the generalization of the results.

CONCLUSION

In congestive heart failure patients undergoing cardiac surgery, moderate to severe reduction of PFT was associated with a longer duration of mechanical ventilation and higher hospital mortality. Routine utilization of PFT in those patients may be justified for risk stratification, planning of proper timing of surgery and preoperative medical optimization.

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Figure1:Standardizedbiasacrosscovariatesbeforeandaftermatching

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Table 1: Preoperative and operative data before propensity score matching

	Group 1 (n= 190)	Group 2 (n= 176)	P
Male	141 (74.21%)	103 (58.52%)	0.001
Age	54 (43- 61)	53.5 (43.5- 62)	0.66
Body mass index	27.54 (25- 32.35)	28.59 (23.75- 34.2)	0.41
Diabetes mellitus	78 (41.05%)	68 (38.64%)	0.64
Hypertension	87 (45.79%)	88 (50%)	0.42
Chronic kidney disease	9 (4.76%)	12 (6.82%)	0.40
Dialysis	3 (1.58%)	5 (2.84%)	0.49
Creatinine, $\mu\text{mol/L}$	82 (69- 98)	84 (68.5- 101)	0.46
Peripheral vascular disease	4 (2.11%)	2 (1.14%)	0.67
Atrial fibrillation	32 (16.84%)	40 (22.73%)	0.16
Chronic obstructive pulmonary disease	3 (1.58%)	3 (1.7%)	>0.99
Asthma	10 (5.26%)	18 (10.23%)	0.07

	Group 1 (n= 190)	Group 2 (n= 176)	P
Coronary artery disease	85 (44.74%)	63 (36%)	0.09
Smoking Non-smoker	146 (76.84%)	140 (79.55%)	0.41
Current Ex-smoker	15 (7.89%)	17 (9.66%)	
Stroke	5 (2.63%)	15 (8.52%)	0.01
Transient ischemic attach	4 (2.11%)	2 (1.14%)	0.69
End diastolic diameter, mm	50 (44- 56)	50 (44- 56)	0.71
End systolic diameter, mm	36 (31- 42)	36 (31- 44)	0.73
Operative data:			
Access Sternotomy	165 (86.84%)	163 (92.61%)	0.16
Mini-sternotomy	7 (3.68%)	5 (2.84%)	
Mini-thoracotomy	18 (9.47%)	8 (4.55%)	
Procedure Single	138 (72.63%)	100 (56.82%)	0.002
Combined	52 (27.37%)	76 (43.18%)	
Redo	7 (3.68%)	10 (5.68%)	0.36
Mitral valve replacement	69 (36.32%)	88 (50%)	0.008
Mitral valve repair	33 (17.37%)	31 (17.61%)	0.95
Aortic valve replacement	57 (30%)	52 (29.55%)	0.92
Tricuspid valve repair	21 (11.05%)	62 (35.23%)	<0.001
Coronary artery bypass grafting	82 (43.16%)	58 (32.95%)	0.045
Maze	18 (9.47%)	31 (17.61%)	0.02
Cardiopulmonary bypass time, min	137 (98- 171)	142 (110- 186)	0.19
Cross-clamp time, min	108 (75- 140)	112 (81- 140)	0.59

Group 1: Normal or mild reduction of pulmonary functions; Group 2: moderate or severe reduction of pulmonary functions. Continuous data were presented as median (Q1- Q3) and categorical data as frequencies and percentages.

Table 2: Preoperative and operative data after propensity score matching

	Group 1 (n= 111)	Group 2 (n= 111)	P
Male	70 (63.06%)	72 (64.86%)	0.88
Age	55 (46- 61)	54 (43- 63)	0.88
Body mass index	27.15 (24.93- 32.47)	29.04 (23.62- 34.45)	0.41
Diabetes mellitus	46 (41.44%)	46 (41.44%)	>0.99
Hypertension	56 (50.45%)	59 (53.15%)	0.78
Chronic kidney disease	5 (4.5%)	5 (4.5%)	>0.99
Dialysis	2 (1.8%)	1 (0.9%)	>0.99
Creatinine, $\mu\text{mol/L}$	83 (65- 102)	86 (69- 102)	0.33
Peripheral vascular disease	0	1 (0.9%)	>0.99
Atrial fibrillation	20 (18.02%)	19 (17.12%)	>0.99

	Group 1 (n= 111)	Group 2 (n= 111)	P
Chronic obstructive pulmonary disease	0	1 (0.9%)	>0.99
Asthma	7 (6.31%)	8 (7.21%)	>0.99
Coronary artery disease	45 (40.54%)	47 (42.34%)	0.89
Smoking Non-smoker	85 (76.58%)	88 (79.28%)	0.78
Current Ex-smoker	16 (14.41%)	12 (10.81%)	
Stroke	10 (9.01%)	11 (9.91%)	
Transient ischemic attach	5 (4.5%)	4 (3.6%)	>0.99
End diastolic diameter, mm	2 (1.8%)	2 (1.8%)	>0.99
End systolic diameter, mm	50 (44- 57)	50 (44- 57)	0.55
Operative data:			
Access Sternotomy	37 (30- 44)	36 (31- 44)	0.63
Mini-sternotomy	100 (90.09%)	100 (90.09%)	>0.99
Mini-thoracotomy	3 (2.7%)	5 (4.5%)	
Procedure Single Combined	8 (7.21%)	6 (5.41%)	
Redo	79 (71.17%)	80 (72.07%)	>0.99
Mitral valve replacement	32 (28.83%)	31 (27.93%)	
Mitral valve repair	5 (4.5%)	3 (2.7%)	0.73
Aortic valve replacement	41 (36.94%)	40 (36.04%)	>0.99
Tricuspid valve repair	24 (21.62%)	24 (21.62%)	>0.99
Coronary artery bypass grafting	31 (27.93%)	35 (31.53%)	0.68
Maze	20 (18.02%)	15 (13.51%)	0.42
Cardiopulmonary bypass time, min	42 (37.84%)	46 (41.44%)	0.69
Cross-clamp time, min	10 (9.01%)	11 (9.91%)	>0.99
	139 (102- 166)	138.5 (105- 186)	0.96
	110 (74- 136)	104.5 (75- 138)	0.42

Group 1: Normal or mild reduction of pulmonary functions; Group 2: moderate or severe reduction of pulmonary functions. Continuous data were presented as median (Q1- Q3) and categorical data as frequencies and percentages.

Table 3: Postoperative Complications

	Group 1 (n= 111)	Group 1 (n= 111)	P
Intra-aortic balloon pump	9 (91.89%)	12 (10.81%)	0.66
Re-exploration	7 (6.31%)	9 (8.11%)	0.79
Sternal wound infection	5 (4.5%)	3 (2.7%)	0.73
Tracheostomy	0	4 (3.6%)	0.13
Renal failure	10 (9.01%)	14 (12.61%)	0.52
Postoperative creatinine	105 (81- 128)	111 (90- 142)	0.02
Pleural effusion	7 (6.31%)	13 (11.71%)	0.24
Pneumonia	1 (0.9%)	5 (4.5%)	0.22
Lung collapse	3 (2.7%)	2 (1.8%)	>0.99

	Group 1 (n= 111)	Group 1 (n= 111)	P
New atrial fibrillation	8 (7.21%)	13 (11.71%)	0.36
Stroke	2 (1.8%)	2 (2.7%)	>0.99
Mortality	0	7 (6.31%)	0.02
Mechanical ventilation, h	9 (6.5- 13)	12 (7.5- 16)	<0.001
Reintubation	7 (6.36%)	5 (4.5%)	0.77
ICU stay, days	5 (3- 7)	5 (3-7)	0.90
Hospital stay, days	14.31 (10.91- 19.3)	12.55 (10.19- 27.76)	0.68
Readmission within 30 days	17 (15.32%)	22 (20%)	0.49

Group 1: Normal or mild reduction of pulmonary functions; Group 2: moderate or severe reduction of pulmonary functions. Continuous data were presented as median (Q1- Q3) and categorical data as frequencies and percentages.