

# A case of a man with primary choriocarcinoma of the lung with abnormally high $\beta$ -human chorionic gonadotropin levels in a bloody pleural fluid effusion

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## Abstract

A 69-year-old man presented with bloody pleural fluid effusion with elevated human chorionic gonadotropin (hCG) levels obtained by thoracentesis. The patient's condition rapidly declined, and he died. An autopsy revealed primary lung choriocarcinoma. The early diagnosis of choriocarcinoma based on  $\beta$ -hCG levels in pleural fluid may be possible.

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## Abstract

A 69-year-old man presented with bloody pleural fluid effusion with elevated human chorionic gonadotropin (hCG) levels obtained by thoracentesis. The patient's condition rapidly declined, and he died. An autopsy

revealed primary lung choriocarcinoma. The early diagnosis of choriocarcinoma based on  $\beta$ -hCG levels in pleural fluid may be possible.

## Keywords

Choriocarcinoma, Bloody pleural fluid effusion,  $\beta$ -human chorionic gonadotropin

## Key Clinical Message

We report a case of a man with primary choriocarcinoma of the lung who died within a short period. Bloody pleural fluid effusion with high human chorionic gonadotropin level may be used as a marker for early diagnosis of choriocarcinoma.

## Case presentation

A 69-year-old man with a history of light smoking presented to our hospital with dyspnea. Chest radiography and computed tomography revealed left pleural effusion in the left upper lobe, multiple lung metastases, and liver metastases (Figure 1, A and D-F). Three pleural fluid tests were performed, and a bloody pleural effusion was obtained (Figure 2, A); however, only a few atypical cells were found in the effusion, and bronchoscopy showed no abnormal findings. Traumatic hemothorax was ruled out based on imaging and episodes. The patient showed rapid pleural effusion within 2 weeks (Figure 1, B and C), and his general condition deteriorated markedly. Palliative treatment was the first choice because of dyspnea. The patient died of respiratory failure and was discharged from the hospital on the 18th day. An autopsy revealed no testicular tumor, and a diagnosis of primary choriocarcinoma of the lung was made (Figure 2, B-D). Pleural fluid and serum collected during hospitalization showed abnormally high levels of  $\beta$ -human chorionic gonadotropin ( $\beta$ -hCG).

## 2. Discussion and Conclusion

This case illustrates two important clinical points.

First, choriocarcinoma is considered a tumor tissue high in blood flow [1] and can thus cause bloody effusions. It should therefore be one of the differential diagnoses when the patient has a bloody pleural effusion.

Second, while high serum  $\beta$ -hCG levels in choriocarcinoma are useful for early diagnosis, cytological diagnosis is difficult because of hemorrhage and necrosis [2]. High  $\beta$ -hCG levels in pleural fluid samples may be useful for early diagnosis.

Therefore, it is recommended that  $\beta$ -hCG be measured in cases where bloody pleural effusion is obtained.

## Author contributions

KI wrote the initial draft of the manuscript and was responsible for manuscript drafting and image modification. KI, KW, HK and SY were directly involved in the treatment, critically revised the manuscript, and approved the final version.

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Fig. 1

(A) Chest radiograph obtained 3 months prior to admission showing nodular shadows in the left upper lobe.

(B) Chest radiograph on admission showing a left upper lobe mass shadow, left pleural effusion, and multiple intrapulmonary metastases.

(C) Chest radiograph on day 10 of hospitalization showing overall worsening of shadows.

(D-F) Computed tomography (CT) scan on admission showed a 60 mm large mass shadow (left B1+2, blue arrow), indicative of a primary tumor and multiple metastatic tumors in the bilateral lungs. In addition, a liver metastatic tumor (red arrow) is also observed.

Fig. 2

(A) The pleural fluid effusion is bloody and exudative. Its pH was 7.3, with normal glucose and adenosine deaminase values and a negative bacterial culture test. Cytology revealed atypical cells, but did not lead to a diagnosis. The pleural fluid  $\beta$ -hCG was elevated at 3624 mIU/mL (serum  $\beta$ -hCG was 27000 mIU/mL).

(B) The left lung showing protruding masses on both sides of all lobes when it was removed for autopsy.

(C) Histology showing Langhans-like atypical cells surrounding syncytial cell-like atypical cells, resembling immature villi.

(D) Immunostaining is positive for hCG. Immunostaining for NapsinA, ChromA, TF-1, Synapto, CK5/6, p40, CK20, and CD56 were all negative (data not shown).

## References

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