

# Leaf and root chemical and physical defence traits mediate monoculture yield decline in a grassland experiment

Leonardo Bassi<sup>1</sup>, Justus Hennecke<sup>1</sup>, Cynthia Albracht<sup>2</sup>, Maximilian Broecker<sup>3</sup>, Marcel Solbach<sup>4</sup>, Jörg Schaller<sup>5</sup>, Van Cong Doan<sup>6</sup>, Heiko Wagner<sup>1</sup>, Nico Eisenhauer<sup>6</sup>, Anne Ebeling<sup>3</sup>, Sebastian Meyer<sup>7</sup>, Nicole van Dam<sup>6</sup>, and Alexandra Weigelt<sup>1</sup>

<sup>1</sup>Leipzig University

<sup>2</sup>Helmholtz Centre for Environmental Research UFZ Department of Soil Ecology

<sup>3</sup>Friedrich Schiller University Jena Institute of Ecology

<sup>4</sup>University of Cologne Faculty of Mathematics and Natural Sciences

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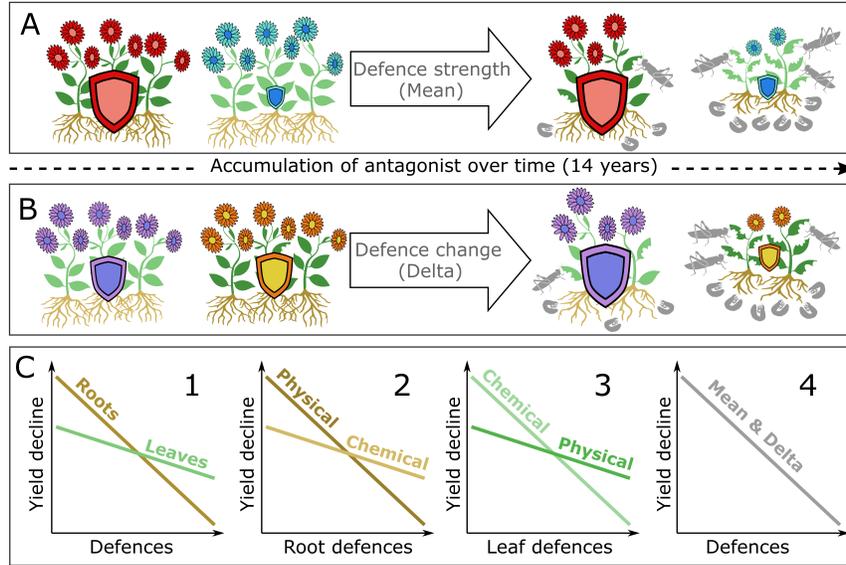
<sup>6</sup>German Centre for Integrative Biodiversity Research (iDiv) Halle-Jena-Leipzig

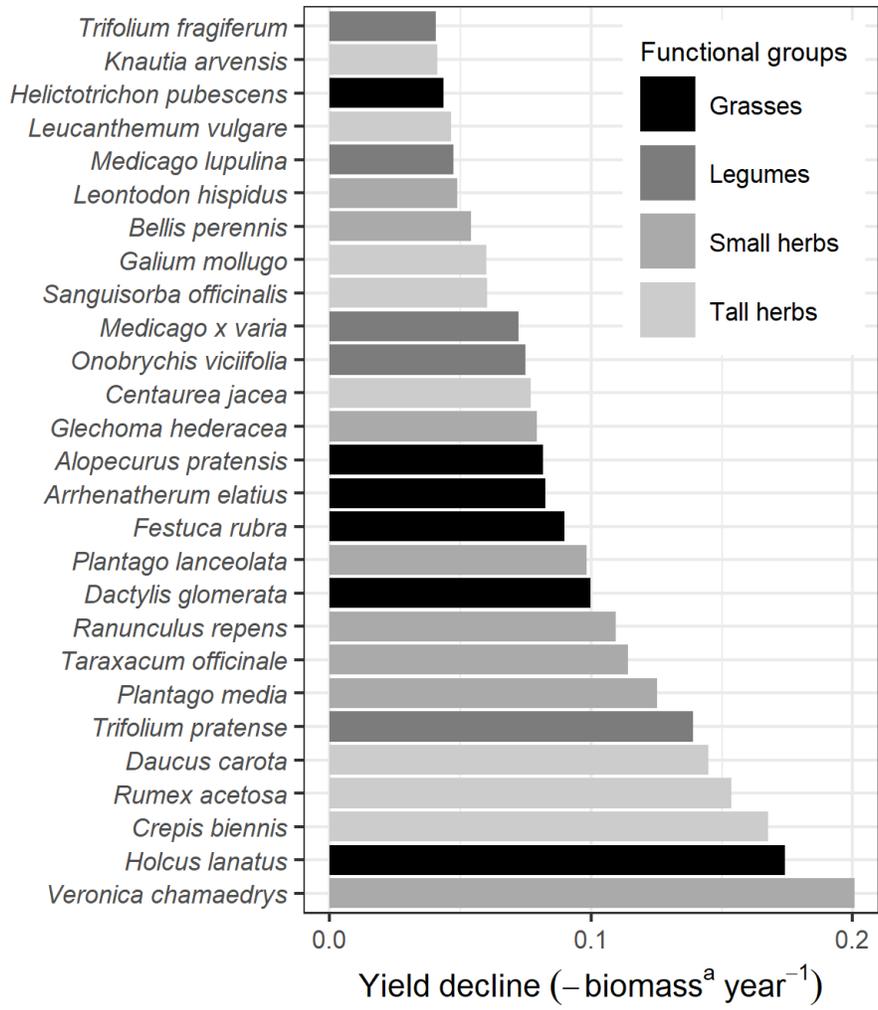
<sup>7</sup>Technical University of Munich School of Life Sciences Weihenstephan

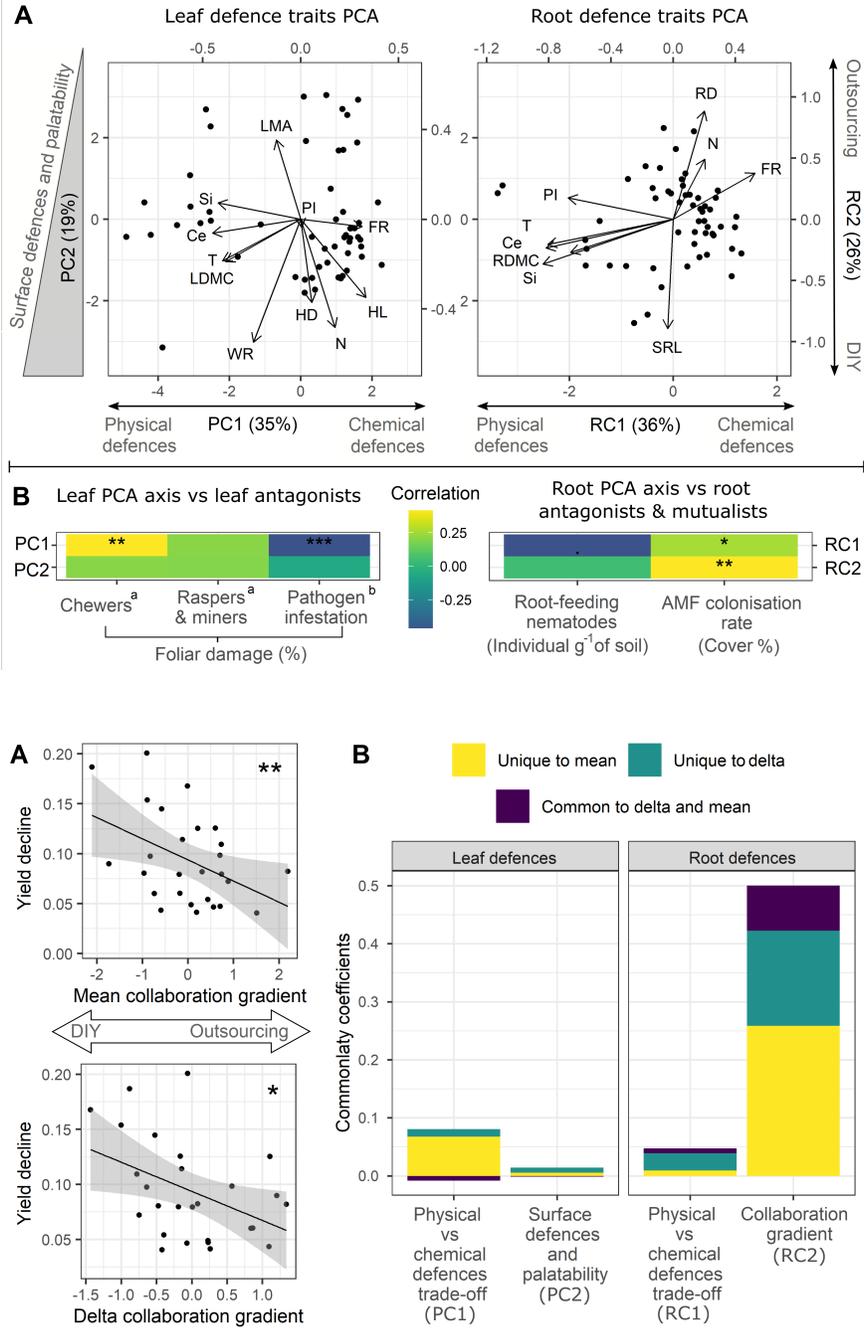
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## Abstract

Plant monocultures growing for extended periods face severe losses of productivity. This phenomenon, known as ‘yield decline’, is often caused by the accumulation of above- and belowground plant antagonists. The effectiveness of plant defences against antagonists might help explaining differences in yield decline among species. Using a trait-based approach, we studied the role of 20 physical and chemical defence traits of leaves and fine roots on yield decline of 18-year old monocultures of 27 grassland species. We hypothesized that yield decline is lower for species with high defences, that root defences are better predictors of yield decline than leaf defences, and that in roots, physical defences better predict yield decline than chemical defences, while the reverse is true for leaves. We additionally hypothesized that species increasing the expression of defence traits after long-term monoculture growth would suffer less yield decline. We summarized leaf and fine root defence traits using principal component analysis and analysed the relationship between defence traits mean as a measure of defence strength and defence traits temporal changes of the most informative components and monoculture yield decline. The only significant predictors of yield decline were the mean and temporal changes of the component related to specific root length and root diameter (e.g. the so called collaboration gradient of the root economics space). The principal component analysis of the remaining traits showed strong trade-offs between defences suggesting that different plant species deploy a variety of strategies to defend themselves. This diversity of strategies could preclude the detection of a generalized correlation between the strength and temporal changes of defence gradients and yield decline. Our results show that yield decline is strongly linked to belowground processes particularly to root traits. Further studies are needed to understand the mechanism driving the effect of the collaboration gradient on yield decline.







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25 Keywords

26 antagonists, collaboration gradient, functional traits, mutualists, performance change, trait  
27 plasticity.

28

29

## 30 Introduction

31 Most crop monocultures growing in the same field for extended periods of time face severe  
32 losses of productivity (Bennett et al. 2012, Zhao et al. 2020). In agricultural settings, this  
33 phenomenon is known as ‘yield decline’ (Bennett et al. 2012). Recently, it has also been  
34 observed for non-crop species in several grassland diversity experiments (Guerrero-Ramírez  
35 et al. 2017), including the Jena Experiment (Meyer et al. 2016, Dietrich et al. 2020). In  
36 biodiversity research, monoculture yield decline is one of the reasons why experiments find  
37 increased positive biodiversity–ecosystem functioning relationship through time (Eisenhauer  
38 et al. 2012, Meyer et al. 2016). One of the major drivers of yield decline is the accumulation  
39 of below- and aboveground plant antagonists through time (Bennett et al. 2012, Benitez et al.  
40 2021), which has been well documented in agricultural (Bennett et al., 2012) and experimental  
41 plant-soil-feedback studies (Mills and Bever 1998, Maron et al. 2011, Schnitzer et al. 2011,  
42 Latz et al. 2012, Kulmatiski et al. 2012, van der Putten et al. 2013, Cortois et al. 2016, Wang et  
43 al. 2019). These antagonists include pathogenic fungi, bacteria, and protists (Petermann et al.  
44 2008, Hilton et al. 2013, 2021, Xu et al. 2015, Neupane et al. 2021, Li et al. 2022) as well as  
45 herbivores, such as plant-feeding nematodes (Jones et al. 2013, Grabau and Chen 2016,  
46 Wilschut et al. 2019) and arthropods (Brust and King 1994, Spencer et al. 2014). To counteract  
47 the effects of aboveground and belowground antagonists, plants evolved a plethora of  
48 defence strategies (reviewed in Hanley et al. 2007, Raguso et al. 2015, Moore and Johnson  
49 2017). Despite the majority of species experience yield decline, the extent of yield decline  
50 differs substantially between species (Bennett et al. 2012, Marquard et al. 2013, Eisenhauer  
51 et al. 2019, Zhao et al. 2020, Dietrich et al. 2020). The differences in type and strength of plant

52 defence strategies in leaves and fine roots could be one mechanism to explain the differences  
53 in yield decline observed between plant species (Figure 1 panel A). In plant ecology, defence  
54 strategies are generally divided into physical and chemical defences and often characterised  
55 using plant functional traits, such as tissue toughness or the presence of toxic compounds  
56 (Poorter et al. 2004). Using a trait-based approach, we aim to study the importance of physical  
57 and chemical defence traits in leaves and fine roots for yield decline of 18-year old  
58 monocultures of 27 grassland plant species.

59 Both below- and aboveground antagonists have detrimental effects on plant performance and  
60 thus contribute to yield decline (Bennett et al. 2012). However, in grassland systems, the  
61 effect of belowground antagonists on plant fitness often exceeds aboveground effects  
62 (Stanton 1988, Rasmann and Agrawal 2008). Root herbivores, such as plant-feeding  
63 nematodes and insect chewers are among the most abundant and effective antagonists  
64 (Andersen 1987, Ingham and Detling 1990, Zvereva and Kozlov 2012, Johnson et al. 2016b,  
65 van den Hoogen et al. 2019) and are often the cause of yield decline for several crop species  
66 (Bennett et al. 2012). The importance of root antagonists in long-term monocultures is further  
67 amplified by their lower mobility compared to aboveground antagonists, which move more  
68 easily between hosts in the canopy (Brown and Gange 1990). In the short term, the reduced  
69 mobility of root antagonists decreases the probability of a belowground attack compared to  
70 an aboveground one. However, in long-term monocultures, once a suitable host is found, root  
71 antagonists likely enforce a stronger and more persistent pressure on the plant compared to  
72 aboveground antagonists (Johnson et al. 2016a). This effect could be amplified by the longer  
73 plant-feeding life stages of many root insect herbivores (Brown and Gange 1990) or the quick

74 growth of root-feeding nematodes populations. Thus, in long-term monocultures, the  
75 probability and severity of a belowground attack increases over time, while it may not as much  
76 aboveground. According to optimal defence theory, allocation to defence depends on the  
77 value of the plant tissue, the benefit from defence, and the probability of attack (Stamp 2003).  
78 Even though tap or coarse root are more vulnerable to chewing herbivore attacks, a great  
79 number of root antagonists, such as nematodes and pathogens, prefer to feed on fine roots  
80 (Tsunoda and van Dam 2017). A higher probability and severity of belowground attack should  
81 therefore support a higher allocation of resources to root defences to counteract the  
82 accumulation of root antagonists (Figure 1 panel C-1). However, the benefit of defence  
83 depends on the efficiency of protection against the most important antagonists. Physical  
84 defences, such as tissue toughness, are known to be a major defence, especially against insect  
85 plant chewers (Hanley et al. 2007, Caldwell et al. 2016, Johnson et al. 2016b, Hervé and Erb  
86 2019, Freschet et al. 2021b). For example, Johnson et al. (2010) found that root toughness  
87 significantly reduced the ability of wireworms to feed on modified tobacco roots. Plant  
88 physical defences are strongly associated with compounds embedded in the cell wall, such as  
89 cellulose, lignin, or silica (Moore and Johnson 2017). In addition to increasing the mechanical  
90 strength of a tissue, they also reduce tissue palatability for many invertebrates (Cooke et al.  
91 2016, Moore and Johnson 2017). Another strategy to counteract negative effects of  
92 belowground antagonists is to collaborate with mutualists. Along the recently defined root  
93 economics space (Bergmann et al. 2020), this is captured by the collaboration gradient,  
94 defined by a trade-off between specific root length and root diameter, which is positively  
95 related to the presence of mycorrhizal fungi. In grassland species, the presence of arbuscular  
96 mycorrhizae (AMF) can reduce herbivory rates from several groups of root antagonists

97 (Rasmann et al. 2011) due to competition for space and resource with nematodes and  
98 pathogens, by promoting plant tolerance and by inducing plant defences (reviewed in Frew et  
99 al., 2021). For instance, two recent studies showed that the fine roots of species on the  
100 outsourcing side of the collaboration gradient, thus with high root diameter and low specific  
101 root length and potentially high mycorrhization rates, harbour fewer root-feeding nematodes  
102 than species on the 'do-it-yourself' side of the gradient with thinner roots (Otfinowski and  
103 Coffey 2020, Dietrich et al. 2021). Overall, species that invest in belowground physical defence  
104 strategies and on collaboration with mutualists, such as AMF should be able to counteract the  
105 accumulation of major belowground antagonists and reduce yield decline in long-term  
106 monocultures (Figure 1 panel C-2).

107 Aboveground, yield decline has primarily been linked to invertebrate herbivores and leaf spot  
108 diseases caused by fungi or protists (Fernandez et al. 1998, Bailey et al. 2001, Jalli et al. 2021).  
109 Antagonist accumulation over time is mostly associated with soil- or litter-bound larval or  
110 dormant stages (Reavey and Gaston 1991, Johnson et al. 2006, Judelson 2008, Jain et al. 2019).  
111 However, during their aboveground life stages, antagonists are more mobile and thus more  
112 likely to find a suitable plant host or to change the host in shorter intervals (Johnson et al.  
113 2016a). In addition, aboveground insect herbivores are expected to have a higher species  
114 richness and feeding guild diversity than their belowground counterparts (Rasmann and  
115 Agrawal 2008). As a consequence, aboveground plant canopies face a more diverse antagonist  
116 community than plant roots, and attacks aboveground may be more frequent, but potentially  
117 less severe (Rasmann and Agrawal 2008, Zvereva and Kozlov 2012). This calls for a more  
118 diverse and flexible defence strategy aboveground. Plants harbour an extremely diverse

119 arsenal of defensive phytochemicals (Wetzel and Whitehead 2020). These can act either  
120 directly as toxins or indirectly through the attraction of natural enemies (Raguso et al. 2015),  
121 potentially providing a quick and effective defence against the multitude of aboveground  
122 antagonists. Whitehead et al. (2021) found that the number of apple antagonist species that  
123 are negatively affected by a mixture of phenolics in bio-assays increases with the structural  
124 diversity and richness of phenolics in the mixture. This suggests that phytochemical diversity  
125 is an important dimension of plant defence when plants are facing a quick turn-over of  
126 multiple antagonist species. Leaf physical defences, effective protection against leaf chewers  
127 (Hanley et al. 2007, Loranger et al. 2012, Muiruri et al. 2019), may be less effective to cope  
128 with the high diversity and quick turn-over of aboveground antagonists. Thus, aboveground a  
129 strategy relying on the diversity of defensive phytochemicals seems to be more promising  
130 than physical defences to cope with aboveground antagonists and forestall yield decline in  
131 long-term monocultures (Figure 1 panel C-3).

132 Plant functional traits provide a quantitative framework that might help to understand the  
133 relationship between plant fitness and the environment by quantifying plant morphological,  
134 physical, and phenological characteristics (Violle et al. 2007). Plant defence traits are those  
135 traits that promote plant fitness in the presence of antagonists relative to when antagonists  
136 are absent (Didiano et al. 2014). The type and intensity of defence can vary substantially across  
137 species (Moles et al. 2013). Species investing in a high mean expression of specific defence  
138 traits, which are well-suited against dominant antagonists may be able to maintain a high yield  
139 in monocultures over time (Figure 1 panel A). However, plant defence traits show high  
140 phenotypic plasticity in response to current selective pressure through antagonists, even

141 within short time frames (i.e. one growing season) (Poorter et al. 2019, Ojha et al. 2022). Given  
142 more time, strong selection by antagonists can result in altered plant defence trait expression  
143 through microevolution (Didiano et al. 2014). Indeed, plant species growing either in  
144 monoculture or mixture for eleven years showed genetic and epigenetic trait divergence in  
145 the Jena Experiment (van Moorsel et al. 2018, 2019). Thus, if the accumulation of antagonists  
146 is a major selective pressure in monocultures, and an increased level of defence promotes  
147 fitness, long-term monocultures should express higher levels of defence traits compared to  
148 young monocultures (delta defence, Figure 1 panel B). Overall, plant species with either a high  
149 mean expression of specific defence traits or species able to increase their defence in response  
150 to the accumulation of antagonists over time, should show lower levels of yield decline in long-  
151 term monocultures (Figure 1 panel C-4).

152 In this study, we measured 20 physical and chemical defence traits (summarised in Table 1) of  
153 27 grassland plant species growing in monocultures for 4 (young monocultures) and 18 years  
154 (old monocultures) in the Jena Experiment. For each species, we estimated total above- and  
155 belowground physical and chemical defences by summarizing the 20 individual defence traits  
156 with principal component analyses. We used the scores of the most informative principal  
157 components to calculate species-specific mean defences for old and young monocultures  
158 together as a measure of defence strength and the difference (delta defences) between old  
159 and young monocultures as a measure of defence temporal changes. We estimated yield  
160 decline for each species using the monoculture aboveground biomass temporal trend over 17  
161 years. We then use mean and delta defences to explain different levels of yield decline across  
162 species. We tested the following hypotheses:

163 1 Fine root defences are a stronger predictor of monoculture yield decline than leaf  
164 defences (Figure 1 panel C-1).

165 2 Fine root physical defences and mutualistic collaboration are stronger predictors of  
166 monoculture yield decline than fine root chemical defences (Figure 1 panel C-2).

167 3 Leaf chemical defences are a stronger predictor of monoculture yield decline than leaf  
168 physical defences (Figure 1 panel C-3).

169 4 Defence strength and temporal changes (difference in defence between old and  
170 young monocultures) of fine roots and leaves are both important predictors of yield  
171 decline (Figure 1 panel C-4).

172

## 173 Material and methods

### 174 Study site and experimental design

175 The monocultures sampled in this study are part of a large grassland biodiversity experiment,  
176 the Jena Experiment. The experiment is located along the Saale River's floodplain near Jena  
177 (Thuringia, Germany, latitude 50.95, longitude 11.62, altitude 130 m a.s.l.). The regional mean  
178 annual air temperature is 9.9°C, and annual precipitation is 660 mm (1980–2010) (Hoffmann  
179 et al. 2014). In 1960, the experimental site was converted from grassland to a highly-fertilized  
180 arable field until the start of the experiment. Sixty species of the Arrhenatherion mesophilic  
181 grassland type (Ellenberg 1988) belonging to four functional groups were selected for the  
182 experiment. The classification of functional groups was based on above- and belowground

183 functional traits and differentiates grasses (16 species), legumes (12 species), small herbs (12  
184 species), and tall herbs (20 species) (Roscher et al. 2004). For each of the sixty species, two  
185 monocultures were established randomly within the four blocks of the experiment in 3.5x3.5  
186 m plots. Monocultures were sown in May 2002 using 1000 viable seeds per m<sup>2</sup>. In November  
187 2002, species with no or sparse cover were re-sown (Roscher et al. 2004, Heisse et al. 2007).  
188 After that, no additional sowing was done. In 2008, one of the two monoculture replicates  
189 was abandoned, and in 2009 the plots were reduced to 1x1 m. We hereafter refer to these  
190 monocultures as 'old monocultures'.

191 In 2016, additional monoculture plots of 1 m<sup>2</sup> for all sixty species, hereafter called 'young  
192 monocultures', were established randomly within the four blocks of the experiment in soil not  
193 previously conditioned by the target species. To reproduce the original soil conditions at the  
194 start of the Jena Experiment, the top 30 cm of the soil were removed and replaced with soil  
195 from an adjacent field (north of the site). A 30 cm deep plastic sheet barrier was placed around  
196 the plots to avoid contamination of the new soil from the area outside the plot. The young soil  
197 had been under the same management regime as the experimental site prior to the start of  
198 the Jena experiment. Laboratory analysis of the young soil confirmed that the soil structure,  
199 carbon content, and nutrient content closely resemble conditions of the soil in 2002 (Vogel et  
200 al. 2019). Seeds from the same supplier as in 2002, were sown in the young soil using the same  
201 approach used for the old monocultures in 2002.

202 Both, old and young monocultures, were maintained by weeding of non-target species two to  
203 three times per year in spring, summer, and autumn (Weisser et al. 2017). Plots were mowed

204 in June and September every year, and the biomass removed to simulate the common hay  
205 meadow management of the region.

206 At the time of sampling for this study, in May 2020, the old monocultures were 18 years old  
207 while the young monocultures were 4 years old and thus 14 years younger than the old  
208 monocultures. In the young monocultures, plant-soil feedback effects should not yet be well  
209 established or strong enough to promote yield decline and in turn phenotypic or genotypic  
210 plant functional trait responses. The comparison between old and young monocultures allows  
211 us to use the spatial domain instead of the temporal domain to investigate the effect of time  
212 on plant-soil feedback effects and yield decline. The advantage of this experimental design is  
213 that our analysis is independent of different climatic conditions between years.

#### 214 Yield decline

215 To estimate yield decline, we used the annual aboveground biomass of the old monoculture  
216 in the period from 2003 to 2020. Within this period, aboveground biomass was measured  
217 twice a year: end of May and end of August. From 2003-2009 two biomass samples were  
218 harvested using a 0.2x0.5 m frame in a random position within the central part of each plot  
219 (excluding 0.5 m margin). From 2010-2020, one biomass sample was collected with the same  
220 frame and only if no individual of target species was present within the frame the harvest area  
221 was doubled. Plants were cut at 3 cm above the ground, and the harvested material was dried  
222 at 70°C for 48 h before weighing. The annual aboveground biomass was calculated as the sum  
223 of the biomass of the two harvests per year extrapolated to 1 m<sup>2</sup>.

224 Yield decline was estimated with species-specific linear regressions using scaled plant annual  
225 aboveground biomass as response variable and the year since the start of the experiment as  
226 explanatory variable. Aboveground biomass scaling was done by dividing the annual  
227 aboveground biomass of each species by the mean annual aboveground biomass of that  
228 species over the full period. The *scaled annual aboveground biomass* accounted for  
229 differences in plant biomass across species. Without the scaling, linear regression slopes  
230 would be primarily influenced by species mean biomass. With the scaling, the slope is  
231 expressed as unit distance to the mean of species biomass, which allows for comparison across  
232 species. Scatterplots of linear regressions for the sampled species are shown in Supporting  
233 information. The slopes of those regressions ( $x$ ) were multiplied by '-1' and are hereafter  
234 called yield decline:  $scaled\ aboveground\ biomass \sim -Yield\ decline * year + b$ . This  
235 was done to transform negative slope values into positive numbers so that high values indicate  
236 species with high yield decline (more negative slopes), simplifying the interpretation of the  
237 results. Yield decline affected all the sixty species of the Jena Experiment except one (*Ajuga*  
238 *reptans*). Due to extinction or low cover of some old or young monocultures, only twenty-  
239 seven full species pairs with viable old and young monocultures out of the sixty species of the  
240 Jena Experiment could be included in this study. The distribution of yield declines for the  
241 sampled species does not represent the yield decline distribution for all the 60 species  
242 (Supporting information): the extinction of several species led to a strongly skewed yield  
243 decline for all the sixty species, with the majority of the species undergoing stronger yield  
244 decline than the sampled species. Thus, our sample represents a conservative estimate of  
245 potential effects of yield decline. Among the sampled species, the extent of yield decline varies

246 substantially between species and is independent of plant functional group identity ( $F_{3,23} =$   
247  $0.395, p = 0.76$ ; Figure 2).

### 248 Leaf and fine root sampling

249 The sampling campaign was conducted from May 18<sup>th</sup> to June 5<sup>th</sup> 2020, after the plots were  
250 weeded. Sampling was restricted to the morning from 7 to 11 am to minimize chemical trait  
251 shifts during the day. Twenty-seven species were sampled in both monoculture types (young  
252 and old) for a total of 54 plots. In each of the monocultures, we sampled the above- and  
253 belowground part of 3 to 5 individuals to account for intraspecific trait variation. We first  
254 harvested the aboveground plant part by cutting the stem 1-2 cm above the ground. Each  
255 plant individual was stored in a separate, sealed plastic bag with a wet paper towel to ensure  
256 leaves rehydrated to full potential before trait measurements (Pérez-Harguindeguy et al.  
257 2013). We then sampled the roots of each individual by collecting a 5x10 cm (diameter x  
258 depth) soil core with the remaining part of the stem in the centre of the core. The cores of  
259 individual root systems were stored together in a sealed plastic bag. All sampled material was  
260 stored in a dark cooling box. Samples were stored at 4°C in the lab for a maximum of 6 h after  
261 sampling. Sample processing started 6 h after the collection of the first sample and ended  
262 within 26 h. Above- and belowground samples were processed in parallel.

### 263 Measurements of leaf morphological traits and leaf antagonists damage

264 All fully-expanded and undamaged leaves of each individual were separated from the rest of  
265 the aboveground portion of the plant, and rachis and petioles were removed. One or a few  
266 leaves (depending on leaf size) attached between the 3<sup>rd</sup> and 5<sup>th</sup> internode from the top of

267 each individual were processed separately. For grasses without flowering stems, this was not  
268 possible, and random leaves were taken instead. The rest of the leaves were pooled at the  
269 plot level and used to measure the fresh weight and leaf area with a flatbed Epson Expression  
270 11000XL scanner at 600DPI resolution (EPSON Tokyo, Japan). Leaves were then frozen in liquid  
271 nitrogen and stored at -80°C until the end of the sampling campaign. Leaf dry weight was  
272 measured from freeze-dried samples. We calculated leaf mass per area (LMA; g/m<sup>2</sup>) as dry  
273 weight divided by the leaf area and leaf dry matter content (LDMC; g/g) as the dry weight  
274 divided by the fresh weight (Pérez-Harguindeguy et al. 2013). We measured leaf damage (%)  
275 caused by antagonists as the proportion of damaged leaf area (damaged or infested leaf area  
276 / undamaged leaf area) using leaf scans in imageJ (v. 1.53a; Schneider et al. 2012). The  
277 proportion of leaf damage was estimated separately for chewers, miners and raspers and  
278 pathogen infestation (leaf spot and rust diseases). Due to difficulties of differentiating damage  
279 caused by miners and raspers, the two categories were grouped together (Meyer et al. 2017).  
280 To estimate the undamaged area, we summed the leaf area from the scan with the leaf area  
281 lost due to chewing damage.

282 The separated leaves from each individual were used to measure leaf water repellency, hair  
283 density, and mean hair length as well as leaf toughness. We measured those traits on one leaf  
284 per individual in the widest part of the lamina between the main vein and the leaf edge.

285 We assessed water repellency (WR; deg.) as a proxy for epicuticular waxes by measuring the  
286 left and right contact angle of a 10 or 5 µl water droplet on the leaf adaxial and abaxial surface  
287 of one leaf per individual (Pérez-Harguindeguy et al. 2013; for additional details see  
288 Supporting information). All values (left and right, adaxial and abaxial and individuals) were

289 averaged at the plot level. High contact angle values and thus high water repellency is  
290 associated with crystalline waxes (Barthlott and Neinhuis 1997), which are known to reduce  
291 attachment of plant antagonists to the leaf surface (Gorb and Gorb 2017).

292 To measure leaf hair density and mean hair length, we collected images of the adaxial and  
293 abaxial surface using a dissecting microscope equipped with a camera at 4.5 X magnification  
294 (Di-Li 2009-16). To keep the leaf flat during the collection of images, we gently pressed  
295 microscope slide on the top of the leaf. We used ImageJ (v. 1.53a; Schneider et al. 2012) to  
296 count all the hairs within the image frame, measured the length of ten random hairs and  
297 calculated the area of the leaf image. Hair density was calculated as the number of hairs  
298 divided by the leaf area ( $N^{\circ}$ . of hairs/ $\text{mm}^2$ ) and the hair length as the mean of the 10  
299 measurements (mm). All values (adaxial and abaxial and individuals) were averaged at the plot  
300 level.

301 We measured leaf toughness on each leaf with the shearing test (Pérez-Harguindeguy et al.  
302 2013). Leaves were mounted on a motorized vertical test stand equipped with a Sauter FH 50  
303 dynamometer and a surgical blade type 24. The motorized vertical test stand was operated at  
304 a constant speed of 15 mm/min. One cut per leaf was done perpendicular to the main vein  
305 and towards the edge of the leaf avoiding the main vein. The maximum force registered was  
306 recorded and divided by the thickness measured with a digital calliper at the side of the cut.  
307 Leaf toughness was calculated as maximum force to shear to the thickness (N/mm), and values  
308 were averaged at the plot level.

## 309 Fine root morphological traits and root mycorrhizal colonisation

310 We washed roots from the soil by soaking soil cores in cold water for 15 min. We then removed  
311 the soil by gently massaging the core inside a bucket filled with water to avoid the rupture of  
312 roots. We refreshed the water in the bucket by filtering the water with soil debris into a sieve  
313 and collected fine root fragments. We repeated this procedure until the roots were  
314 completely free of soil particles. Only fine roots attached to the stem of the correct species or  
315 large fine root fragments that were unequivocally identified as being from the same species  
316 using dissecting microscopes were kept for further processing. We bulked the fine roots of  
317 each individual at the plot level and discarded all coarse roots with a diameter larger than 2  
318 mm. Fine roots with a diameter lower than 2 mm were separated into three random  
319 subsamples: (1) one subsample was used to measure morphological traits, (2) a second  
320 subsample was stored in 75% ethanol at 4°C for the quantification of arbuscular mycorrhizal  
321 (AMF) colonisation rate (Freschet et al. 2021a), (3) the remaining fine roots were frozen in  
322 liquid nitrogen and stored at -80°C to be used for chemical analyses.

323 For the morphological trait measurements, we scanned fine roots (flatbed Epson Expression  
324 11000XL) at 600dpi and measured the fresh weight after carefully drying the roots with a  
325 paper towel. We then dried the scanned fine roots for 48 h at 70°C. We used WINRHIZO  
326 (Regent Instruments Inc., Quebec City, Canada) to retrieve root length and mean root  
327 diameter (RD; mm). We calculated specific root length (SRL; m/g) by dividing root length by  
328 the root dry weight and root dry matter content (RDMC; g/g) by dividing the dry weight by the  
329 fresh weight (Freschet et al. 2021a). We measured root toughness on five random root  
330 fragments with the shearing test using a similar approach as for leaves. Root fragments were

331 cut perpendicular to the length, and root thickness was measured at the edge of the cut. Root  
332 toughness was calculated as maximum force to shear to the thickness (N/mm), and values  
333 were averaged at the plot level. We additionally measured AMF colonisation rate as a proxy  
334 of plant mutualist collaboration using the method developed by Trouvelot et al. (1986);  
335 additional details on the measurement of AMF colonisation rate can be found in Supporting  
336 information.

### 337 Leaf and fine root chemical analyses and untargeted metabolomics

338 We freeze-dried and ground the samples for chemical analyses with a zirconium kit in a ball  
339 mill (MM400, Retsch, Haan, Germany). To avoid overheating, samples were shaken at 30 Hz  
340 for 1 min and cooled at -20°C for 1 or 2 min. The procedure was repeated until the samples  
341 were reduced to powder. The samples were then frozen at -80°C and freeze-dried once again  
342 before further measurements.

343 We measured nitrogen content (N, % of dry weight) on 10 mg of each sample with an  
344 elemental analyser (VarioEL II, Elementar, Hanau, Germany), at the RoMA laboratory of the  
345 Max-Planck-Institute for Biogeochemistry in Jena, Germany. We quantified cellulose content  
346 (% of dry weight) on 10 mg of sample by sulfuric acid digestion and anthrone solution dye  
347 (Viles and Silverman 1949), with a spectrophotometer (V730, Jasco, Gross-Umstadt, Germany)  
348 at 630 nm (for additional details see Supporting information). Due to limitations in sample  
349 material, N (24% of samples, 5 leaf and 17 fine root samples) and cellulose content (14 % of  
350 samples, 5 leaf and 10 fine root samples) were predicted using near-infrared spectra  
351 measured with a Multi-Purpose FT-NIR-Analyzer (MPA, Bruker Corporation, Billerica, USA)  
352 coupled with a bootstrapped CARS-PLSR models procedure calibrated with the rest of the data.

353 This was done following the procedure developed by Elle et al. (2019) with minor  
354 modifications as described in Volf et al. (2022). Model validation statistics confirmed the high  
355 accuracy of both models ( $R^2 = 98\%$  for nitrogen content and  $R^2 = 75\%$  for cellulose content). A  
356 detailed description of the procedure and validation statistics is reported in Supporting  
357 information.

358 We extracted silicon (Si; % of dry weight) by adding 30 ml of alkaline solution of 0.1 M  $\text{Na}_2\text{CO}_3$   
359 to 30 mg of sample material. The sample was incubated in a water bath at 85°C for 5 h and  
360 shaken every 30 min (Katz et al. 2021). We filtered the extract with a 0.45  $\mu\text{m}$  syringe filter  
361 and analysed the extract with an ICP-OES (IRIS Intrepid II XSP, Thermo Fischer Scientific,  
362 Dreieich, Germany).

363 We measured protease inhibitor activity against trypsin (nmol/mg; nmol inhibited trypsin per  
364 mg of extracted protein) using the radial diffusion assay as described in Jongsma et al. (1993,  
365 1994). Protein extracts from 10 mg of sample material were tested for trypsin-inhibiting  
366 activity in gel diffusion assays stained with Fast Blue B salt (scbt, Dallas, USA) and N-acetyl-DL-  
367 phenylalanine-beta-naphthyl ester (APNE; Sigma-Aldrich, Darmstadt, Germany). The full  
368 description of the method is provided in Supporting information.

369 We measured phytochemical diversity using an untargeted metabolome analysis by  
370 calculating the feature richness (number of features) in each sample. Polar metabolites were  
371 extracted using methanol (75% v/v) and water acetate buffer (25% v/v) extraction. The  
372 untargeted metabolome analysis was performed using an ESI-UHR-Q-ToF-MS (maXis impact,  
373 Bruker Daltonics, Hanburg, Germany) in positive mode, following the procedure described in  
374 Weinhold et al (2022) with some minor modifications. The full description of the method is

375 reported in Supporting information. The raw data were processed in Bruker Compass  
376 MetaboScape Mass Spectrometry Software (V 5.0.0; Build 683; Bruker Daltonics, Hanburg,  
377 Germany). The MetaboScape's T-ReX algorithm was used to perform mass recalibration, peak  
378 alignment, peak picking, region complete feature extraction, grouping of isotopes, and adduct  
379 and charge states (all settings are reported in Supporting information). After features from  
380 blanks (2,149) were removed, our final data matrix contained 16,330 features and was used  
381 to calculate the number of features in each sample.

### 382 Soil phosphorus availability measurement

383 To evaluate the role of nutrient depletion on yield decline we measured soil available  
384 phosphorus with the calcium-acetate-lactate extract (PCAL) according to Schüller (1969). In  
385 each plot we collected and pooled 3 soil cores of 5 x 2.5cm (diameter x depth). Soil cores were  
386 quickly stored in a cooling box and frozen at -20 °C upon arrival to the laboratory. We freeze-  
387 dried and sieved the soil to remove root fragments and homogenize it. For the extraction we  
388 used 1 mg of dry soil. As a proxy of phosphorus depletion we calculated the delta between  
389 the old and new monoculture.

### 390 Missing value imputation and variable reduction (PCA)

391 To avoid missing values in our trait data matrix due to limitation of sample material (Si) and  
392 errors during the measurements of some sample (WR, SRL, RDMC, N and features richness),  
393 we imputed those missing values with a phylogenetically informed missForest algorithm  
394 ('missForest' R package; v. 1.4; Stekhoven & Bühlmann, 2012) as those traits could not be well  
395 predicted with the NIR procedure. Except for the Si dataset, with 12% of missing data points,

396 the remaining traits had only 1 to 3 missing data points (overview of missing data points is  
397 shown in Supporting information). Prior to the imputation, we added the first three  
398 phylogenetic eigenvectors to the full trait matrix (11 leaf and 9 fine root traits) as described in  
399 Debastiani et al. (2021). We obtained the phylogenetic tree (Supporting information) with the  
400 'V.Phylomarker' R package and the 'GBOTB.extended.tree' as backbone (v. 0.1.0; Jin & Qian,  
401 2019).

402 We summarised plant defence traits for leaves and fine roots separately by running two  
403 principal component analyses (PCAs). To increase interpretability of the fine root trait PCA, we  
404 applied a varimax rotation, so that traits with the highest loading lay parallel to the rotated  
405 components (R package psych 2.2.3; Revelle 2022). The full list of traits included in the two  
406 and their roles in plant defence is reported in Table 1. We then extracted the scores of the  
407 first two principal components (PCs) of the leaf defence traits PCA and the first two rotated  
408 components (RCs) of the fine root defence traits varimax rotated PCA, and, for each species,  
409 we calculated the mean scores between old and young monocultures, hereafter called 'mean  
410 defence', and the delta score calculated as the difference between old and young  
411 monocultures, hereafter called 'delta defence'. We used the mean defence as a proxy of the  
412 overall species defence strength and the delta defence as the proxy of temporal change in  
413 defence response between 18- and 4-year old monocultures. Positive values of delta defences  
414 indicate an increase, while negative values indicate a reduction along the components.

#### 415 Statistical analysis

416 All statistical analyses were performed in R (v. 4.1.1; R Core Team 2021). We validated the  
417 effect of the two leaf trait PCA components as defence by testing the correlation between the

418 two leaf defence components against foliar damage caused by chewers, miners and raspers,  
419 and pathogen infestation. To meet linear model assumptions, variables were log (chewers,  
420 miners and raspers) or arcsine square root transformed (pathogen infestation). Similarly, we  
421 tested the correlation between mutualists and antagonists and the two varimax rotated  
422 component of fine root traits PCA by regressing AMF colonisation rate and abundance of root-  
423 feeding nematodes collected in 2014 in the old monocultures (previously published in Dietrich  
424 et al. 2020). In this case, we used only the PC scores of the old monocultures, as nematode  
425 data for the new monoculture was not available.

426 We tested the effect of mean and delta defences for both leaves and fine roots (eight  
427 variables) on yield decline using multiple linear regressions and assessed significance levels  
428 with ANOVA type II sum-of-squares ('car' R package v. 3.0-12 Fox and Weisberg 2019). We  
429 additionally performed a commonality analysis ('yhat' R package v. 2.0-2; Nimon et al. 2020)  
430 to decompose the variance explained by each predictor in unique and common fractions to  
431 interpret the relative contribution of each defence variable on yield decline (Ray-Mukherjee  
432 et al. 2014).

433 Given the strong link between the collaboration gradient and AMF (Bergmann et al. 2020) we  
434 tested if the potential effect of the collaboration gradient on yield decline is mediated by AMF,  
435 using a linear regression with yield decline as response variable and the mean AMF  
436 colonisation rate in old and young monocultures as independent variable. We additionally  
437 tested if the potential effect of root trait gradients or AMF on yield decline is driven by their  
438 role on nutrient uptake rather than protection against antagonists. This was done using a

439 linear regression with yield decline as response variable and the delta of soil phosphorus  
440 availability as independent variable.

## 441 Results

### 442 Relationships between leaf defences and antagonists

443 The first and second component of the leaf trait PCA explained 35% and 19% of the variation  
444 in leaf traits, respectively (Figure 3 panel A; Supporting information). The first component was  
445 characterised by a trade-off between physical (toughness and leaf dry matter, cellulose and  
446 silicon content) and mostly chemical defences (leaf feature richness but partly also hair length),  
447 hereafter referred to as 'leaf physical vs chemical defence trade-off'. This first component was  
448 positively correlated with foliar damage caused by chewers ( $R^2=17\%$ ,  $p=0.0016$ ) as well as  
449 raspers and miners (non-significant) and negatively to damage caused by pathogen infestation  
450 ( $R^2=24\%$ ,  $p=0.0002$ ; Figure 3 panel B; Supporting information). Thus, leaves with high leaf  
451 toughness and silicon, cellulose and dry matter content and with low feature richness were  
452 less damaged by chewers, but had higher pathogen infestation. The second component was  
453 characterised by a negative correlation between leaf mass per area (LMA) and leaf surface  
454 defence defined by leaf N, hair density and length, and water repellency. We named this  
455 second component 'leaf surface defence and palatability'. The leaf damage caused by chewers  
456 and raspers and miners along this component was slightly higher for plant species with low  
457 palatability (high LMA and low nitrogen content) and lower for plant species with high surface  
458 defence (high hair length and density and water repellency). However, both trends were not  
459 significant (Figure 3 panel B; Supporting information).

## 460 Relationships between root defences and antagonists and mutualists

461 The varimax rotated root-trait PCA explained 36% and 26% of the variation in fine root traits  
462 by the first and second component, respectively (Figure 3 panel A; Supporting information).  
463 Comparable to the leaf PCA, the first component of the fine root PCA showed a trade-off  
464 between physical and chemical defences, hereafter referred to as 'root physical vs chemical  
465 defence trade-off': species with high fine root toughness, dry matter, silicon and cellulose  
466 content (but also high proteinase inhibitors) had lower feature richness. This component was  
467 marginally negatively correlated with the abundance of root-feeding nematodes measured in  
468 2014 ( $R^2=11\%$ ,  $p=0.09$ ), and positively with AMF colonisation rate, as measured in this study  
469 ( $R^2=8\%$ ,  $p=0.04$ ; Figure 3 panel B; Supporting information). Thus, the abundance of plant  
470 feeding nematodes in 2014 was lower for species with high fine root physical defences and  
471 lower for fine roots with high feature richness. On the other hand, the abundance of AMF was  
472 higher in species with high fine root feature richness and lower in fine roots with high physical  
473 defences. The second component of the root PCA showed the 'collaboration gradient' of the  
474 recently defined root economics space (Bergmann et al. 2020) with a negative correlation  
475 between root diameter (RD) and specific root length (SRL). This component was significantly  
476 positively correlated with AMF colonisation rate ( $R^2=16\%$ ,  $p=0.003$ ; Figure 3 panel B;  
477 Supporting information). Thus, in line with the root economics space, outsourcing species with  
478 high fine root diameter and low specific root length had higher AMF colonisation rates than  
479 DIY species (Bergmann et al. 2020).

## 480 Effect of mean and delta leaf and root defences on yield decline

481 Testing the effect of the mean and delta defences of the four main PCA axes of leaf and fine  
482 root defence traits on yield decline revealed significantly negative effects for the mean and  
483 delta of the root collaboration gradient (Table 2; Figure 4 panel A). The negative effect of the  
484 mean collaboration gradient on yield decline indicates that species on the outsourcing side of  
485 the root economics space, and thus with high fine root diameter and low specific root length,  
486 experienced lower yield decline than species on the DIY side of the root economics space. The  
487 negative effect of the delta collaboration gradient on yield decline, indicates that, under long-  
488 term selective pressure in monocultures, species that increased fine root diameter and at the  
489 same time reduced specific root length, experienced lower yield decline than species that  
490 reduced fine root diameter and increased specific root length. The commonality analyses  
491 revealed that the mean and delta collaboration gradient uniquely explained 25.9% and 15.1%  
492 of yield decline, respectively, and jointly explain 7.9% of the variation in yield decline (Table 2;  
493 Figure 4 panel B). The remaining PCA axes, leaf and fine root chemical vs physical defence  
494 trade-offs and the leaf surface defences and palatability had no significant effect on yield  
495 decline (Table 2; Figure 4 panel B). Our results further showed that both AMF colonisation rate  
496 ( $p=0.87$ ) and delta soil available phosphorus ( $p=1.00$ ) had no effect on yield decline  
497 (Supporting information), suggesting that AMF do not have a direct effect on yield decline and  
498 that yield decline in our system is not driven by phosphorus depletion.

## 499 Discussion

500 In this study, we investigated the predictive power of a comprehensive set of 20 physical and  
501 chemical defence traits of leaves and fine roots on monoculture yield decline of 27 grassland  
502 plant species. Our aim was to compare the effects of differing aboveground vs belowground  
503 defence strategies and their changes through time on yield decline using principal  
504 components of leaf and root traits. Our results revealed that none of the expected leaf and  
505 root physical or chemical defence trait gradients were significant predictors of monoculture  
506 yield decline. Instead, fine root anatomical traits defining the root collaboration gradient of  
507 the root economics space, as well as their change over 14 years of selection in a monoculture,  
508 strongly explained changes in monoculture performance over time, highlighting the  
509 importance of belowground mechanisms in this grassland system.

### 510 Yield decline response to the collaboration gradient and its temporal changes

511 The key results of our study thus support our first hypothesis that plant root traits should be  
512 stronger predictors of monoculture yield decline than leaf traits. In addition, our results  
513 support our fourth hypothesis that both, differences in defence strength and their temporal  
514 changes under long-term selective pressure in monocultures, as indicated by the mean and  
515 delta defences parameters, were important predictors of monoculture yield decline. We were  
516 able to show that plant species with low specific root length and high root diameter, and thus  
517 species on the 'outsourcing' side of the root collaboration gradient of the root economics  
518 space, experienced substantially lower monoculture yield decline over 18 years than species  
519 on the 'do-it-yourself' (DIY) side of the gradient.

520 Additionally, we could show that not only the mean expression of specific root length and root  
521 diameter was important, but also their temporal changes under long-term selective pressure  
522 in monocultures: species that increased root diameter and reduced specific root length over  
523 time (delta collaboration gradient), experienced yield decline to a similar extent as species  
524 that were on the outsourcing side of the collaboration gradient in the first place (mean  
525 collaboration, Figure 4 panel A). These species-specific shifts along the collaboration gradient  
526 highlight that long-term monoculture growth exerts a strong selective pressure against DIY  
527 species. Despite these trait temporal changes may be due to phenotypic plasticity (Ojha et al.  
528 2022), the genetic and epigenetic trait divergence previously found in the same monocultures  
529 of this study (van Moorsel et al. 2018, 2019) suggests that the shift along the collaboration  
530 gradient may be partially due to plant microevolution in response to belowground processes,  
531 such as a potential accumulation of root antagonists (Didiano et al. 2014). Moreover, the  
532 missing link between leaf defence gradients and yield decline, suggests that belowground  
533 antagonists or other belowground processes are more important drivers of monoculture yield  
534 decline than aboveground processes (Bennett et al. 2012, Benitez et al. 2021).

### 535 Yield decline response to leaf and root physical and chemical defences

536 Our second hypothesis was only partly supported by our data. Despite the fact that root  
537 collaboration predicted monoculture yield decline, there was no indication that root physical  
538 defences were more important than root chemical defences. Similarly, the lack of correlation  
539 between any of the leaf defence trait gradients and yield decline does not support our third  
540 hypothesis of higher importance of chemical compared to physical defences aboveground.  
541 The first components of both the root and leaf PCA showed a similar trade-off between

542 physical and chemical defences (Figure 3 panel A), highlighting that while some species are  
543 primarily defended through physical barriers other species are rather defended through  
544 chemical compounds (Eichenberg et al. 2015). The second component of the leaf PCA showed  
545 a gradient from non-palatable species (high leaf mass per area and low nitrogen content) to  
546 palatable species (low leaf mass per area and high nitrogen content) that are well defended  
547 through leaf surface barriers including hair density, hair length, and water repellency (Figure  
548 3 panel A). The two extremes of this gradient, non-palatable and non-defended species to  
549 palatable but well defended species reflect two of the defence syndromes identified by  
550 Agrawal and Fishbein (2006) in 24 milkweeds species (*Asclepias* spp.). Overall, these defence  
551 trade-offs may suggest that either different plant species can deploy different defence  
552 strategies to cope with similar antagonists (Agrawal 2007, Moore and Johnson 2017, Hervé  
553 and Erb 2019, Whitehead et al. 2021) or that plant species use different defence strategies to  
554 cope with different groups of antagonists. Our analysis on foliar damage showed that each  
555 defence strategy was effective against only a restricted group of antagonists but not against  
556 other groups of antagonists. This suggest that plant species that deploy different defence  
557 strategies may suffer from the accumulation of different groups of antagonists. For instance,  
558 plant species with pronounced leaf physical defences were well protected against foliar  
559 chewers, but at the same time they were more susceptible to foliar pathogens, while the  
560 opposite was true for species with high leaf chemical defences (Supporting information).  
561 Similarly, species with high root physical defences and low chemical defences may be well  
562 protected against root chewers (Hanley et al. 2007, Johnson et al. 2010, Caldwell et al. 2016,  
563 Freschet et al. 2021b), but not against other groups of root antagonists. Thus, some species  
564 would need to invest more in physical defences, while for others chemical defences might be

565 more advantageous; yet, the variety of different options might preclude strong trait-based  
566 responses of either individual or combined trait axes.

### 567 Possible drivers of yield decline and the role of the collaboration gradient

568 Our results suggest that belowground processes related to the root collaboration gradient of  
569 the root economics space may be key to drive yield decline. In a previous study on the same  
570 site, Dietrich et al. (2020) found soil nematodes to be a strong driver of monoculture yield  
571 decline, thus supporting knowledge about nematodes as key antagonists in several crop  
572 species (Bennett et al. 2012, Jones et al. 2013, Grabau and Chen 2016, Wilschut et al. 2019).  
573 In addition, two recent studies found that the abundance of root-feeding nematodes in the  
574 soil is higher for species with high specific root length and thus on the DIY side of the  
575 collaboration gradient (Otfinowski and Coffey 2020, Dietrich et al. 2021). Similarly, and at the  
576 same site, Ristok et al. (2022) found the abundance of root-feeding nematodes to be higher  
577 in species with higher root length density, a trait positively correlated with specific root length  
578 (Freschet et al. 2021b). However, in our study, the abundance of root-feeding nematodes was  
579 not affected by the collaboration gradient (Figure 3 panel B). This suggests that AMF, highly  
580 abundant in the roots of outsourcing species (Bergmann et al. 2020; Figure 3 panel B), may  
581 not protect plants against root-feeding nematodes but they may promote plant fitness and  
582 reduce yield decline through other means.

583 One common other cause for yield decline is, for example, nutrient depletion (Bennett et al.  
584 2012). Given the importance of AMF for nutrient uptake (Freschet et al. 2021b), AMF could  
585 mediate the positive effect of the collaboration gradient on yield decline as previously shown  
586 in a plant-soil feedback study with a similar pool of species (Cortois et al. 2016). When

587 nutrients are limiting, outsourcing AMF to explore the soil and increase nutrient uptake may  
588 be more efficient than increasing specific root length (Smith and Read 2010). Despite the fact  
589 that we cannot generally exclude the role of nutrient depletion on yield decline, our results  
590 showed that soil phosphorus depletion is not driving yield decline, and that AMF colonisation  
591 does not mediate the effect of the collaboration gradient on yield decline (Supporting  
592 information). Thus, we were not able to link the importance of the collaboration gradient for  
593 yield decline to root-feeding antagonists nor to soil phosphorus depletion or indirectly to  
594 processes controlled by AMF. We can only speculate on other potential mechanisms driving  
595 the defensive role of the collaboration gradient, which all still await further testing.

#### 596 Speculations on alternative roles of the collaboration gradient

597 One alternative hypothesis linking the collaboration gradient to yield decline is the possibility  
598 that outsourcing species with thicker roots have higher penetration strength through soil and  
599 often also deeper roots (Freschet et al. 2021b). This is not related to defence, but might lead  
600 to lower yield decline especially after the dry years prior to our study (Rakovec et al. 2022).  
601 Another potential alternative mechanism might be that roots with high specific root length  
602 explore a larger volume of soil and expose a larger surface per unit carbon than species with  
603 low specific root length (Ho et al. 2005). This allows species to explore the soil for nutrients,  
604 but it may also increase the chance to encounter root antagonists. The large root surface  
605 exposed in DIY species may increase the area available for pathogen (Laliberté et al. 2015) and  
606 nematode (Ristok et al. 2022) infection. Thus, higher specific root length could increase yield  
607 decline in DIY species. This mechanism would promote the accumulation of any group of root  
608 antagonists independently of their taxonomic group or feeding guilds and would be in line

609 with our suggestion that the groups of antagonists responsible for yield decline differ between  
610 species with different defence strategies.

## 611 Conclusion

612 Our study demonstrates that the collaboration gradient and the plastic response of roots  
613 along this gradient of the root economics space are significant predictors of yield decline for  
614 27 plant species in a long-term grassland experiment. Our study further indicates that plants  
615 can deploy a large variety of defence strategies and that each of these strategies may be  
616 effective only against a restricted group of antagonists, possibly masking a generalisable  
617 relationship between plant defence traits and yield decline. When species are growing in  
618 mixtures, this diversity of plant defence strategies may promote defence complementarity,  
619 which could support the increasingly positive biodiversity effect on ecosystem functioning  
620 through time. Defence complementarity might also help to counteract yield decline in  
621 agricultural settings, e.g. via increased genetic diversity in crops or a diversification of crop  
622 rotation or increased spatial diversity of different crops. While the mechanism relating the  
623 collaboration gradient to yield decline is still obscure, the present findings stimulate research  
624 on the relationship between root traits and different groups of plant antagonists and  
625 mutualists in natural or seminatural systems.

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954

955 Figures captions

956 **Figure 1. Graphical illustration of antagonist accumulation in response to defence strength**  
957 **(mean defences; A) and defence temporal changes (delta defences; B) and our four**  
958 **hypotheses (C; from 1 to 4).** Flower colour represents species, plant size represents biomass  
959 and the size of the shield represents the defence of each species. The number of aboveground  
960 and belowground antagonists indicates the overall pressure of antagonists. Plants on the left  
961 side are young monocultures (4 years) while plants on the right side are old monocultures (18  
962 years) of the same species. (A) species with higher mean defence traits calculated as the mean  
963 between young and old monoculture have lower yield decline than species with lower mean  
964 defence. (B) species with a higher delta defences or increase in defence after 14 years in  
965 monoculture, calculated as the difference between defence traits in old and young  
966 monoculture, have lower yield decline than species with lower delta defences. For details on  
967 the hypotheses 1 to 4 see the main text.

968

969 **Figure 2. The extent of yield decline for the sampled species in old monocultures.** Yield  
970 decline is expressed as the slope of a linear regression with scaled aboveground plant biomass  
971 as response variable and year as explanatory variable. Biomass scaling (<sup>a</sup>) was done by dividing  
972 species annual biomass by the species mean biomass in the period 2003 to 2020. Slopes were  
973 multiplied by '-1', so that higher values depict higher yield decline. For each species a separate  
974 linear regression was constructed using old monocultures' data from 2003 to 2020 (year of  
975 trait measurement). Shades of grey depict different plant functional groups.

976

977 **Figure 3. (A) Biplot of the first two components for the leaf trait PCA (on the left) and the**  
978 **root trait varimax rotated PCA (on the right). (B) Correlation (Pearson's  $r$ ) heatmap for the**  
979 **first two components of the leaf PCA and leaf foliar damage caused by three major classes**  
980 **of leaf antagonists (on the left) and the first two components of the root PCA and AMF**  
981 **colonisation rate and abundance of root-feeding nematodes (on the right).** Variation  
982 explained by each component is reported on axis labels. Note that we applied a varimax  
983 rotation to the root PCA and refer to these components as rotated component (RC) rather  
984 than principal component (PC). Axes scales on the left and bottom refer to the scores while  
985 scales on the right and top refer to the loadings. Note that data on root-feeding nematodes  
986 was measured 6 years before the current study. Abbreviations: LMA= leaf mass per area, FR=  
987 feature richness, HL= hair length, N = nitrogen content, HD=hair density, PI= protease  
988 inhibitor, WR= water repellency, LDMC= leaf dry matter content, T= toughness, Ce= cellulose  
989 content, Si= silicon content, RD= root diameter, SRL= specific root length, a= log  
990 transformation and b= square root arcsine transformation.

991

992 **Figure 4. (A) Scatterplot of the mean and delta (temporal changes) collaboration gradient**  
993 **against yield decline.** Slopes and 95% confidence intervals are reported as solid line and grey  
994 band. Significance levels are reported with asterisks: \*\*  $P < 0.01$ ; \*  $P < 0.05$ . **(B)**  
995 **Commonality coefficients for the yield decline against plant mean and delta defences**  
996 **linear model.** For each of the four defence components, the unique and common variance of  
997 yield decline explained by the mean and the delta defences is depicted in different colours.

998

1000 **Table 1. List of leaf and fine root defence traits selected in this study, their directional**  
 1001 **effect and role on defence and related references.** The symbols '+' and '-' in the column  
 1002 'Direction' indicate that defences level are respectively increased or decreased, with higher  
 1003 value of the respective trait. Physical and chemical defences are reported in sperate  
 1004 sections. Abbreviations: LMA= leaf mass per area, N = nitrogen, DMC= dry matter content,  
 1005 Si= silicon content, RD= root diameter and SRL= specific root length, PI= protease inhibitor.

Tissue	Trait	Direction	Mechanisms	References
<b>Physical defences</b>				
Leaf	Water repellency	+	Surface barrier: reduced attachment and mobility of antagonists	(Gorb and Gorb 2017) (Hanley et al. 2007)
Leaf	Hair density	+		
Leaf	Hair length	+		
Leaf	LMA	+	Palatability* and mechanical strength	(Hanley et al. 2007, Johnson et al. 2010, Schuldt et al. 2012, Loranger et al. 2012, Caldwell et al. 2016, Hartley and DeGabriel 2016, Moore and Johnson 2017)
Leaf / root	DMC	+		
Leaf / root	N	-		
Leaf / root	Cellulose	+		
Leaf / root	Si	+		
Leaf / root	Toughness	+		
Root	SRL	-	Protection through AMF	(Cortois et al. 2016, Johnson et al. 2016b, Frew et al. 2022)
Root	RD	+		
<b>Chemical defences</b>				
Leaf /root	PI (trypsin)	+	Toxicity	(Johnson et al. 2016b, Moore and Johnson 2017, Whitehead et al. 2021)
Leaf / root	Features richness	+		

1006 \* with the term 'palatability' we refer to the nutritional quality of the plant tissue

1007

1008

1009 **Table 2. ANOVA table based on type II sum of squares and results from the commonality**  
 1010 **analysis of the linear regression with yield decline as response variable and plant mean**  
 1011 **(strength) and delta (temporal changes) defences as explanatory variables.** The table  
 1012 reports degree of freedom (Df), beta coefficient (Estimate), F statistic (F) and unique  
 1013 explained variance (U) for each predictor. Variance commonly explained by mean and delta  
 1014 defences of each defence component (C) is also reported. Significance levels are reported  
 1015 with asterisks: \*\*\* P < 0.001; \*\* P < 0.01; \* P < 0.05. R<sup>2</sup> and adjusted R<sup>2</sup> for the full model are  
 1016 reported at the bottom.

1017

Explanatory variable (N°=27)	Df	Estimate		F		U (%)		C (%)
		Mean	Delta	Mean	Delta	Mean	Delta	
(Intercept)		0.092	-	-	-	-	-	-
<u>Leaf defences</u>								
Physical vs chemical defences trade-off (PC1)	1	0.015	0.006	3.06	0.24	7.6	1.3	- 0.3
Surface defence and palatability (PC2)	1	0.002	-0.007	0.14	0.44	0.3	0.6	- 0.1
<u>Root defences</u>								
Physical vs chemical defences trade-off (RC1)	1	-0.011	-0.011	0.54	0.47	1.4	1.2	0.7
Collaboration gradient (RC2)	1	<b>-0.039</b>	<b>-0.032</b>	<b>10.37**</b>	<b>6.03*</b>	<b>25.9</b>	<b>15.1</b>	<b>7.8</b>
Residuals	18	-	-	-	-	-	-	-

R<sup>2</sup>= 56%; Adjusted R<sup>2</sup>=37%

1018