

# The Impact of the Covid-19 Pandemic on Perinatal Mental Health and Wellbeing: a review

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## Abstract

The Covid-19 global pandemic and its containment strategies have had a huge impact on women’s healthcare. This review aims to explore the consequences that changes in healthcare provision have had on the mental health of new and expecting mothers. By considering these impacts in two key contexts: the woman as a patient and in her domestic setting, the risks and potential benefits of altered clinical interactions, telemedicine and lockdowns are investigated. The paper concludes by looking to the future, examining the long-term effects, for mother and baby, of recent interventions to curb the pandemic.

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