

Anthropogenically forced shift in ENSO mean state after 1970 CE

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Abstract

Understanding how El Niño-Southern Oscillation (ENSO) responds to natural variability is of key importance for future climate projections under a warming climate. However, there is no clear consensus on what drives ENSO's variability on centennial timescales. Here, we find that the epikarst in southeastern Alaska is effective at filtering ENSO and solar irradiance signals from the Aleutian Low regional climate, which are subsequently recorded in the speleothem proxy data. By applying a correlation test, we find that ENSO was significantly influenced by solar irradiance over the past ~3,500 years. This relationship dissolved after ~1970 CE, with ENSO now being dominated by anthropogenic forcing. This implies a new ENSO mean state that will need to be incorporated into future climate projections.

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1 **Anthropogenically forced shift in ENSO mean state after 1970 CE**

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8 **Abstract**

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22 **Introduction**

23 El Niño-Southern Oscillation (ENSO) is an important driver of Earth's climate
24 (McPhaden et al., 2006, Deser et al., 2010), fluctuating with significant variability between El
25 Niño (warm phase) and La Niña (cold phase). Instrumental records, only available for the
26 past 150 years, are too short to fully capture ENSO variability on centennial timescales
27 (Stevenson et al., 2012). Paleoclimate proxy techniques attempt to fill this gap by providing
28 ENSO records extending deeper in time. However, these records generally either cover the
29 past few centuries only, lack high temporal resolution, or cover non-continuous intervals of
30 the past millennium.

31 One of the main uncertainties associated with ENSO variability is the influence of
32 solar forcing. It has been hypothesized that an ocean thermostat response of the tropical
33 Pacific to solar forcing induces both La Niña and El Niño mean states (Clement et al., 1996,
34 Emile-Geay et al., 2007). This hypothesis has found some support in central Pacific corals
35 (Cobb et al., 2003), North American tree rings documenting medieval megadroughts (Cook et
36 al., 2004), and multiproxy climate field reconstructions (Mann et al., 2009). In each of these
37 cases, however, unambiguous confirmation of solar forcing is lacking. This has led some
38 studies to suggest an insignificant response of ENSO to solar forcing, with internal variability
39 being the main driver of ENSO variations (Cobb et al., 2013). Given the recent rise in
40 anthropogenic warming over the past several decades, it becomes increasingly important to
41 understand the full natural range of ENSO variability and its underlying forcing for
42 improving future climate projections.

43 The North Pacific provides an ideal location to examine ENSO variability through a
44 well-known atmospheric bridge, which links equatorial Pacific and North Pacific climate
45 variability (Liu & Alexander, 2007; Diaz et al., 2001; Alexander et al., 2002) (Fig. 1,

Supplementary Fig. S1). The Aleutian Low is the principal climate feature in southeastern Alaska that is influenced by this atmospheric bridge (Alexander et al., 2002; Bjerknes, 1966; Bjerknes, 1969), and steers storms and abundant precipitation into the region, especially when strengthened. In general, the link between the equatorial Pacific and the North Pacific is expressed as a stronger-than-normal Aleutian Low during warm sea surface temperature anomalies in the equatorial Pacific (i.e. El Niño), and weaker-than-normal Aleutian Low during cool sea surface temperature anomalies (i.e. La Niña) (Alexander et al., 2002; Bjerknes, 1966; Bjerknes, 1969). Sea-surface temperatures in the equatorial Pacific, in turn, may be influenced by solar irradiance (Clement et al., 1996, Emile-Geay et al., 2007), which would impact the mean-state of ENSO (Clement et al., 1996, Emile-Geay et al., 2007), and consequently affect the strength of the Aleutian Low via the atmospheric bridge. It has been shown that stronger solar irradiance is generally associated with a weaker Aleutian Low while weaker solar irradiance is associated with a stronger Aleutian Low (Osterberg et al., 2014). Therefore, there is a known link between both solar irradiance and ENSO and the strength of the Aleutian Low, typically on decadal timescales.

Based on these known links between the equatorial Pacific and the North Pacific, we hypothesize that solar irradiance forces ENSO mean state changes which, in turn, force the strength of the Aleutian Low via the atmospheric bridge. In other words, decreased solar irradiance should correspond to an increased frequency of El Niño events and result in an overall strengthened Aleutian Low. Conversely, increased solar irradiance should correspond to an increased frequency of La Niña events and result in an overall weakening of the Aleutian Low. This hypothesis would be in agreement with the ocean thermostat mechanism (Clement et al., 1996, Emile-Geay et al., 2007).

Speleothems, which provide long-term reconstructions of climate in the region (Wilcox et al., 2019), offer an untested approach to record Aleutian Low, and hence

71 ENSO/solar irradiance, responses in the North Pacific. Here, we utilize speleothems from
72 southeastern Alaska to generate a high-resolution and precisely dated record spanning
73 continuously the past ~3,500 years. Our data demonstrate that the local epikarst in
74 southeastern Alaska is effective at filtering ENSO and solar irradiance signals from the
75 Aleutian Low regional climate. From this, we find that solar forcing has been the primary
76 driver of ENSO variability on centennial timescales, and that this relationship dissolved at
77 ~1970, likely due to anthropogenic forcing.

78 **Results**

79 **Site location and speleothems**

80 Our datasets were developed from two stalagmites retrieved in spring/summer 2021 in
81 two caves on Prince of Wales Island, located in the temperate rainforest of the southern
82 Alexander Archipelago in Alaska. Klawock, the nearest village to the caves (Supplementary
83 Fig. S2), has a mean annual air temperature of 7.4 °C and receives ~300 mm of precipitation
84 annually. Speleothem WB-21-5-A is 536 mm in length and was found 50 m inside Wishbone
85 Cave (55.776° N, 133.195° W; 350 m a.s.l.), and WA-21-6-A is 181.5 mm in length and was
86 found 100 m inside Walkabout Cave (55.774 N, -133.191 W; 420 m a.s.l.) (Supplementary
87 Fig. S3). Interior cave temperatures are a constant 5.6 °C for Walkabout Cave, and vary
88 between 2.5 and 8.6 °C for Wishbone Cave (Supplementary Fig. S4). Both speleothems were
89 actively dripping during recovery, suggesting that the speleothem tops are modern. There are
90 no visually detectable hiatuses, and growth rates are constant for both speleothems
91 (Supplementary Fig. S5). Speleothems WB-21-5-A and WA-21-6-A were sampled for $\delta^{18}\text{O}$
92 and $\delta^{13}\text{C}$ at 0.5 mm and 0.25 mm resolution, respectively, producing a temporal resolution of
93 ~2–5 years for both speleothems. Additionally, speleothem WB-21-5-A was sampled for
94 fluid inclusion δD every 0.5 cm, producing a temperature record with a resolution of ~40
95 years (Supplementary Fig. S6).

96 Controls on speleothem $\delta^{18}\text{O}$

97 The amount effect is likely the dominant control on $\delta^{18}\text{O}$ in precipitation at the cave
98 sites whereby higher rainfall amounts results in more depleted $\delta^{18}\text{O}$ values (Dansgaard,
99 1964), as indicated by a regional comparison of modern precipitation (Supplementary Fig.
100 S7). We can reasonably exclude both topographic barriers and changing source regions as
101 dominant controls on $\delta^{18}\text{O}$ in precipitation as there are no topographic barriers between the
102 cave sites and the Pacific Ocean to cause isotopic depletion, and precipitation in the region is
103 dominantly sourced from the Pacific Ocean (Bailey et al., 2019). Further, there is a weak
104 relationship between changes in air temperature and $\delta^{18}\text{O}$ of precipitation in southcentral
105 Alaska, with surface air temperatures explaining only ~30% of variability in the $\delta^{18}\text{O}$
106 precipitation data (Bailey et al., 2019). Although there are no isotope in precipitation
107 monitoring networks in southeastern Alaska, the region as a whole is strongly influenced by
108 the Aleutian Low (Bailey et al., 2019) and likely has a similar weak relationship between air
109 temperature and $\delta^{18}\text{O}$ of precipitation. Therefore, we argue that $\delta^{18}\text{O}$ of calcite is dominantly
110 controlled by the amount of precipitation, with depleted isotope values indicating more
111 precipitation, and vice versa. This is corroborated by drip rate data from the site of
112 speleothem WA-21-6-A, which closely mirror local precipitation amount (Supplementary
113 Fig. S4).

114 The amount effect controlling $\delta^{18}\text{O}$ in precipitation at the cave sites implies that
115 speleothem oxygen isotopes are a reliable proxy to determine the strength of the Aleutian
116 Low. Depleted speleothem $\delta^{18}\text{O}$ indicates a strengthened Aleutian Low, and vice versa,
117 consistent with regional lake proxy data (Anderson et al., 2005) and ice core data (Osterberg
118 et al., 2014). To test if ENSO and solar irradiance signals can be extracted from speleothem
119 $\delta^{18}\text{O}$, we applied the binned correlation coefficient (r) to find reliable statistical linkages
120 among pairs of proxy data on unequal timescales (Mudelsee, 2014) (see methods for details

on the statistics). First, we examine correlations between speleothem data, and then apply the correlation test with solar irradiance and ENSO proxy data.

Speleothem proxy correlations

For speleothem WB-21-5-A, we find that the fluid inclusion temperature reconstruction correlates significantly with $\delta^{18}\text{O}$ at $r = 0.59$ with a 90% calibrated bootstrap confidence interval of [0.43; 0.71] (Supplementary Fig. S8). If we examine between sites, the $\delta^{18}\text{O}$ series from speleothems WA-21-6-A and WB-21-5-A are significantly correlative, $r = 0.25$ [0.01; 0.45] (Supplementary Fig. S8), highlighting regional consistencies that would be expected between neighboring speleothem $\delta^{18}\text{O}$ data that precipitated close to isotopic equilibrium with the drip water (Supplementary Fig. S9). We argue that deviations between speleothem $\delta^{18}\text{O}$ are a result of spectral frequency differences between sites (Fig. 2), with speleothem WB-21-5-A recording a high-frequency $\delta^{18}\text{O}$ signal and WA-21-6-A recording a low-frequency $\delta^{18}\text{O}$ signal (Supplementary Fig. S10). This is likely the result of the large difference in growth rate (Supplementary Fig. S5), and hence drip rate, between the two sites. Since drip water transports the $\delta^{18}\text{O}$ signal from the soil zone to the speleothem site, different drip rates will lead to different $\delta^{18}\text{O}$ frequencies at each speleothem site. We hypothesize that the regional epikarst acts as a low-pass filter, resulting in a modulation of the Aleutian Low regional climate signal (Fig. 3). In speleothem WA-21-6-A, we observe a climate signal that is potentially linked with total solar irradiance (TSI), while in speleothem WB-21-5-A, we observe a climate signal that is potentially linked with ENSO. We then explore the statistical significance of these potential climate linkages to determine if they are robust.

Solar irradiance and ENSO correlations

To determine if the $\delta^{18}\text{O}$ series from speleothem WA-21-6-A is statistically linked with TSI, we compared the $\delta^{18}\text{O}$ proxy to the most up-to-date physics-based reconstruction of

TSI currently available (Wu et al., 2018) (Fig. 4). We find that TSI correlates significantly with speleothem WA-21-6-A $\delta^{18}\text{O}$ after ~ 0 CE at $r = 0.52$ [0.32; 0.68] (Supplementary Fig. S8), with decreased solar irradiance correlating with a strengthened Aleutian Low in speleothem WA-21-6-A, and vice versa for increased solar irradiance. However, we find no significant correlation prior to ~ 0 CE. The lack of correlation for the earlier part could be due to proxy bias, with all previous TSI reconstructions dependent on ^{14}C and ^{10}Be data. Additionally, we performed a spectral analysis, which shows solar cycles (Moussas et al., 2005) at all 3 spectral peaks of 16-, 19-, and 28-year periods (Fig. 2), providing enhanced confidence that speleothem WA-21-6-A reliably records TSI variability. However, due to the lack of correlation prior to ~ 0 CE, we only provide interpretations for the past ~ 2000 years.

To determine if the $\delta^{18}\text{O}$ series from speleothem WB-21-5-A is statistically linked with ENSO, we compared the $\delta^{18}\text{O}$ proxy to an ENSO reconstruction produced from a coral $\delta^{18}\text{O}$ record in the central tropical Pacific spanning the past ~ 750 years (23) (Fig. 4). We find that the coral $\delta^{18}\text{O}$ (Dee et al., 2020) is significantly correlated with speleothem WB-21-5-A at $r = 0.54$ [0.10; 0.80] (Supplementary Fig. S8), with increased frequency of El Niño events correlating with a strengthened Aleutian Low in speleothem WB-21-5-A, and vice versa for La Niña events (Fig. 4). Additionally, we performed a spectral analysis, which shows the “classical” ENSO power (Allen, 2000) at the 7.2-year period (Fig. 2), which is added confidence that speleothem WB-21-5-A reliably records ENSO variability.

The correlation tests confirm that the strength of the Aleutian Low correlates significantly with either solar irradiance or ENSO. And, since speleothem WA-21-6-A $\delta^{18}\text{O}$ (solar irradiance signal) and WB-21-5-A $\delta^{18}\text{O}$ (ENSO signal) are significantly correlated, this provides compelling evidence that solar irradiance can influence ENSO mean state changes. More specifically, it agrees with our hypothesis that solar irradiance forces ENSO mean state changes which, in turn, force the strength of the Aleutian Low via the atmospheric bridge

(Fig. 3). Our data thus supports the ocean thermostat mechanism (Clement et al., 1996, Emile-Geay et al., 2007) before 1970 CE. After 1970 CE, ENSO deviates from natural variability based on the lack of correlation between temperature and precipitation (Fig. 3)

Discussion

Our data shows that solar forcing can have an influence on ENSO mean state changes on centennial timescales over the past ~3,500 years. Notably, this confirms the ocean thermostat mechanism whereby solar irradiance induces changes in the east-west temperature gradient of the tropical Pacific and, hence, ENSO activity (Clement et al., 1996, Emile-Geay et al., 2007). In general, periods of increased solar irradiance correspond to an increase frequency of La Niña events, while decreased solar irradiance corresponds to an increase frequency of El Niño events (Fig. 4).

In southeastern Alaska, warm/dry conditions correspond to La Niña mean states and cool/wet conditions correspond to El Niño mean states. Regional glacial retreats/advances follow this trend (Supplementary Fig. S11) (Wiles et al., 2008). Only the El Niño mean state change at ~500 CE does not fully agree with solar irradiance (Fig. 4), and may be associated with the strongest volcanic eruption in the past 2,500 years (Sigl et al., 2015). This event is in conjunction with one of the most extensive regional glacial advances in the past 2000 years (Sigl et al., 2015), and may correspond to the Late Antique Little Ice Age (LALIA), whereby unprecedented summer cooling is recorded by tree rings in Europe (Büntgen et al., 2016). Therefore, we find that ENSO mean state changes are mostly insensitive to volcanic eruptions, consistent with coral reconstructions (Dee et al., 2020), except for exceedingly rare super-eruptions such as the ~500 CE eruption.

Atmospheric CO₂ strongly disconnects from the natural variability of the speleothem record after ~1850 CE (Supplementary Fig. S12), in agreement with the rise of CO₂ above

pre-industrial levels (Ahn et al., 2012). This is notable, given that the equatorial Pacific represents the largest CO₂ source globally (Takahashi et al., 2009), and is clearly at odds with natural forcings indicated by the speleothem record. Given the insignificant increase in solar irradiance to such a remarkable rise in atmospheric CO₂, it is obvious that anthropogenic greenhouse gases are responsible for the deviation from natural variability. We suggest that this resulted in the breakdown of the ocean thermostat mechanism in the 1970s, in conjunction with a well-documented ENSO and North Pacific regime shifts in the late 1970s (Diaz et al., 2001, Hare & Mantua, 2001; Giamalaki et al., 2018; Mayo & March, 1990; Graham, 1994). This has resulted in increasingly warmer/wetter conditions in southeast Alaska unseen during the previous ~3,500 years. The warm/wet combination is inconsistent with previous regional El Niño or La Niña mean-state responses, and indicates a significant change in ENSO properties (Graham, 1994; Freund et al., 2019; Wang et al., 2019).

While the regime shifts in the late 1970s could also be attributed to a disruption in the atmospheric bridge linking the equatorial Pacific to the North Pacific, we argue that this is unlikely given the significant correlation between modern-day instrumental records of ENSO and regional southeastern Alaska precipitation/temperature (Supplementary Fig. S1). This implies that the atmospheric bridge is still strong, with ENSO continuing to force the strength of the Aleutian Low even under increased greenhouse gases.

We suggest that a switch to the weaker Walker mechanism in the 1970s, whereby zonal tropical sea-surface temperatures are reduced (Vecchi et al., 2008), resulted in the mean state shift of ENSO. Based on our speleothem data, the switch to a weaker Walker mechanism in the 1970s would not be possible if driven by natural forcings alone, and required the input of anthropogenic greenhouse gases. Reduced zonal tropical sea-surface temperatures has led to an El Niño mean-state and a strengthened Aleutian Low, but with regional atmospheric warming that is more typical of a La Niña mean-state. This significant

change in ENSO may suggest that a climate change tipping point may have been crossed in the 1970's. We recommend that climate models fix biases that will result in both a diminished ocean thermostat response and an increased weaker Walker response at ~1970 CE for improved climate projections of ENSO.

Materials and Methods

Speleothems WA-21-6-A and WB-21-5-A were cut in half and polished, with total lengths measured at 181.5 and 536 mm, respectively. Lengths were measured relative to the central growth axis. The base of the speleothems begins at 0 mm. "Hendy" tests (Hendy, 1971) were performed at four different locations at 2.3, 6.5, 9.9, and 15 cm in WA-21-6-A, and five different locations at 4, 13.8, 25.6, 37.1, and 48 cm in WB-21-5-A to test for isotope equilibrium fractionation (Supplementary Fig. S9). Fabric texture was identified visually, and shows consistent fabric throughout speleothems, with no evidence of hiatuses.

U-Th ages

A total of 10 powdered calcite samples were manually drilled for U-Th dating under a laminar flow hood; 5 from WA-21-6-A, and 5 from WB-21-5-A (Supplementary Fig. S3, <https://doi.pangaea.de/10.1594/PANGAEA.949778>). U-Th samples were processed at the University of Minnesota Trace Metal Isotope Geochemistry Lab and analysed using a ThermoFisher Neptune Plus multi-collector inductively coupled plasma mass spectrometer equipped with an Aridus desolvation nebulizer, following the method of (Shen et al., 2012). Ages are reported with 2σ errors in BCE/CE. A time-depth model was created in OxCal 4.4 using the Bayesian approach (Bronk Ramsey, 2008; Bronk Ramsey, 2009; Bronk Ramsey & Lee, 2013).

Stable isotopes

A total of 1800 stable isotopes locations were drilled using a Merchantek micromill. In WA-21-6-A, samples were drilled every 0.25 mm, yielding a temporal resolution of ~5 years. Samples in WB-21-5-A were drilled every 0.5 mm, yielding a temporal resolution of ~2-5 years. Stable isotope samples were analysed at the University of Innsbruck using a ThermoFisher Delta V isotope ratio mass spectrometer equipped with a Gasbench II (Spötl, 2011). Stable isotopes are reported in per mil relative to Vienna Pee Dee Belemnite (VPDB). Long-term analytical precision is less than or equal to 0.08‰ for both $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$ (1σ).

Fluid inclusions

Speleothem fluid inclusion water isotopes were analysed at the University of Innsbruck using continuous-flow technique of water via high-temperature reduction on glassy carbon (Dublyansky & Spötl, 2009). δD_{fi} isotope ratios are given in per mil (‰) using the standard delta notation and are reported relative to the Vienna Standard Mean Ocean Water (VSMOW). We extracted 95 calcite blocks from 87 different depths, weighing between 1 and 1.5 g, from the central growth axis of stalagmite WB-21-5-A. Replicates were produced at 0.5, 10.5, 20.5, 30.5, and 40.5 cm depth. See (Dublyansky & Spötl, 2009) for details on the crushing procedure. The precision of replicate measurements of our in-house calcite standard is typically 1.5‰ for δD_{fi} for water amounts between 0.1 and 1 μl . Because crushing of our calcite samples released up to 1 μl of water (mean 0.40 μl), the precision of 1.5‰ for δD_{fi} was found to be adequate for this study. Temporal resolution is ~40 years.

The paleotemperature record of stalagmite WB-21-5-A was reconstructed based on the modern-day regional water isotope-temperature relationship (Rozanski et al., 1992). Only δD_{fi} values were used for calculating paleotemperatures for the following reasons: post-depositional processes can alter the original $\delta^{18}\text{O}_{fi}$ in fluid inclusion water and thus limit the

use of $\delta^{18}\text{O}_{\text{fi}}$ for paleotemperature calculations (McDermott, 2004). In addition, $\delta\text{D}_{\text{fi}}$ is not affected by isotopic fractionation during calcite precipitation and remains unaltered as there is no hydrogen source once the water is entrapped in the calcite matrix. We used the global meteoric water line ($\delta\text{D} = 8 * \delta^{18}\text{O} + 10\text{‰}$) to convert $\delta\text{D}_{\text{fi}}$ to $\delta^{18}\text{O}_{\text{calculated}}$. Modern-day drip-water yielded a $\delta^{18}\text{O}$ value of -10‰ which was used as the modern-day $\delta^{18}\text{O}$ anchor point. Fluid inclusion $\delta^{18}\text{O}_{\text{calculated}}$ values were subtracted from this modern-day $\delta^{18}\text{O}$ anchor point to obtain $\delta^{18}\text{O}_{\text{difference}}$. Next, a temperature- $\delta^{18}\text{O}$ transfer function (TF) was used to convert $\delta^{18}\text{O}_{\text{difference}}$ into temperature. Because it is unclear which TF is appropriate, we evaluated a range of possible values, between 0.26 and 0.36 ‰/°C, which represents the error range of the south-central Alaska temperature- $\delta^{18}\text{O}$ slope of 0.31 ‰/°C (Bailey et al., 2019). Because there is a minor 0.1 °C difference in temperatures calculated from the range of TF values, we report temperatures based on the TF of 0.31 ‰/°C. Finally, we subtracted the mean annual temperature of a nearby weather Station in Klawock (55.555° N, 133.096° W; 24 m a.s.l. – Supplementary Fig. S2) of 7.4 °C (Western Regional Climate Center) to obtain paleotemperature anomaly values:

$$T = 7.4 - [-10 - \delta^{18}\text{O}_{\text{calculated}}] * \text{TF}. \quad (\text{Eq. 1})$$

A regional lapse rate likely causes cooler mean annual temperatures at the cave sites ~400 m higher in elevation, probably closer to the interior cave temperatures of Walkabout Cave (~5.6 °C) (Supplementary Fig. S4). In lieu of using unavailable long-term site-specific temperature data, we report temperature data as anomalies vs weather station Klawock (Fig. 4; Supplementary Fig. S6).

Uncertainties reflect isotope measurement errors, and one standard deviation of repeated measurements. The uncertainties are applied through all steps of the paleotemperature calculation. Further, uncertainties are propagated between sampling locations.

Cave monitoring

HOBO Pro v2 temperature loggers (accuracy: $\pm 0.21^{\circ}\text{C}$) were placed near the entrance of both Walkabout and Wishbone Caves, and near the extracted stalagmites. Temperature was measured at 1-hour intervals for 1 year, starting when the stalagmites were extracted (Supplementary Fig. S4).

A Stalagmate drip logger was placed directly where stalagmite WA-21-6-A was extracted, and recorded drip counts at 1-hour intervals for 1 year, starting when the stalagmite was extracted (Supplementary Fig. S4).

Statistical analyses

For correlation estimation on two time series that are not observed on the same timescale, the ‘binned correlation coefficient’ (Mudelsee, 2014) is superior to interpolation because it does not introduce artificial serial dependence. This measure equals Pearson’s correlation coefficient calculated on the respective averages within time bins of the two-time series. The existence of persistence or ‘memory’ in a time series (which is typical for climate) on a particular grid of time values allows to infer the correlation with other time series that are observed on a different grid. The optimal binwidth for that procedure was obtained from the estimated persistence times using the software TAUEST (Mudelsee, 2002), the temporal spacings of the two series, and the binwidth formula after (Mudelsee, 2014), Eq. 7.48 therein. The uncertainty of the estimated binned correlation coefficients was determined by calibration of 90% Student’s *t* confidence intervals using the software PearsonT3 (Ólafsdóttir & Mudelsee, 2014), more than acceptable for geosciences. It should be noted that a confidence interval (for an estimation) is an uncertainty measure that is superior to a p-value (for a hypothesis test) because it carries more quantitative information. That means a confidence interval is for a statement about the strength of an association, not merely whether

there is one (Yates, 1951; Efron & Tibshirani, 1993). Furthermore, the suitability of this correlation method to climate data and its validity have been demonstrated by means of observed and artificial series (Mudelsee, 2014).

The spectra for the records were estimated on the detrended time series obtained with a Gasser–Müller nonparametric trend (Mudelsee, 2014) calculated with a bandwidth of 500 yr in order to exclude distortions from long-term variations. The spectral power was determined by means of the Lomb–Scargle Fourier transform combined with Welch’s overlapped segment averaging procedure (Mudelsee, 2014), which is implemented in REDFIT software (Schulz & Mudelsee, 2002). To determine a frequency-dependent correct factor for estimation bias stemming from the uneven spacings, we conducted 10,000 Monte Carlo simulations of an AR(1) red-noise process. Further spectrum estimation parameters (Schulz & Mudelsee, 2002) were: oversampling factor 64, highest-frequency factor 1.0, Welch I data taper, predefined equivalent autocorrelation coefficient (Schulz & Mudelsee, 2002; Mudelsee, 2008, 48) equal to 0.6632 (WA-21-6-A $\delta^{18}\text{O}$; Fig. 2a) or 0.7909 (WB-21-5-A $\delta^{18}\text{O}$; Fig. 2b), and number of segments equal to 17 (WA-21-6-A $\delta^{18}\text{O}$) or 13 (WB-21-5-A $\delta^{18}\text{O}$) in order to yield comparable 6-dB spectral resolution bandwidths for the two records. The significances of the spectral peaks were tested against the upper 99% level from the chi-squared distribution for the AR(1) alternative.

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474 **Author contributions:**

475 Conceptualized: P.S.W.

476 Funding acquisition: P.S.W.

477 Administered/supervised the project: P.S.W.

478 Methodology design: P.S.W.

479 Conducted the U-Th and fluid inclusion analysis: P.S.W.

480 Prepared visual components: P.S.W., M.M.

481 Writing—original draft: P.S.W.

482 Writing—reviewing and editing: M.M., C.S., R.L.E.

483 Conducted the formal analyses of the data: M.M.

484 Provided resources necessary for the analytical sampling: C.S., R.L.E.

485 **Competing interests:** There are no competing interests.

486 **Data and materials availability:** U-Th, Fluid inclusion, and stable isotope data can be found
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488 **Supplementary Materials:** Supplementary Figs. S1 – 12

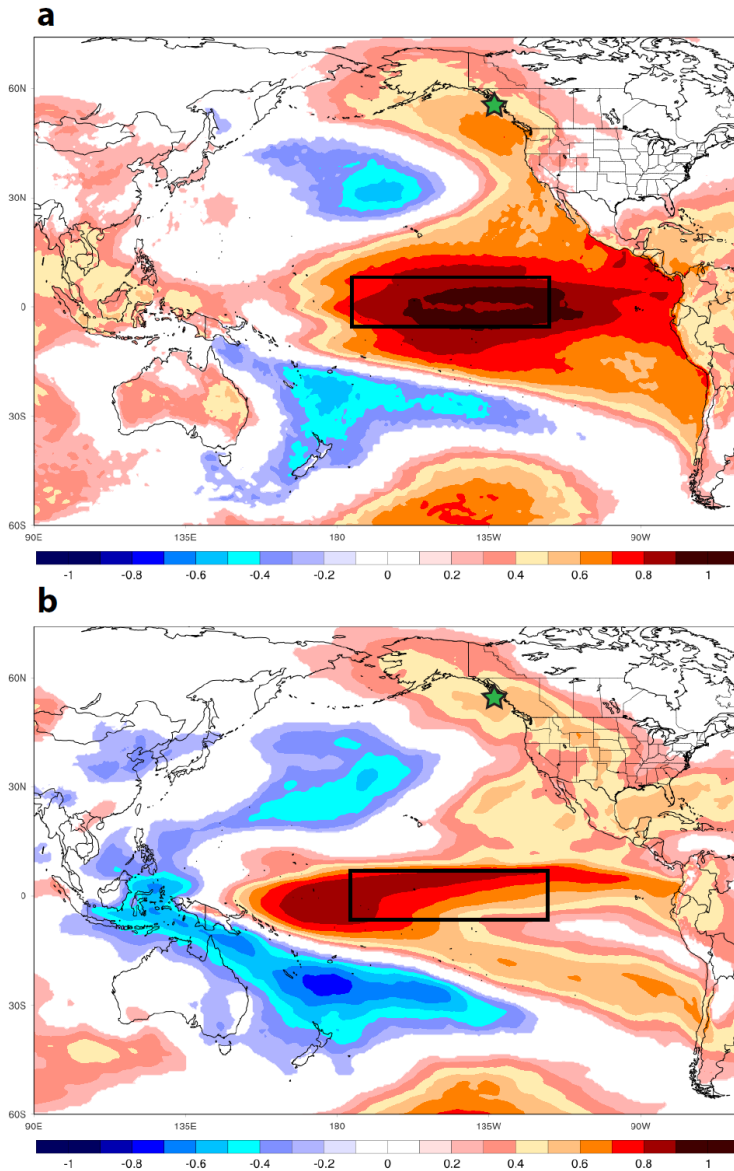


Fig. 1: Spatial correlation of ERA5 Reanalysis 2 m temperature (a) and precipitable water (b) with the Niño 3.4 index. Regions of significant correlation are highlighted by color bands (Pearson's correlation [90% CI]). Black box indicates NINO3.4 region, while the speleothem sample location of this study is marked by the green star. Refer to Supplementary Fig. S2 for a more detailed map of the study area. This plot was generated using Climate Reanalyzer (<http://cci-reanalyzer.org>), Climate Change Institute, University of Maine, USA.

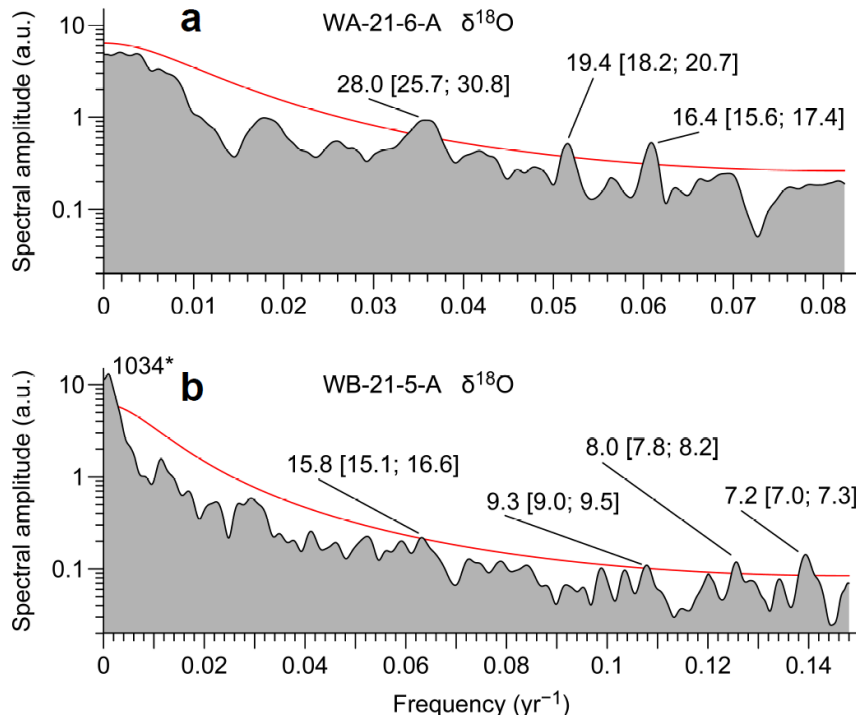
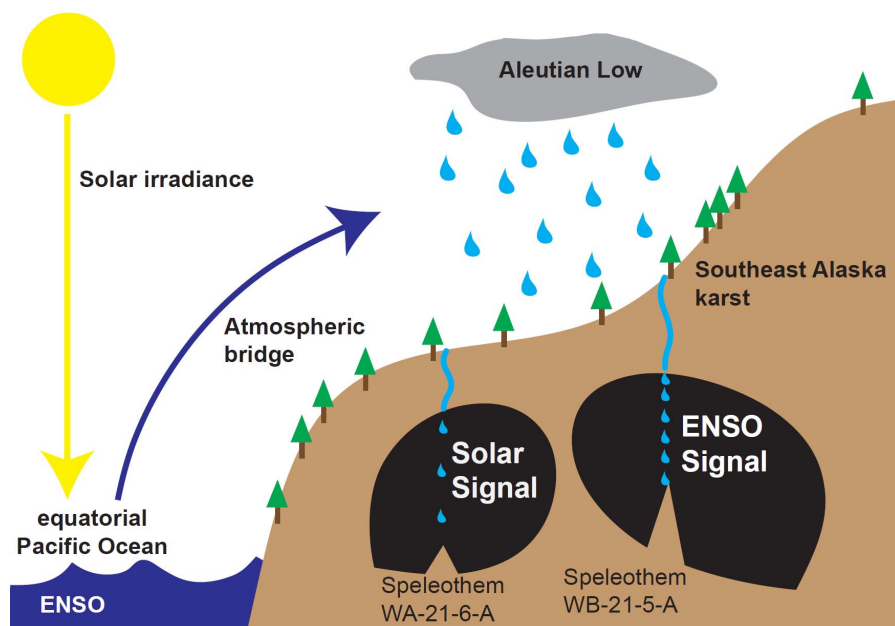


Fig. 2: Spectral analysis results for $\delta^{18}\text{O}$ records from speleothems WA-21-6-A (a) and WB-21-5-A (b). Where spectrum estimate (shaded) exceeds the upper 99% level of the red-noise alternative (red line), peaks are labelled with period value and $\pm$ bandwidth interval (both in yr); a.u., arbitrary units; asterisk denotes uncertain peak, likely due to incompletely removed nonlinear trend. Note logarithmic y-axes.



508

509 Fig. 3: Schematic illustrating how the Aleutian Low is forced by both solar irradiance and
 510 ENSO through the atmospheric bridge. The epikarst is effective at filtering the regional
 511 Aleutian Low climate into either the solar irradiance or ENSO signals.

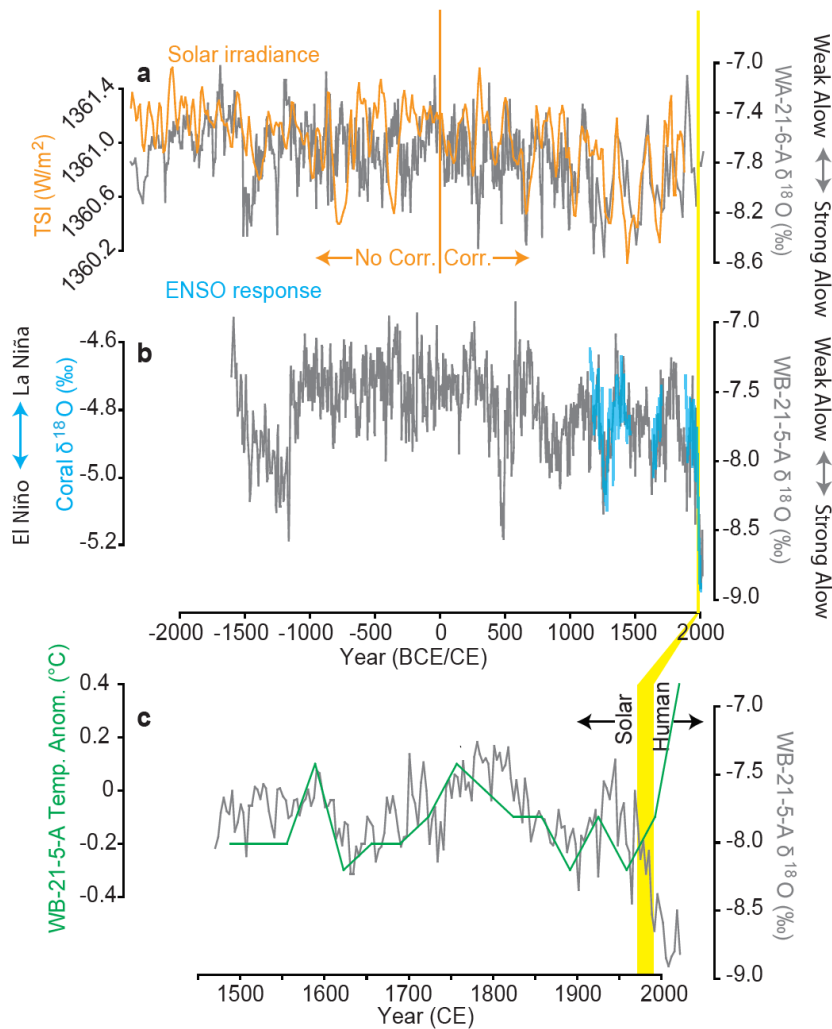


Fig. 4: Southeastern Alaska speleothem record compared with solar irradiance and ENSO proxy data. **a** Speleothem WA-21-6-A $\delta^{18}\text{O}$ vs total solar irradiance (TSI) (Wu et al., 2018). Orange line denotes timing of correlation differences between TSI and WA-21-6-A, with significant correlation after 0 CE and no significant correlation before 0 CE; **b** Speleothem WB-21-5-A $\delta^{18}\text{O}$ vs coral $\delta^{18}\text{O}$ (Dee et al., 2020). Alow = Aleutian Low; **c** Magnified time interval comparing speleothem WB-21-5-A $\delta^{18}\text{O}$ and temperature anomalies. Refer to Supplementary Fig. S6 for an extended temperature plot. In **a**, **b**, **c**, yellow bar highlights North Pacific regime shift, when ENSO is disconnected from solar forcing and anthropogenic forcing takes over.

Supplementary Materials for

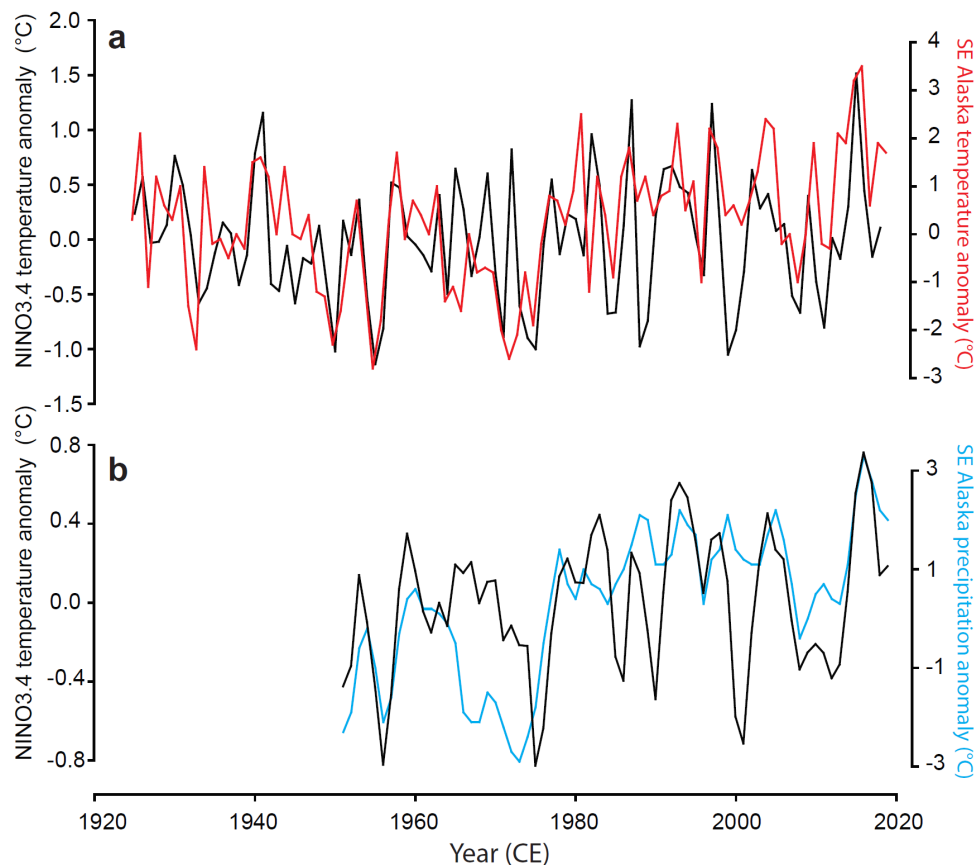
Anthropogenically forced shift in ENSO mean state after 1970 CE

Paul S. Wilcox, Manfred Mudelsee, Christoph Spötl, R. Lawrence Edwards

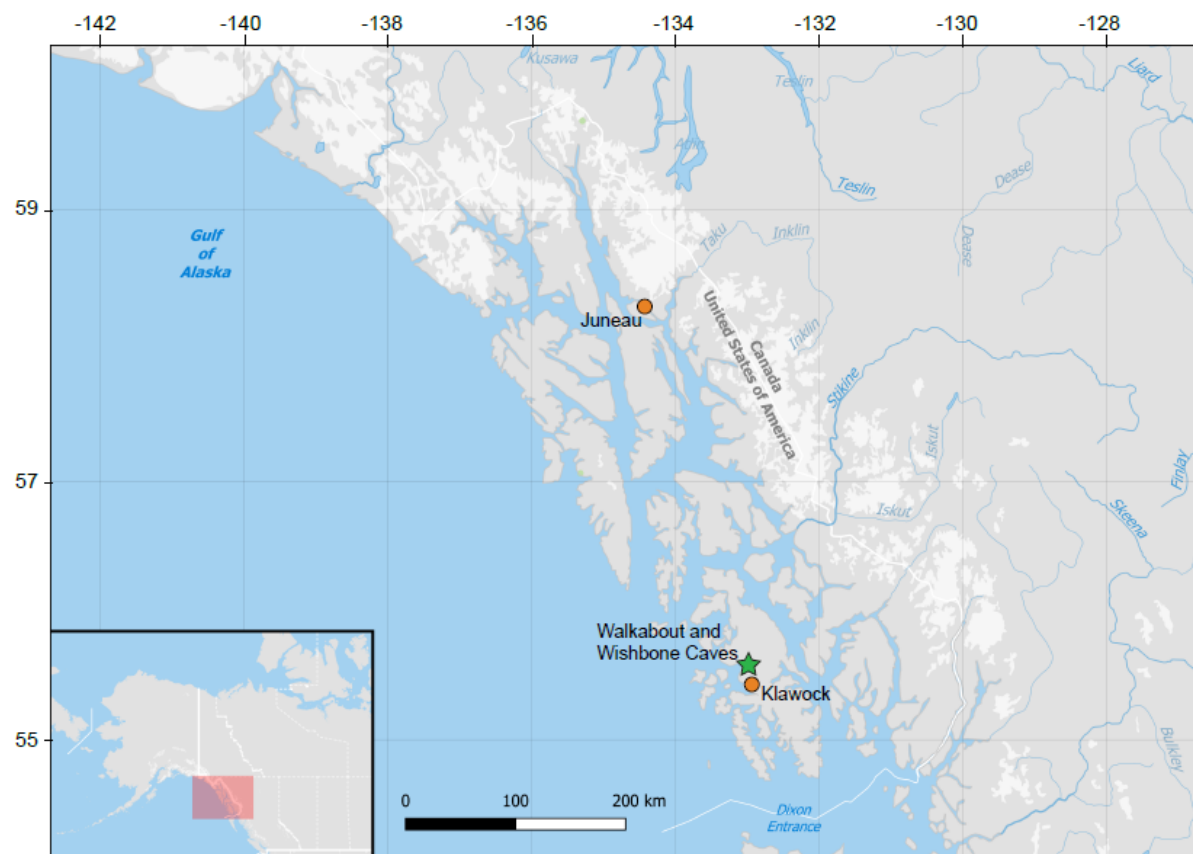
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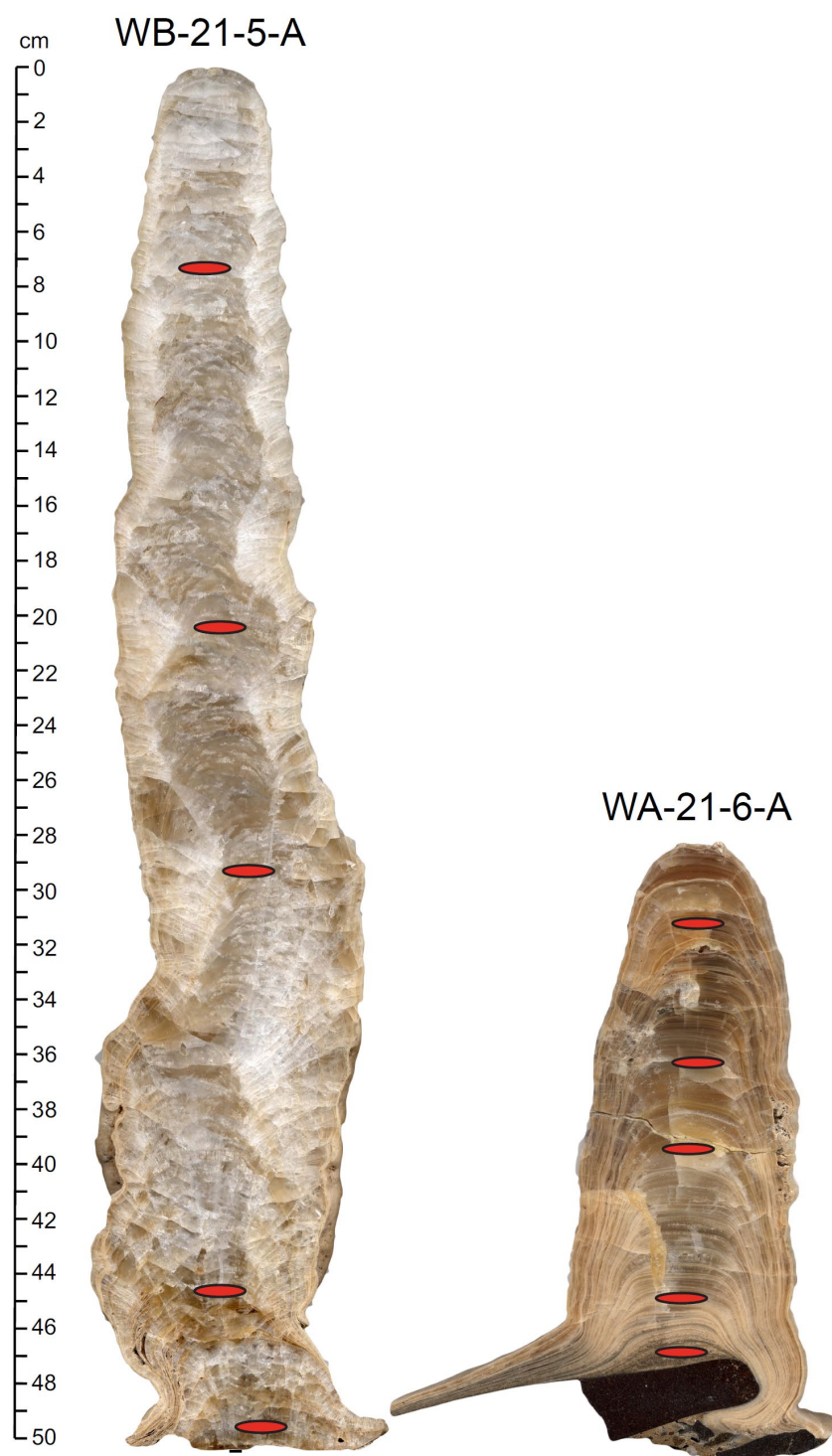
Supplementary Figs. S1 – 12



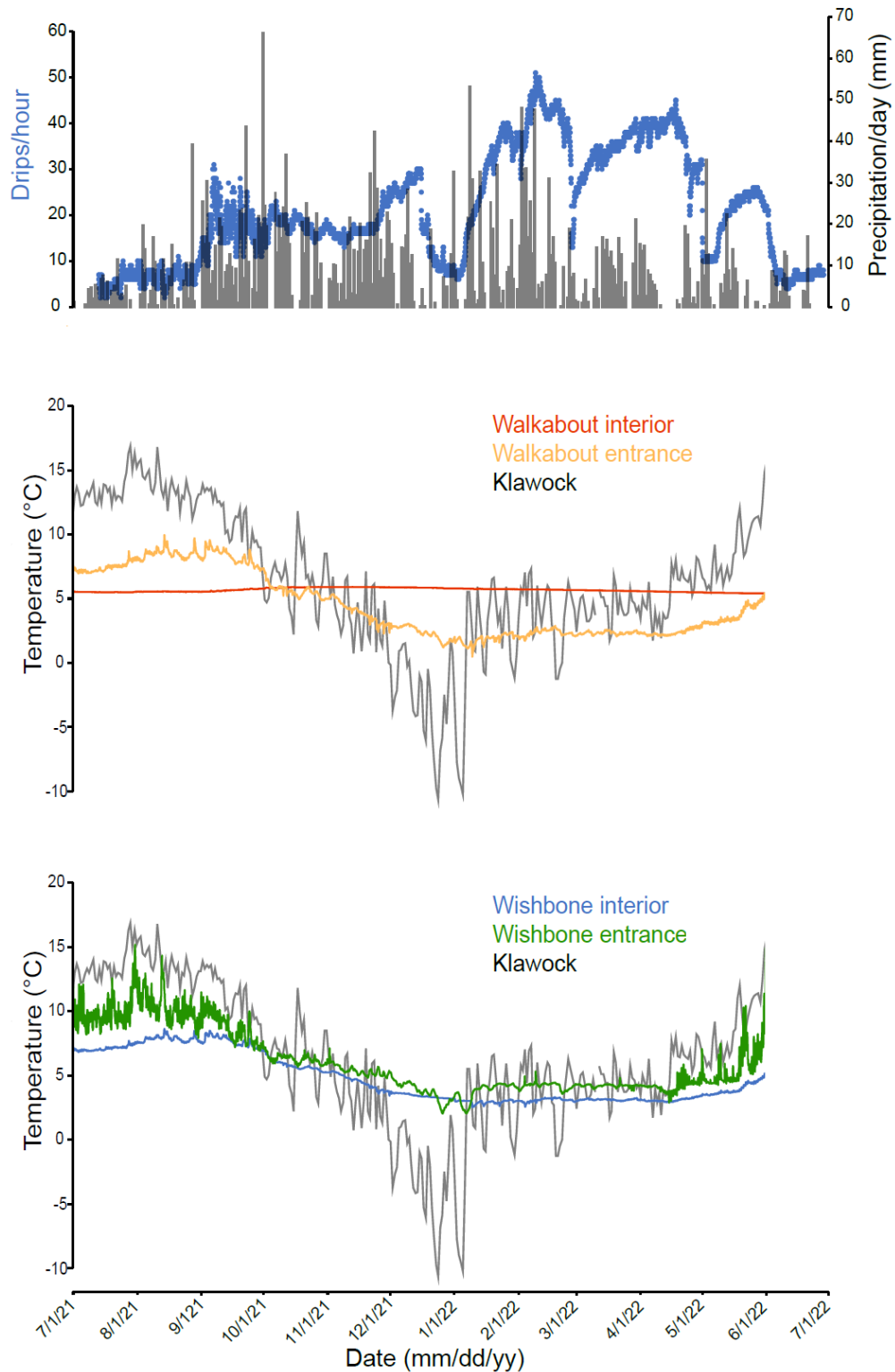
Supplementary Fig. S1: (a) Comparison of annual instrumental NINO3.4 and southeastern Alaska regional temperature anomalies, showing significant correlation at $r = .46$ ($P < .001$). (b) Comparison of 36-month instrumental NINO3.4 and regional precipitation at Juneau, Alaska, showing significant correlation at $r = .51$ ($P < .001$). NINO3.4 data was acquired at (https://psl.noaa.gov/gcos_wgsp/Timeseries/Nino34/) and Alaska instrumental data was acquired at (www.ncdc.noaa.gov/).



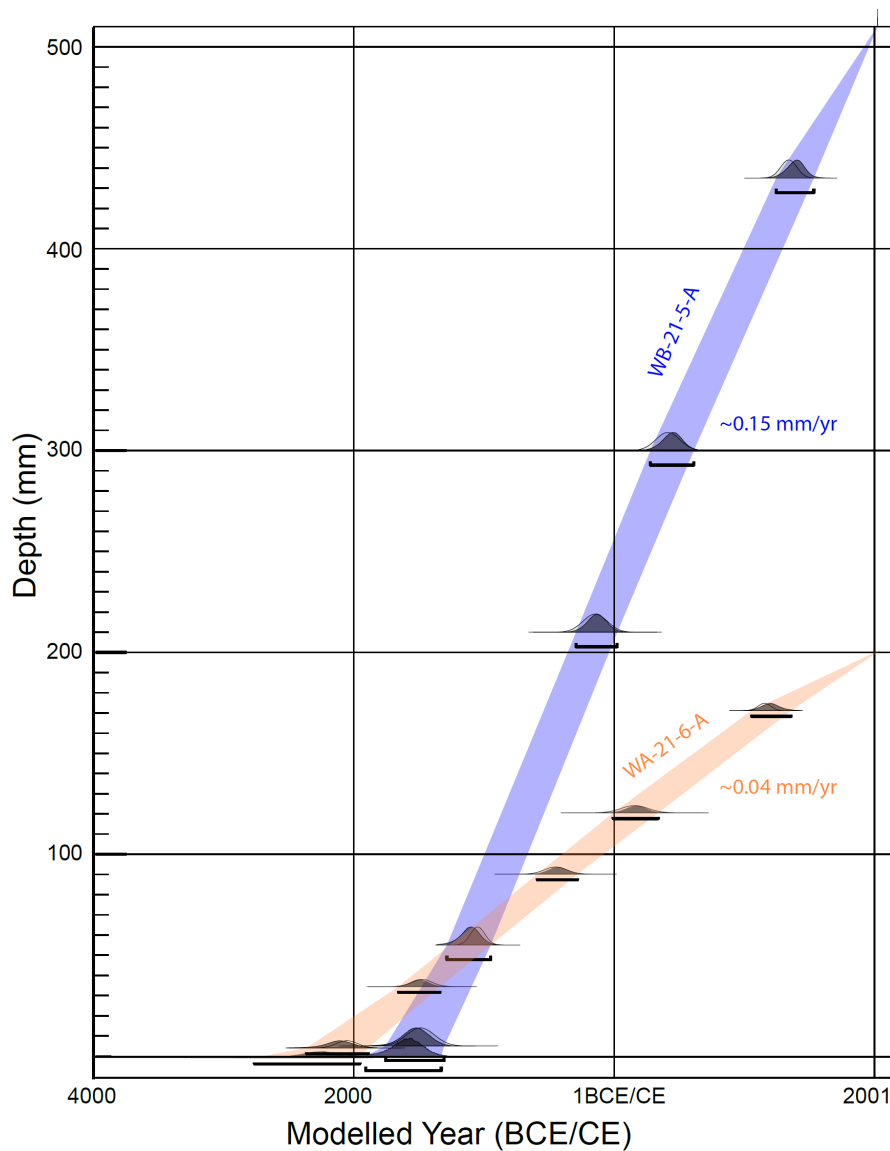
Supplementary Fig. S2: Map of study area, with location of Walkabout and Wishbone Caves (green star) and cities with NOAA meteorological data (orange circles). The caves are ~400 m apart.



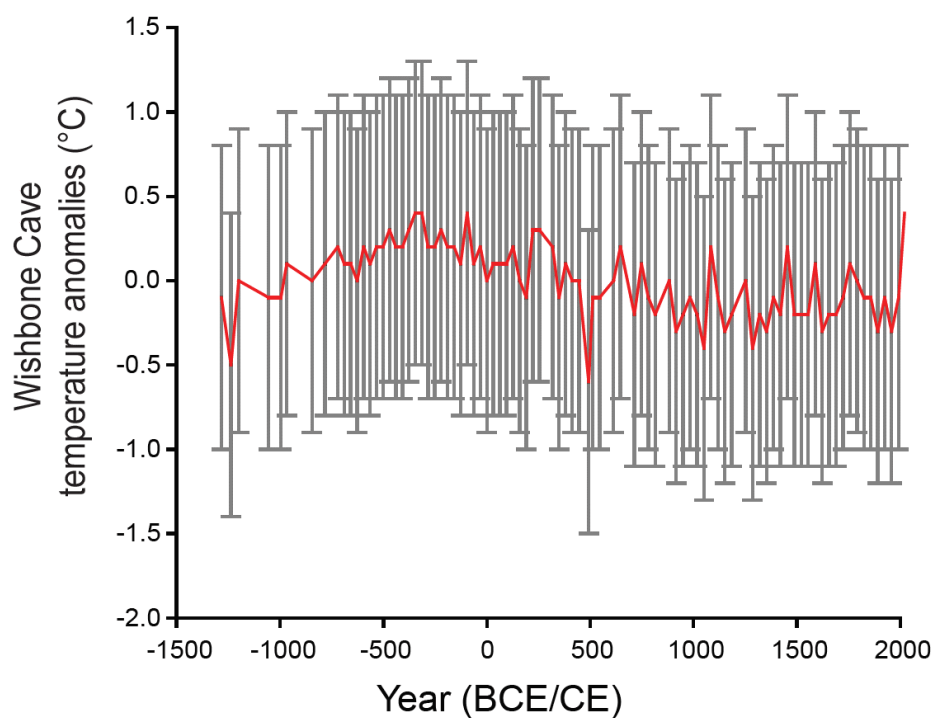
Supplementary Fig. S3: Images of cut and polished speleothems WB-21-5-A and WA-21-6-A. Red ellipses represent U-Th sampling locations.



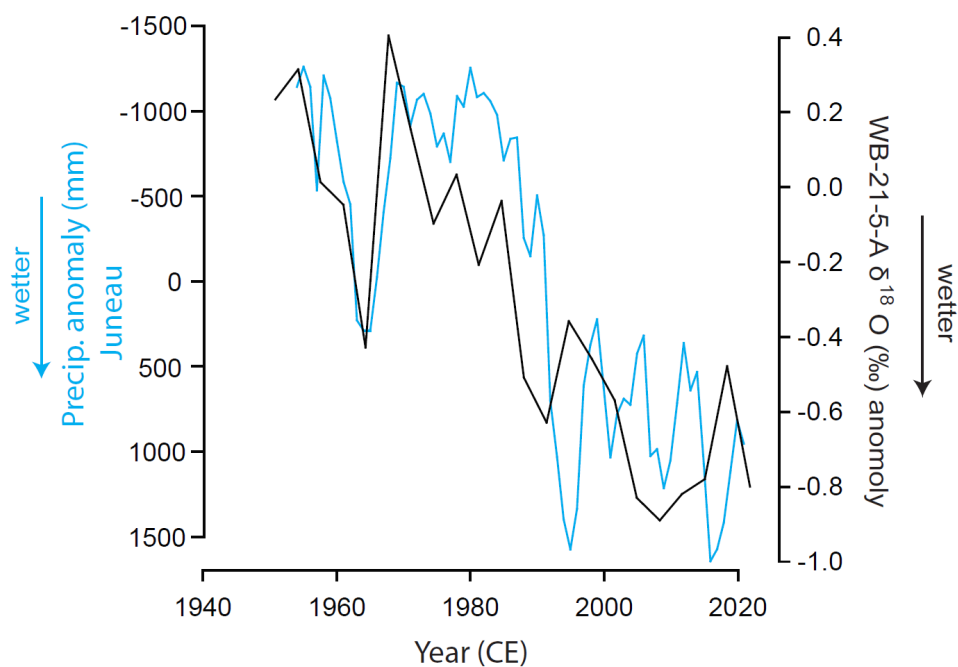
Supplementary Fig. S4: Cave monitoring data. Drip rates were collected from Walkabout Cave. Local precipitation and temperature data collected from Klawock (55.555° N, 133.096° W; 24 m a.s.l. - Supplementary Fig. S2) (Western Regional Climate Center). Drip rate fluctuations after March, and especially in mid-April, are likely influenced by snowmelt, with local temperatures consistently above 0 °C. However, precipitation trends still dominate the drip rate fluctuations.



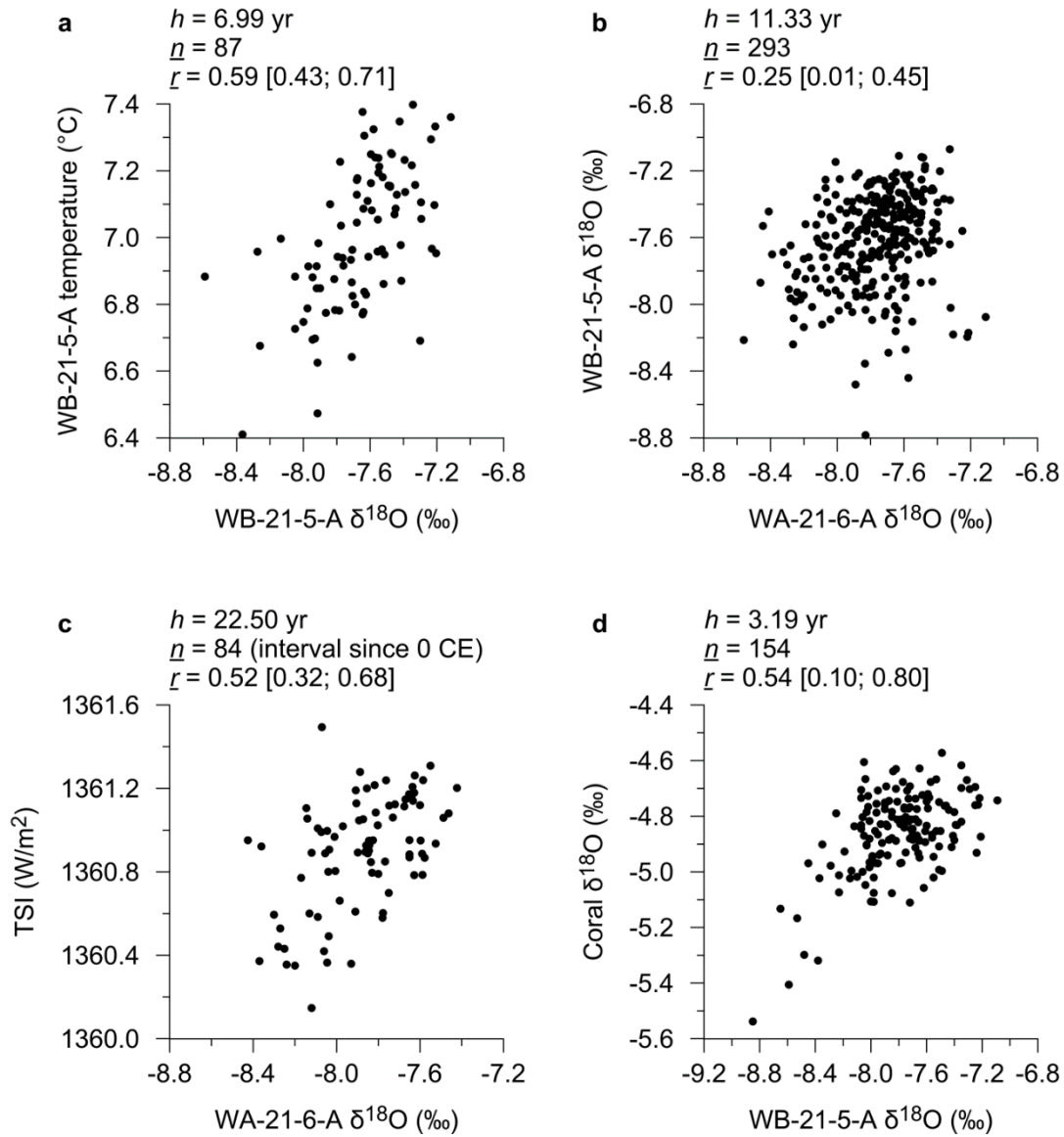
Supplementary Fig. S5: Age-depth model of speleothems WB-21-5-A (blue) and WA-21-6-A (orange), produced in OxCal 4.4 using a “k” parameter of 0.2 mm^{-1} (Bronk Ramsey, 2008; Bronk Ramsey, 2009; Bronk Ramsey & Lee, 2013). There is a notable difference in growth rates between the two speleothems, with speleothem WB-21-5-A growing $\sim 3\times$ faster than speleothem WA-21-5-A.



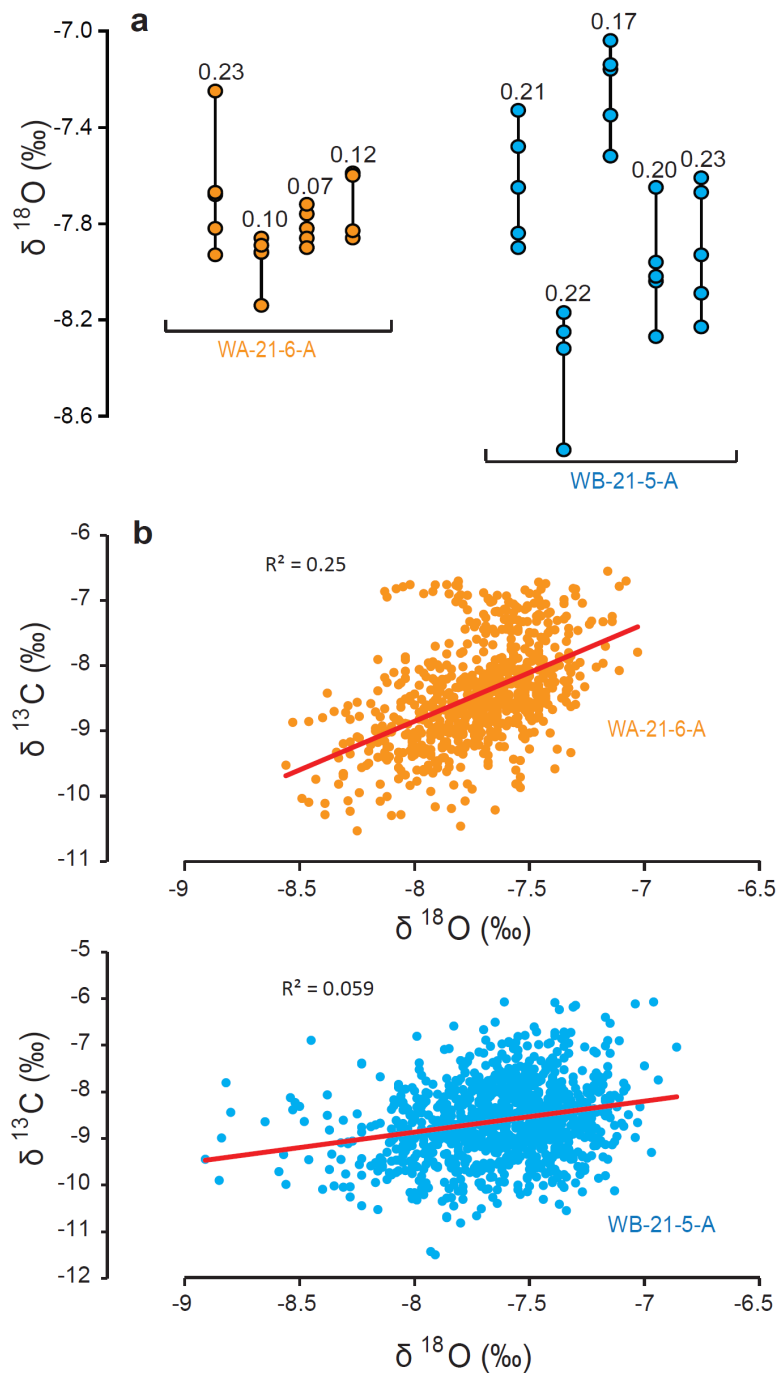
Supplementary Fig. S6: Fluid inclusion temperature reconstruction from speleothem WB-21-5-A. The transfer function of 0.31 ‰/°C was used for the temperature reconstruction (red line).



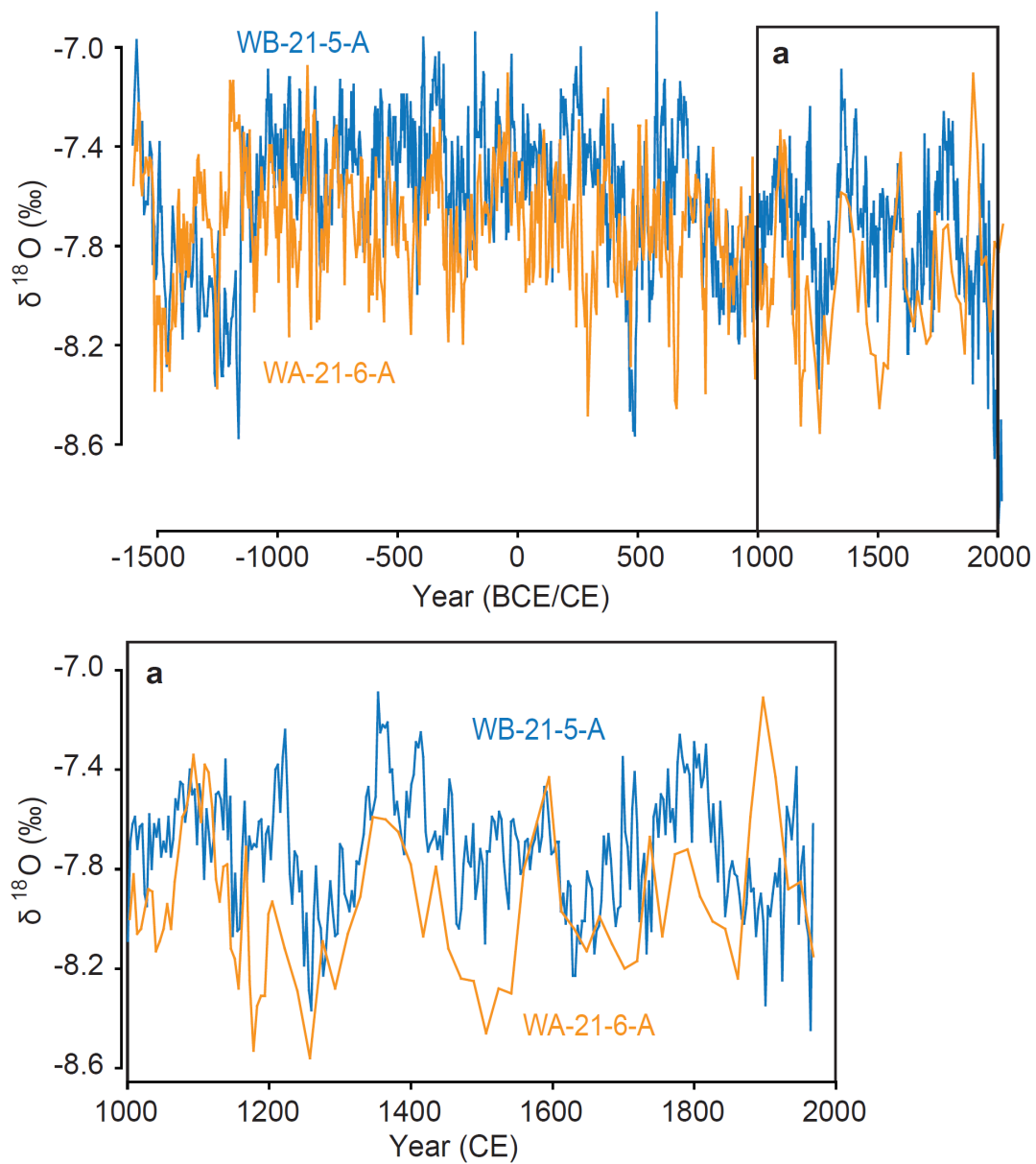
Supplementary Fig. S7: Comparison of $\delta^{18}\text{O}$ from speleothem WB-21-5-A and 60-month regional precipitation data from Juneau, Alaska (www.ncdc.noaa.gov/).



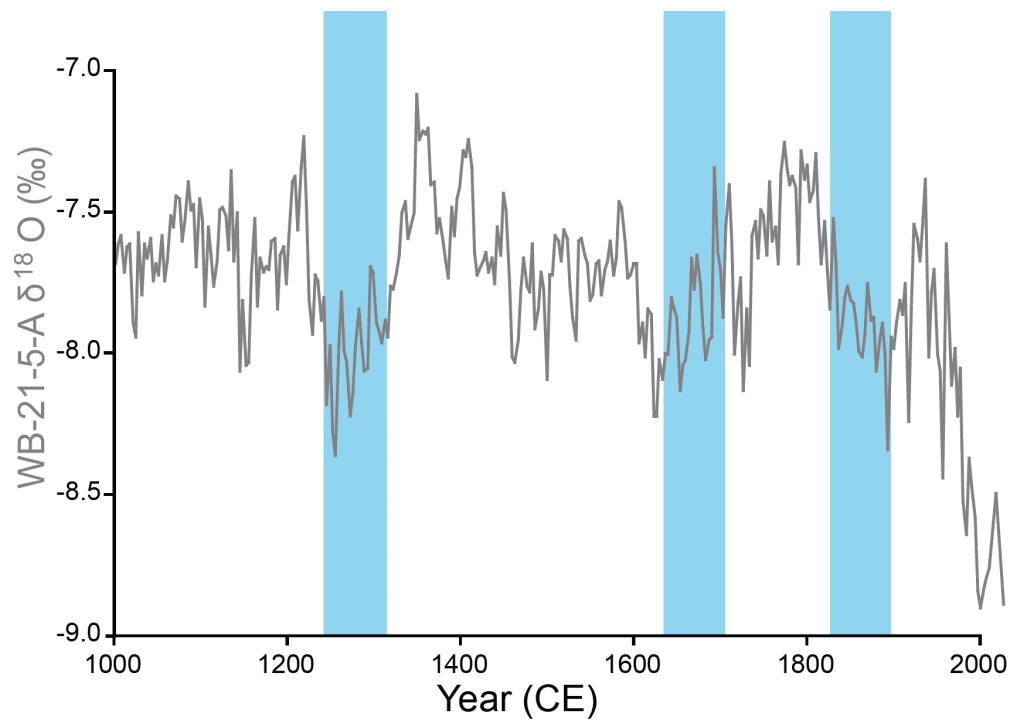
Supplementary Fig. S8: Scatterplots for selected pairs of proxy climate variables and stalagmites with results of binned correlation analysis (Mudelsee, 2014). h , binwidth; $\underline{n}$, number of filled bins; $\underline{r}$, binned correlation coefficient with calibrated 90% Student's t confidence interval.



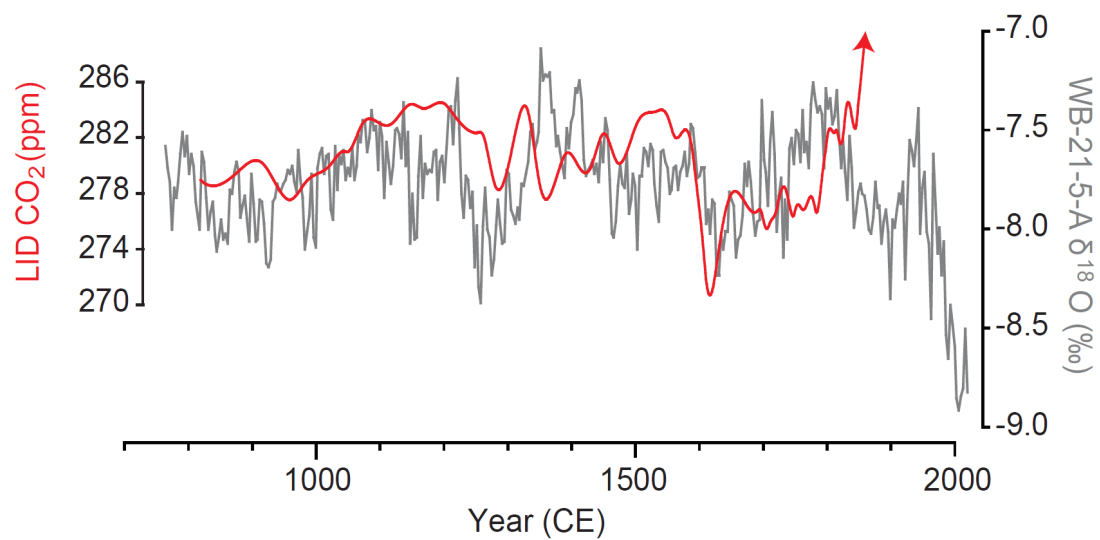
Supplementary Fig. S9: **(a)** Hendy tests for speleothem WA-21-6-A and WB-21-5-A, with a standard deviation of 0.07–0.23 for speleothem WA-21-6-A and 0.12–0.23 for speleothem WB-21-5-A, suggesting no substantial isotopic enrichment along individual growth layers. **(b)** $\delta^{18}\text{O}$ versus $\delta^{13}\text{C}$ for speleothem WA-21-6-A and WB-21-5-A. Correlations between $\delta^{18}\text{O}$ versus $\delta^{13}\text{C}$ are statistically insignificant, suggesting equilibrium fractionation.



Supplementary Fig. S10: Comparison of $\delta^{18}\text{O}$ records of speleothems WB-21-5-A and WA-21-6-A showing strong covariation. Insert **a** shows comparison between 1970 and 1000 CE that highlights the frequency difference between the two speleothems.



Supplementary Fig. S11: Speleothem WB-21-5-A $\delta^{18}\text{O}$ record for the last millennium compared to periods of glacial advances in southern Alaska (Wiles et al., 2008) marked by blue bars. Inferred periods of glacial advances before 1000 CE are excluded due to lack of chronological constraints.



Supplementary Fig. S12: Speleothem WB-21-5-A $\delta^{18}\text{O}$ vs Law Ice Dome (LID) CO_2 concentration (Rubino et al., 2019). Atmospheric CO_2 disconnects with the natural variability of the speleothem record at ~ 1850 CE.