



# Diverse perspectives from diverse scholars are vital for theoretical biology

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## Abstract

Science is based on studying some aspects of the world while holding others constant. The assumptions of what can and cannot be ignored implicitly shape our understanding of the world around us. This truth is particularly evident when studying biology through mathematical models, where one must explicitly state assumptions during the process of model building. Although we often recognize that all models are “wrong” in their assumptions, we often overlook the corollary that developing multiple models that are wrong in different ways can help us triangulate truth in our understanding. Theoretical biologists build models in the image of how they envision the world, an image that is shaped by their scientific identity, experiences, and perspectives. A lack of diversity in any of these axes handicaps our ability to understand biological systems through theory. However, we can overcome this by collectively recognizing our own assumptions, by understanding how perspective shapes the development of theory, and — most importantly — by increasing the diversity of theoretical biologists (in terms of identity, experiences, and perspectives). Combined, this will lead to developing theory that provides a richer understanding of the biological world.

**Keywords** Assumptions · Bias · Diversity · Mathematical model · Theory

## Perspectives shape science

Scientific studies typically focus on some aspects of the world while holding constant (ignoring) other aspects. Such a narrowing of perspective is essential for making progress in understanding; studying everything simultaneously would quickly become overwhelming. Yet, this approach also requires making judgment calls as to what will be explored and what will be ignored.

The assumptions of what can and cannot be ignored implicitly shape our understanding of the world around us. Only that which is studied can be understood. Systematically taking the same perspective, and thus systematically assuming away the same things, creates gaps in our knowledge. Here are several examples. The effect of biological sex was historically ignored; before 2014, the majority of research animals (from model organisms in the lab to clinical trials in humans) were male, limiting our ability to understand both

female biology and sex differences (Ogden 2021). Zebrafish are a common model system for studying behavior, yet how this behavior is shaped by parasites was ignored until recent work demonstrated that parasite infection alters fish behavior and that infections are widespread, but variable, among lab populations (Spagnoli et al. 2017). Gut microbes (which make up 99% of the microbes in humans) were ignored until the past two decades, but are now recognized to have a variety of impacts on their hosts (Moran et al. 2019). Mutualistic interactions are ubiquitous in ecological systems, yet they have historically been short-changed relative to competitive interactions in ecological textbooks due to a number of biases ranging from taxonomic to political (Bronstein 2015). And there are many many more ways our implicit assumptions shape our understanding, some of which we are not yet even aware of.

The identities, experiences, and perspectives of researchers shape their view of the world and thus the questions they ask. Although this is true for everyone, it is most easily seen for researchers who are in a minority along one of these axes. For example, Karen Warkentin’s personal experience with transitions (moving between different countries, coming out as queer) informs the transitions she studies: frogs

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that move between aquatic and terrestrial habitats through their life cycle (Gabrielle 2017). Joseph Graves Jr.’s experience with racism, as an African American evolutionary biologist, shapes his work on anti-racism (Graves 2019). Robin Wall Kimmerer’s childhood experiences in the woods and her identity as a member of the Citizen Potawatomi Nation drive her research interests in restoring both ecological communities and human relationships with the land (Kimmerer 2013). Joan Roughgarden’s scientific interests in sexual diversity are shaped by her experience with the San Francisco gay community (Gewin 2003). Each of these scientists has faced push back on their ideas, since they called attention to things that had previously been ignored and assumed to be unimportant.

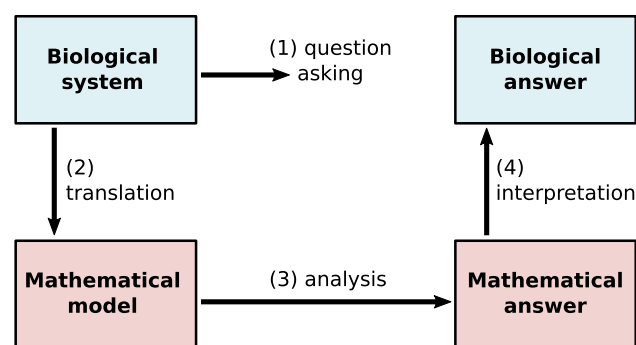
## Theory has bias

The above ideas hold across all science, yet the field of theoretical biology faces additional sources of perspective bias. Building a mathematical model of a biological system is effectively a four step process (Fig. 1): (1) posing a question about a system, (2) translating the biological system into a mathematical model, (3) analyzing the model, and (4) interpreting the mathematical result biologically. In particular, the act of translating biology into math requires making assumptions about what to ignore, assumptions that are shaped by the theorist’s perspective. For example, most models of biological invasions assume no Allee effect despite this being a widespread biological phenomenon (Gascoigne et al. 2009) with clear effects on invasions (Taylor and Hastings 2005). As another example, most models of how individual variation affects group dynamics like collective behavior take a narrow perspective of variation, considering only a small number of fixed individual “types” and overlooking the rich

axes of variation seen in empirical systems (Delgado et al. 2018). It should come as no surprise that translator identity and perspective, as well as cultural context, shape the translation of biology into math. Indeed, this concept is well established for textual translation like poetry (Weinberger and Paz 1987). Yet, the role of theorist identity in shaping mathematical theory is rarely discussed or taught. Following the step of translation, the analysis step of model building also includes assumptions shaped by the theorist’s perspective. For example, much of ecological theory has focused on equilibrium assumptions, overlooking transient dynamics (Hastings 2004). As another example, many models of evolutionary ecology assume separation of timescales between ecological and evolutionary processes (Lion 2018).

Thus, we are left with a paradox. At its core, modeling is the act of understanding the link between assumptions and outcomes. Yet, we often think of math as objective and we fail to account for subjective aspects of making specific assumptions and seeing them through to their conclusion. Another way to see this conflict is that although it is well recognized, and often overquoted, that “all models are wrong” (i.e., they make simplifying assumptions), the corollary of this is often overlooked: developing models that are wrong in different ways provides a better understanding of a system than any one model alone can. Or, as Levins (1966) put it, “our truth is the intersection of independent lies.”

Taken together, these ideas indicate that any collective bias in how theorists build and analyze models will lead to a collective bias in our understanding of biological systems. This outcome is especially problematic since theory, of which mathematical models are only one part, provides the intellectual scaffolding that we use to make sense of empirical findings (Schaechter 2012). If we neglect certain sets of assumptions and research directions, we will miss critical pieces of scaffolding, which in turn will handicap our ability to make sense of the world. One way this manifests is when we summarize a body of theory. If five models with the same core assumptions give the same answer, this provides no more generality than a single model. Multiple models only contribute to a broader understanding to the extent that they differ in their underlying assumptions. Thus, a diversity of modeling approaches, and the assumptions underlying them, is vital for good theory.



**Fig. 1** A schematic of theoretical biology as a four-step process, linking the realms of biology (in blue) and mathematics (in red). Step 1: ask a question about a biological system. Step 2: translate the biological system into a mathematical model. Step 3: analyze the model to get a mathematical answer. Step 4: interpret the mathematical answer to get a biological answer

## Theoretical biology lacks diverse perspectives

Unfortunately, theoretical biology as a field lacks the diverse perspectives that foster diverse modeling approaches. Although few, if any, studies have quantified diversity of scholar identities explicitly for mathematical biology (Lee and Clinedinst 2020), this subfield lies at the intersection

of the fields of mathematics and biology, which each lack diversity in their scholar composition (Herzig 2004; Taylor 2010; Shaw and Stanton 2012). Intuitively then, mathematical biology would similarly lack diversity. Indeed, scholars in most scientific disciplines do not reflect the diversity of identities and experiences present in the broader human population (National Science Foundation, National Center for Science and Engineering Statistics 2019).

These observations should lead us to ask, “what is it about our environment that prevents this diversity from being cultivated?” (Montgomery 2020). One answer is recruitment — how students start, are trained, the language(s) they communicate in, and whether they feel a sense of belonging (Tardy 2004; Good et al. 2012; Shaw and Stanton 2012; Lee and Clinedinst 2020; O’Brien et al. 2020). A second answer is retention — how differential failed retention of scholars by identity contributes to misrepresentation (Puritty et al. 2017; Shaw et al. 2021) and thus loss of their perspectives. We must consider the role of our academic environment, even though doing so requires the more uncomfortable action of looking inward, rather than outward. Only by getting curious about our environment of academia and how it selects for or against certain perspectives, experiences, and identities (and in turn the scholars that hold them) can we understand how to shift these selective pressures and, in turn, the composition of scholars in theoretical biology and across academia.

## Ways forward

Theoretical biologists build models in the image of how they envision the world, an image that is shaped by their scientific identity, experiences, and perspectives. Thus, cultivating a diversity of scholars (with diverse identities, experiences, and perspectives) can help ensure a diversity of assumptions and, in turn, reduce bias in our understanding of the world (Intemann 2009). Accomplishing this goal requires reexamining our academic environment to make it a place that is welcoming to diverse perspectives and the scholars who hold them. Others have written recently about ways to accomplish this in the broader field of biology (Bhalla 2019; Cooper et al. 2020; Cronin et al. 2021). Here are some ways to do so for mathematical biology, specifically.

1. Be mindful of the subjective assumptions that go into models and avoid the fallacy (of both theorists and non-theorists alike) that because math seems objective, therefore math models are objective.
2. Recognize (both individually and collectively) our own assumptions and understand how our identities, experiences, and perspectives shape the development of our theory.
3. Seek out new experiences and perspectives to uncover assumptions we did not even know we were making, and

to reshape our views of the biological world and in turn the models we develop to describe it.

4. Seek out a range of collaborators with identities, experiences, and perspectives that differ from our own. Encourage collaborators (and mentees) to bring their full identity to their work, instead of conforming to majority perspectives.
5. Think carefully when generalizing research from multiple models. Robustness of outcomes is only as strong as the diversity of assumptions that went into building them.
6. When teaching and training, show multiple models for the same biological system and discuss how researcher perspective shapes the model and thus the outcomes.

Combined, these steps will make our field more welcoming to a diverse set of scholars. In turn, this will lead to developing theory that provides a richer understanding of the biological world.

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