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## **Interleukin-17A (IL-17A): the silent amplifier of COVID-19**

**Running title:** IL-17A and COVID-19.

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## 27Abstract

28One of the hallmarks of COVID-19 is the cytokine storm that provokes primarily pneumonia  
29followed by systemic inflammation. Emerging evidence has identified a potential link between  
30elevated levels of interleukin-17A (IL-17A) and disease severity and progression. Considering that  
31*per se* IL-17A can activate several inflammatory pathways, it is plausible to hypothesize an  
32involvement of this cytokine in COVID-19 clinical outcomes. Thus, this cytokine can represent a  
33marker of disease progression and/or a target to develop therapeutic strategies. This hypothesis  
34paper aims to propose this “unique” cytokine as a silent amplifier of the COVID-19 immune  
35response and (potentially) related therapy.

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37**Keywords:** Cytokine storm, COVID-19, IL-17A, Immunotherapy, Th17.

38

39**Abbreviations:** AIFA, Italian Pharmaceutical Agency; ARDS, acute respiratory distress syndrome;  
40CD99, cluster of differentiation 99; COVID-19, Coronavirus disease 2019; CRS, cytokine release  
41syndrome; G-CSF, granulocyte-colony stimulating factor; GM-CSF, granulocyte-macrophage  
42colony-stimulating factor; GRO- $\alpha$ , growth-regulated oncogene- $\alpha$ ; ICAM-1, intercellular adhesion  
43molecule-1; IL-, interleukin-; IL- R, Interleukin- Receptor; IFN- $\gamma$ , Interferon- $\gamma$ ; IP-10, Interferon-  
44inducible protein 10; MCP1, monocyte chemoattractant protein-1; MIP-2, macrophage  
45inflammatory protein 2; MMP-, matrix metalloproteinase-; NK, natural killer; PDGF, platelet-  
46derived growth factor; PECAM-1, platelet endothelial cell adhesion molecule 1; PMNs,  
47polymorphonuclear cells; SARS-CoV-2, severe acute respiratory syndrome Coronavirus 2; Th, T-  
48helper; TNF- $\alpha$ , tumour necrosis factor- $\alpha$ ; VEGF, Vascular endothelial growth factor.

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## 501. Introduction

51Despite the huge effort of the scientific community to comprehend the molecular basis of COVID-  
5219 signs and symptoms the physiopathology of COVID-19 is still not fully clarified (Rivellese, et  
53al., 2020; Shoenfeld, 2020). Nevertheless, what it is widely ascertained is that COVID-19-related  
54pulmonary inflammation is associated with increased plasma levels of a pattern of pro-inflammatory  
55cytokines that include interleukin (IL)-6, IL-17A, tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ) Interferon- $\gamma$   
56(IFN- $\gamma$ ) and IL-12, defining a characteristic feature known as cytokine storm (Ye, et al., 2020;  
57Hirano, et al., 2020; Quirch, et al., 2020; Honore, et al., 2020).

58The cytokine storm, and related cytokine release syndrome (CRS), can be considered as “an  
59inflammatory response flaring out of control”, mostly responsible for the mortality in COVID-19  
60patients (Mahesh, et al., 2021). In this context, the potential role of IL-6 in COVID-19 pneumonia  
61has provided a rationale for the investigation of IL-6 signalling inhibitor tocilizumab (National  
62Health Commission Office of State, 2020). Even if better outcomes in patients with severe COVID-  
6319 pneumonia who received tocilizumab have been observed in case reports (Michot et al., 2020;  
64Zhang et al., 2020), in a recent randomized trial involving hospitalized patients with moderate to  
65severe COVID-19 pneumonia, the use of tocilizumab did not result in significantly better clinical  
66status or lower mortality (Rosas et al., 2021).

67On this basis, the need for effective treatments for patients with severe COVID-19 pneumonia,  
68specifically targeting the cytokine storm, continues to be a major challenge. In particular, it is  
69becoming apparent that in some patients severe COVID-19 disease is accompanied by a fulminant  
70immune reaction characterized by pronounced infiltration of macrophages and monocytes into the  
71alveolae, a pro-inflammatory T-helper 17 (Th17) response, and elevated levels of inflammatory  
72cyto-chemokines (Chen et al., 2020; Xu et al., 2020).

73Indeed, among the variety of cytokines involved, several reports reveal elevated levels of T-helper-  
7417 (Th)17 cells and circulating IL-17A in the peripheral blood of SARS-CoV-2 infected patients  
75(Bulat, et al., 2020; Megna, et al., 2020). This clinical evidence is of particular importance since IL-  
7617A induces the production of other pro-inflammatory mediators such as IL-1, IL-6, TNF- $\alpha$  that,  
77together with matrix metalloproteinases, may play a pertinent role in tissue damage (Hoffmann, et  
78al., 2020). In line with this view, the hypothesis of a direct relationship between elevated levels of  
79IL-17A and disease severity and progression are becoming more consistent (Leija-Martinez, et al.,  
802020; Pacha, et al., 2020).

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## 822. IL-17A: from discovery to COVID-19

83In the nineties, the identification of two distinct subsets of helper T cells, IFN- $\gamma$ -producing Th1 cells  
84and IL-4-producing Th2 cells, enabled the scientific community to better understand the  
85immunopathology of inflammatory diseases in humans (Yang, et al., 2008; Noack, et al., 2014).  
86However, the observation that T cell-mediated experimental autoimmune and auto-inflammatory  
87diseases were independent by Th1 and Th2 subsets prompted the investigators to identify any  
88additional, and distinct, subset in helper T cell population named Th17 (Miossec, et al., 2012).  
89Therefore, the discovery of Th17 cells and relative IL-17 cytokines family gave a new impulse to

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90the immunology field bridging the gap and giving not only “a wider vision” of both innate and  
91adaptive immunity, but also to identify this “unique” cytokine as a silent amplifier of the immunity  
92process (D’Acquisto, et al., 2010). The IL-17A peculiarity compared to the other cytokines relies on  
93the presence of a specific subset of T helper cells that selectively produce this cytokine namely  
94Th17. The discovery of IL-17A and its biological function has revolutionized the field of  
95immunology and it has completely changed the way we look at many immune-related and  
96inflammatory-based diseases (Maione, 2016). Chronologically, the discovery of IL-17A as a pro-  
97inflammatory cytokine in arthritis preceded the description of the Th17 cells by many years.  
98However, only in more recent years following the identification of Th17 cells a significant role for  
99this cytokine in host defence, as well as in the context of acute and chronic inflammation, has been  
100definitively assessed (Maione, et al., 2009; Maione, et al., 2018). Data available from both basic  
101research and clinical trials demonstrate that the IL-17A immune axis is undoubtedly characterized  
102by distinct biological effects that vary among diseases (**Figure 1**).

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### 1043. IL-17A in acute and chronic inflammation

105In the last few years, the scientific community has focused attention on IL-17A due to its pivotal  
106role in the ongoing events typical of some inflammatory-based chronic diseases (D’Acquisto, et al.,  
1072010; Lubberts, 2015). Indeed, this cytokine is implicated in the mechanisms involved in cell  
108activation, growth, and proliferation (Gaffen, 2004; Kehlen, et al., 2002). Specifically, current  
109studies have shown a close correlation, in the early stages of the inflammatory response, between  
110IL-17A and the recruitment of polymorphonuclear cells (PMNs) (Pedraza-Zamora, et al., 2017;  
111Wojkowska, et al., 2014). Indeed, both preclinical and clinical data have underlined the importance  
112of IL-17A as a regulator of PMNs infiltration due to its chemotactic activity (Maione, et al., 2009;  
113Witowski, et al., 2000). In this context, it has been shown that IL-17A plays a main role in  
114neutrophils maturation and differentiation This is due to its ability to increase granulocyte-colony  
115stimulating factor (G-CSF) release (Ley, et al., 2006), thereby fostering the differentiation of the  
116progenitors hematopoietic CD34<sup>+</sup> towards neutrophils (Fossiez, et al., 1996). IL-17 can also induce  
117other granulopoiesis markers and chemokines, such as growth-regulated oncogene- $\alpha$  (GRO- $\alpha$ ), that  
118regulate neutrophil penetration into tissues (Schwarzenberger, et al., 1998; Witowski, et al., 2000).  
119Furthermore, IL-17A promotes also cyto-chemokines release namely IL-1, IL-6, TNF- $\alpha$ ,  
120macrophage inflammatory protein 2 (MIP-2), IL-8, Interferon-inducible protein 10 (IP-10) all used  
121by neutrophils in chemotaxis (Albanesi, et al., 1999; von Vietinghoff, et al., 2008; Xu, et al., 2010).

122The involvement of neutrophils and, more generally, of PMNs during the early phase of acute  
123inflammation, involves cyto-chemokines released by macrophages/monocytes subset (Cray, et al.,  
1242009). It has been reported that the release of macrophage-related cytokines, including IL-1, TNF- $\alpha$   
125and IL-6, is prompted by IL-17A to propagate and amplify the inflammatory onset (Jovanovic, et  
126al., 1998). Indeed, IL-17A induces monocyte adhesion, increasing the release of intercellular  
127adhesion molecule-1 (ICAM-1), integrin  $\alpha$ 4, platelet endothelial cell adhesion molecule 1  
128(PECAM-1) and cluster of differentiation 99 (CD99), representing one of the main stimuli for  
129monocytes maturation and activation (Wang, et al., 2014).

130The biological effects exerted by IL-17A also includes its synergistic activity with other pro-  
131inflammatory “inducers”. IL-17A, in combination with IL-1 $\beta$  and TNF- $\alpha$ , enhances the  
132inflammatory reaction in cartilage, synovium and meniscus (Hwang, et al., 2004; Moseley, et al.,  
1332003). IL-17A is also associated with the degradation of articular cartilage and destruction of bone  
134due to the production of the matrix metalloproteinase-(MMP-) 1 and MMP-13 collagenases in  
135chondrocytes, the degradation of proteoglycans, and the expression of IL-6 and leukaemia  
136inhibitory factor in fibroblast-like cells of the synovium (Blauvelt, et al., 2018; Kehlen, et al., 2003).  
137As schematically reported in **Figure 1**, considering the variety of its actions, IL-17A can be  
138considered a “*not canonical*” pro-inflammatory cytokine. Indeed, it plays a unique role in the  
139context of ongoing inflammatory diseases by exacerbating cellular and biochemical events activated  
140during the acute phase of the inflammatory response. Although predominantly acting at the local  
141site, IL-17A can also circulate in the bloodstream and thus may indirectly affect endothelial cells  
142function inducing vascular inflammation, increasing the risk of atherosclerosis, and/or cardiac and  
143thrombotic events in patients with certain inflammatory-based diseases (Beringer, et al., 2019).  
144Moreover, IL-17A, in combination with TNF- $\alpha$ , is also responsible for a pro-coagulant and pro-  
145thrombotic state (Hot, et al., 2012; Maione, et al., 2011) thus providing evidence for its implication  
146in the cardiovascular events associated with autoimmune diseases (Casillo, et al., 2020; Raucci, et  
147al., 2020).

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#### 1494. IL-17A as a rheostat of COVID-19 immune response

150To manage the severe pulmonary clinical manifestations coupled to tissues and organs dysfunctions  
151generated by cytokine storm is one of the primary endpoints of therapeutic intervention against  
152COVID-19. It has been reported increased levels of C-reactive protein, IL-1 $\beta$ , IL-1 Receptor (IL-  
1531RA), IL-2, IL-6, IL-7, IL-8, IL-9, IL-10, IL-17A, G-CSF, granulocyte-macrophage colony-

154stimulating factor (GM-CSF), IFN- $\gamma$ , IP-10, monocyte chemoattractant protein-1 (MCP1), MIP-1 $\alpha$ ,  
155MIP-1 $\beta$ , platelet-derived growth factor (PDGF), TNF- $\alpha$ , and vascular endothelial growth factor  
156(VEGF) in patients experiencing CRS. Comparisons between severely affected individuals and non-  
157severe cases showed higher leukocyte and neutrophil counts but lower lymphocyte levels. Whilst a  
158decrease in B cells, T cells, and natural killer (NK) cells was also observed in all affected  
159individuals (Huang, et al., 2020).

160Elevated levels of Th17 cells in the peripheral blood of SARS-CoV-2 infected patients have been  
161described (Xu, et al., 2020). This finding strongly suggests an amplifier role for IL-17A in the  
162inflammatory response, since it triggers the production of other pro-inflammatory cytokines i.e. IL-  
1631, IL-6, TNF- $\alpha$  (Xu, et al., 2020). The decrease in lymphocytic population subsets, coupled with the  
164rise in Th17 cells and Th17-derived cytokines observed in these patients, consolidate the idea of an  
165immune response that drives severe inflammation (Hoffmann, et al., 2020). In line with this  
166hypothesis, a recent report highlighted that in COVID-19 patients with pneumonia, there is an  
167increased capability of CD4<sup>+</sup> or CD8<sup>+</sup> T cells to produce *in vitro* IL-17A, activating neutrophils to  
168release higher IL-17A within peripheral blood (De Biasi, et al., 2020). Notably, recent studies have  
169demonstrated that the excessive IL-17A production, observed in patients with acute lung injury, is  
170correlated to maladaptive neutrophil recruitment, stimulation of pro-inflammatory mediators, and  
171prevention of apoptosis due to induction of granulocyte colony-stimulating factor expression  
172(Orlov, et al., 2020). Taken together, these findings underline a key role of IL-17A in COVID-19  
173and likely could pave the way to novel therapeutic approaches based upon IL-17A blockage by  
174biological drugs that are already available (Bulat et al., 2021; Pasrija, et al., 2021).

175At the present stage, three are commercially available options to block this target (**Figure 2**):  
176Secukinumab (human monoclonal antibody to IL-17A), Ixekizumab (humanized monoclonal  
177antibody to IL-17A) and Brodalumab (human monoclonal antibody to the IL-17R). By targeting IL-  
17817A, the monoclonal antibodies could operate upstream the cytokine storm release, resulting in a  
179reduction of neutrophil and inflammatory monocytes recruitment, (Pacha, et al., 2020; Raucci, et  
180al., 2020). Consequently, IL-17A by inducing a pattern of pro-inflammatory cytokine, IL-6  
181included, could represent a convincing target for the treatment of severe and non-severe pulmonary  
182inflammatory states in patients with COVID-19. In support of this hypothesis, a case-based review  
183(Coskun, et al., 2020) and preliminary reports on COVID-19 patients who underwent to  
184secukinumab treatment, suggest a favourable outcome (Di Lernia et al., 2020; Galluzzo, et al.,  
1852020) thereby modulation of IL-17A signalling through the JAK/STAT inhibitor fedratinib has  
186been proposed (Wu et al., 2020). However, further studies are necessary to test the benefit/risk ratio  
187of IL-17A inhibitors in SARS-CoV-2 infected individuals.

## 1885. **Conclusion and perspective**

189 COVID-19 has become an indisputable global burden. One of the main hallmarks is the cytokine  
190 storm that provokes primarily pneumonia followed by systemic inflammation. Currently, no  
191 treatment can act specifically against SARS-CoV-2 infection. Once administered to the global  
192 population, it will remain to see to what extent the vaccination program will be safe and effective,  
193 and whether such vaccines act on the new variant/s as well. Therefore, also considering that the  
194 timing of post-vaccination immune coverage is still unknown, the need of effective and focused  
195 therapy to control COVID-19 clinical outcomes is becoming a priority. Emerging investigations  
196 have identified a potential link between elevated levels of IL-17A and disease severity and  
197 progression. Since IL-17A *per se* can activate specific inflammatory pathways, it is plausible to  
198 hypothesize an involvement of this cytokine in COVID-19 infection, prompting suggestions of  
199 targeting this cytokine for therapeutic purposes and/or to use it as a marker of disease progression.

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## 201 **Author contributions**

202 FM, GMC and FR drafted the manuscript. MB and FM revised the manuscript. All Authors gave  
203 final approval to the publication.

204

## 205 **Declaration of transparency and scientific rigour**

206 This Declaration acknowledges that this paper adheres to the principles for transparent reporting  
207 and scientific rigour of preclinical research as stated in the BJP guidelines for Design & Analysis,  
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**391Figure legends**

392**Figure 1. Biological function of IL-17.** Scheme of the main biological function of IL-17A on  
393different cells and soluble factor. Taking into account the variety of its actions, IL-17A can be  
394considered a "not canonical" pro-inflammatory cytokine since it plays a unique role in the context  
395of ongoing inflammatory diseases by exacerbating cellular and biochemical events activated during  
396the acute phase of the inflammatory response.

397**Figure 2. Mechanism of COVID-19 replication and potential cytokines-related therapeutic**  
398**targets.** In the upper part of the figure is depicted the complex mechanism of COVID-19 infection  
399followed by (bottom part) its replication. The cartoon also presents an overview of IL-6 and IL-17A  
400(and cytokine-related available antibodies) signalling pathway. IL-17A binding a heterodimer  
401receptor composed of IL-17RA and IL-17RC induces cytokines production. IL-17A signalling can  
402be blocked by antibodies targeting IL-17A (Secukinumab or Ixekizumab) or the A chain of its  
403receptor (Brodalumab).