

1 **Remedial dosing regimens for delayed or missed rivaroxaban doses in patients**

2 **with non-valvular atrial fibrillation based on Monte Carlo simulation**

3 **Running head: remedial dosing regimens of rivaroxaban**

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11 Word count: 3828

12 Table count: 3

13 Figure count: 5

14

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15 **Abstract**

16 **Background:** Rivaroxaban is an oral anticoagulant used widely for stroke prevention
17 in patients with non-valvular atrial fibrillation (NVAf). During long-term
18 anticoagulant therapy, delayed or missed doses are common. However, a lack of
19 practical instructions on remedial methods has created a barrier to maximise the
20 benefit of the medications. This study aimed to explore appropriate remedial dosing
21 regimens for non-adherent rivaroxaban-treated patients.

22 **Methods:** Monte Carlo simulation based on a previously established rivaroxaban
23 population pharmacokinetic/pharmacodynamic (PK/PD) model for patients with
24 NVAf was employed to design remedial dosing regimens. The proposed regimens
25 were compared with remedial strategies in the European Heart Rhythm Association
26 (EHRA) guide by assessing deviation time in terms of drug concentration, factor Xa
27 activity, and prothrombin time under various scenarios of non-adherence.

28 **Results:** The proposed remedial dosing regimens were dependent on delay duration.
29 The missed dose should be taken immediately when the delay does not exceed 6 h; a
30 half dose is advisable when the delay is between 6-20 h. A missed dose should be
31 skipped if less than 4 h remains before the next dose. Age or renal function does not
32 significantly influence remedial dosing regimens. The proposed regimens resulted in
33 shorter deviation time than that of the EHRA guide in most non-adherence scenarios.

34 **Conclusion:** EHRA guide may not provide optimal remedial strategies for
35 rivaroxaban-treated non-adherent patients based on simulation. PK/PD and simulation

36 provide valid evidence on the remedial dosing regimen of rivaroxaban for patients
37 with NVAf, which could help to minimise the risk of bleeding and
38 thromboembolism.

39 **Keywords:** adherence, modelling and simulation, pharmacokinetic-
40 pharmacodynamic, anticoagulants, medication safety

41 *What is already known about this subject:*

42 Delayed or missed rivaroxaban is common in stroke prevention for patients with non-
43 valvular atrial fibrillation and may increase thrombosis risk.

44 Current remedial dosing strategies recommended by package insert and European
45 Heart Rhythm Association guide lack of supporting evidence.

46

47 *What this study adds:*

48 Proposed remedial dosing strategy is related to delay duration, but not related to age
49 and renal function.

50 Newly proposed remedial dosing strategies based on Monte Carlo simulation may
51 provide better solutions than current practice in most non-adherence scenarios.

52 1 Introduction

53 Rivaroxaban is one of the most commonly used non-vitamin K oral anticoagulants
54 (NOACs) and was the first oral direct factor Xa (FXa) inhibitor approved for stroke
55 prevention in patients with non-valvular atrial fibrillation (NVAF) [1-5]. More than
56 two-thirds of rivaroxaban doses are excreted by the kidney as metabolites or
57 unchanged drugs[6, 7]; therefore, dose adjustment based on renal function is required
58 in patients with moderate renal impairment (creatinine clearance, CrCl, 30–49
59 mL/min) [2] to achieve consistent efficacy and safety, when compared with the case
60 in individuals with normal renal function [8].

61 Patients with NVAF receiving anticoagulant therapy usually require long-term
62 therapy; however, adherence to NOACs, including rivaroxaban, decreases over time.
63 In a large retrospective study, adherence to rivaroxaban was 68% three months after
64 treatment initiation and decreased to 50% after twelve months of treatment [9].
65 Additionally, a considerable proportion of NVAF patients are elderly patients (> 70
66 years) [10, 11]. Delayed or missed doses, which represents a major form of non-
67 adherence in clinical practice, is common in this population of elderly patients [12,
68 13]. As a class of drugs with fast on/fast off characteristics [14], low adherence to
69 NOACs is associated with an increasing risk of mortality and stroke [15-17]. For
70 example, a 10% decrease in dabigatran adherence, another NOAC, results in a 13%
71 increase in all-cause mortality and stroke [18]. Therefore, appropriate remedial dosing
72 to keep patients in appropriate therapeutic range after delayed or missed rivaroxaban

73 dose is necessary, to minimise the occurrence of thromboembolic events, and to avoid
74 the unintentional overdose. Developing an appropriate remedial regimen is essential
75 for the prevention of overdose-related bleeding events and underdose-related
76 thromboembolic events caused by inappropriate remedial dosing. By providing
77 scenario-specific instructions, patients can maximise the benefit and minimise the risk
78 associated with rivaroxaban therapy.

79 Several resources provide general recommendations for patients who experience a
80 delayed or missed dose. The package inserts from the United States Food and Drug
81 Administration (US FDA) states that ‘the patient should take the missed rivaroxaban
82 dose immediately. The dose should not be doubled within the same day to make up
83 for a missed dose’ [2]. Similar recommendations are found in patient information
84 leaflets [19] and consumer medicine information [20]. Furthermore, the 2018
85 European Heart Rhythm Association (EHRA) practical guide on the use of NOACs in
86 patients with atrial fibrillation recommends that ‘for NOACs with a once-a-day
87 dosing regimen, a delayed dose can be taken up until 12 h after the scheduled intake.
88 After this time point, the dose should be skipped, and the next scheduled dose should
89 be taken’ [21]. However, these recommendations are not supported by solid evidence
90 from clinical studies or by extrapolation from pharmacokinetic/pharmacodynamic
91 (PK/PD) analyses. It is also uncertain whether the recommendation can be applied to
92 patients with impaired renal function.

93 Although human studies are ideal for assessing the proposed remedial regimen,
94 prospective clinical research is unethical, and post-marketing adherence data are
95 usually inadequate to explore the effects of non-adherence and to investigate
96 appropriate remedial doses [22]. Monte Carlo simulations based on established
97 population PK/PD models provide a practical approach to overcome this problem and
98 have been successfully applied to antiepileptic, antipsychotic, and immunosuppressive
99 agents [23]. Therefore, this study aimed to (i) assess the effect of delayed dose on the
100 PK/PD of rivaroxaban and (ii) explore appropriate remedial dosing regimens by
101 Monte Carlo simulation for patients with NVAf receiving rivaroxaban.

102 **2 Materials and methods**

103 **2.1 Patients and dosing regimens**

104 Adult patients (aged 55 or 75 years old) with various levels of creatinine clearance
105 (CrCl, calculated by the Cockcroft-Gault formula [24]) were simulated, including
106 patients with normal and moderately impaired renal function (CrCl 80 and 40
107 mL/min, respectively). The demographic characteristics of patients with NVAf were
108 collected from epidemiologic reports [10, 11, 25]. As indicated on the US FDA label
109 [2] and as recommended in the 2018 EHRA guide [21], patients with CrCl ≥ 50
110 mL/min received rivaroxaban 20 mg every 24 h (q24h), and those with CrCl 30–49
111 mL/min received 15 mg q24h. It was assumed that patients took rivaroxaban with
112 food at the same time every day. Demographic information and simulated dosing
113 regimens for typical patients are listed in [Table 1](#).

114

115 **2.2 Remedial dosing regimen assessment**

116 For patients with NVAf taking rivaroxaban 20 or 15 mg daily, various scenarios were
117 investigated in which doses were delayed from 1 to 24 h after the scheduled time
118 (Figure 1).

119 **2.2.1 Population PK/PD model and simulation**

120 A previously published population PK/PD analysis of rivaroxaban was used in our
121 study[26]. The study cohorts were obtained from a subset of patients in the largest
122 multinational phase III ROCKET AF trial (Rivaroxaban once daily Oral direct factor
123 Xa inhibition Compared with vitamin K antagonism for prevention of stroke and
124 Embolism Trial in Atrial Fibrillation) [27]. A total of 161 NVAf patients with time-
125 matched PK and PD samples were included in this population PK/PD analysis. These
126 included 136 patients with normal or mildly impaired renal function ($\text{CrCl} \geq 50$
127 mL/min) receiving 20 mg daily, and 25 patients with moderate renal impairment
128 (CrCl 30–49 mL/min) receiving 15 mg daily. Detailed demographic and dosing
129 regimen information is listed in [Supplementary Table 1](#). Blood samples were used to
130 determine rivaroxaban concentration, FXa activity, and prothrombin time (PT).
131 In this analysis, population PK was depicted by a one-compartment model with first-
132 order absorption and elimination. The PK model was parameterised by the absorption
133 rate constant (k_a), apparent clearance (CL/F), and apparent volume of distribution (V /
134 F). The time-concentration relationship is described in Eq. 1.

$$C_p = \frac{k_a \cdot F \cdot DOSE}{V \cdot (k_a - \frac{CL}{V})} \cdot \left[\left(\frac{1 - e^{-\frac{CL}{V} \cdot n \cdot \tau}}{1 - e^{-\frac{CL}{V} \cdot \tau}} \cdot e^{-\frac{CL}{V} \cdot t} \right) - \left(\frac{1 - e^{-k_a \cdot n \cdot \tau}}{1 - e^{-k_a \cdot \tau}} \cdot e^{-k_a \cdot t} \right) \right] \quad (\text{Eq.1})$$

This equation comprised bioavailability (F), dose (DOSE; mg), apparent volume of distribution (V; L), number of doses administered (n), dosing interval (τ ; h), time after the last dose (t; h), and concentration at time t (C_p ; mg/L). Age and serum creatinine (SCr; mg/dL) affected CL/F (Eq 2.), while age and lean body mass (LBM) influenced V/F (Eq 3.).

$$CL/F \text{ (L/h)} = 6.1 \cdot (1 - 0.011 \cdot [\text{age} - 65] - 0.194 \cdot [\text{SCr} - 1.09]) \quad (\text{Eq. 2})$$

$$V/F \text{ (L)} = 79.7 \cdot (1 - 0.00133 \cdot [\text{age} - 65] + 0.0118 \cdot [\text{LBM} - 57.5]) \quad (\text{Eq. 3})$$

PD markers, including FXa activity and PT, were modelled to correlate with rivaroxaban concentration. FXa activity was negatively correlated with the concentration of rivaroxaban, with a direct inhibitory maximum-effect (E_{\max}) relationship, as described by Eq 4.

$$FXa = E_0 \cdot \left(1 - \frac{E_{\max} \cdot C_p}{EC_{50} + C_p} \right) \quad (\text{Eq.4})$$

where, E_0 represents baseline FXa activity, E_{\max} represents the relative maximum level of inhibition, and EC_{50} represents the concentration of rivaroxaban resulting in 50% of maximum inhibition.

PT was positively correlated with rivaroxaban concentration in a near-linear relationship, as described by Eq 5.

$$PT = PT_0 + \text{slope} \cdot C_p^{1 - \text{exponent} \cdot C_p} \quad (\text{Eq.5})$$

PT₀ represents baseline PT, slope represents the per unit difference in CrCl (mL/min) to the median CrCl (76 mL/min), and the exponent represents the parameter describing the decline linearly with increasing C_p. CrCl was found to affect both PT₀ and the exponent, which is expressed by Eq.6 and Eq.7.

$$PT_0 = 11.4 \cdot (1 - 0.000192 \cdot [CrCl - 76]) \quad (Eq.6)$$

$$Exponent = 0.0000551 \cdot (1 + 0.0174 \cdot [CrCl - 76]) \quad (Eq.7)$$

All PK/PD parameter estimates employed in the Monte Carlo simulation are listed in Table 2.

Monte Carlo simulations were performed with NONMEM software (version 7.4; Icon Incorporation, PA, USA) using the \$SIMULATION block. Output profiles were processed using the R package (version 3.5.3, <https://www.r-project.org/>). A total of 5000 virtual patients were simulated to depict the PK/PD profiles under each non-adherence scenario. Virtual patients were assumed to have already received multiple doses of rivaroxaban and have reached steady state. Patients were also assumed to obtain expected level of anticoagulation without any unexpected drug-related adverse effects.

2.2.2 Remedial dosing regimens

Based on previous research and clinical practice [23], six strategies, as well as recommendations included in the EHRA guide, were assessed when the dose was delayed or missed. Graphic remedial strategies are shown in Figure 2, and details are below as follows:

Strategy A: skip the delayed dose, administer the regular dose at the next scheduled dosing time, and then resume the regular dosing regimen.

Strategy B: administer the regular dose immediately, followed by a regular dose at the next scheduled dosing time, and then resume the regular dosing regimen.

Strategy C: administer a half dose immediately followed by a regular dose at the next scheduled dosing time, and then resume the regular dosing regimen.

Strategy D: administer a regular dose immediately followed by a half dose at the next scheduled dosing time, and then resume the regular dosing regimen.

Strategy E: administer one and a half regular doses immediately, skip the next scheduled dose, and then resume the regular dosing regimen.

Strategy F: administer a double dose, skip a dose at the next scheduled dosing time, and then resume the regular dosing regimen;

EHRA guide: administer the delayed dose if less than 12 h late; otherwise, skip the delayed or missed dose and administer the next scheduled dose.

2.2.3 Index for evaluating remedial regimens

Currently, there is no widely accepted therapeutic range of rivaroxaban concentrations, FXa activity, or PT. Therefore, the on-therapy range, defined as the ‘interval delineated by the 5th percentile trough concentration and the 95th percentile peak concentration’ at the steady state of a given dose [28, 29], was used in this study.

Considering the differences in patient demographics, we estimated the on-therapy range for each typical patient at steady state by Monte Carlo simulation. To assess the

effect of a delayed or missed dose, we defined the percentage of individuals outside the on-therapy range as those whose concentration or PD marker levels were not within the on-therapy range. The percentages of individuals outside the on-therapy range under all non-adherence scenarios described above were estimated to evaluate the effect of non-adherence over time.

Deviation time, defined as the duration when simulated rivaroxaban concentration, FXa activity or PT were outside the on-therapy range, was chosen as the index to evaluate the remedial regimen. It was calculated by adding each deviation time when simulated data is higher than the upper limit and lower than the lower limit of on-therapy range. The two aspects of deviation time may represent higher risk of bleeding and thromboembolic events, respectively. It was assumed that patients adherent to rivaroxaban had reached expected anticoagulant effects within the on-therapy range. Therefore, when the rivaroxaban dose was delayed or missed, optimal remedial dosing could help patients to restore the rivaroxaban concentration, FXa activity, or PT to the on-therapy range as soon as possible to minimise the deviation time.

Two remedial dosing regimens with deviation times of less than 2 h were assumed to be equivalent. If there were discrepancies among recommendations for rivaroxaban concentration, FXa activity, or PT, those based on FXa activity were prioritised. This was because quantification of FXa activity is considered as a more specific biomarker

for NOACs, which is recommended by the International Society on Thrombosis and Haemostasis American College of Chest Physicians guidelines [30, 31].

2.2.4 Sensitivity analysis

A sensitivity analysis was applied to identify parameters that had a substantial influence on model output, and to determine the extent that these important parameters contributed to the overall variability in model output [32]. Therefore, dosing intervals and demographic characteristics (age and lean body weight) were included in the sensitivity analysis to investigate their influence on the remedial dosing regimens.

Irregular dosing intervals of 22–26 h (18:00, 16:00, and 18:00) and 26–22 h (18:00, 20:00, and 18:00) were assessed considering situations where patients took rivaroxaban at different times every day. Moreover, considering the demographics of the modelling population, patients with different ages and body weights (expressed as LBM in population analysis) were also investigated ([Supplementary Table 2](#)). Furthermore, the criterion used to judge the equality of the two strategies was also examined from 1 to 3 h, to investigate whether it had an influence on the remedial dosing recommendations.

3 Results

3.1 Effect of delayed or missed doses of rivaroxaban on PK/PD

236 The results from the Monte Carlo simulation showed that the effect of a delayed dose
237 was related to the delay time. With an increasing delay time, the risk of a patient
238 being outside the on-therapy range was also increased considering both the PK and
239 PD (Figure 3). For example, among patients with CrCl of 80 mL/min who took
240 rivaroxaban 20 mg q24h, 12.6% and 47.9% patients were outside the on-therapy
241 range based on rivaroxaban concentration when the dose was delayed for 6 h and 24
242 h, respectively.

243 The effect of delayed dose was not significantly affected by age or renal function.
244 (Figure 3). For example, among elderly patients with normal and impaired renal
245 function, the percentage of those who were outside the on-therapy concentration range
246 was 22.6% and 20.4% when the dose was delayed for 12 h, respectively, representing
247 a relative difference less than 15%. Moreover, the difference in the percentages of
248 patients who were outside of the FXa activity (8.6 vs. 8.26%) or PT on-therapy (10.2
249 vs. 10.1%) range were also less than 15%.

250 In addition, the impact of the delayed dose on the PK/PD was very similar when the
251 delay time was less than 3 h. However, the percentage of patient falling outside the
252 on-therapy range increased as the delay time increased (Figure 3). Considering
253 rivaroxaban concentration, this percentage increased approximately linearly with
254 time. The percentage changed considering FXa activity and PT were close also
255 increased with delay time but with a smaller slope. For example, for adult patients
256 receiving a 20 mg q24h dose delayed for 2 h, the percentages of those outside the on-

therapy range were 6.9, 6.5, and 6.4% for rivaroxaban concentration, FXa activity, and PT, respectively. These percentages were 23.4, 7.6, and 9.3%, respectively, when dosing was delayed for 12 h, with a greater difference between rivaroxaban concentration and PD markers compared with that at 2 h.

3.2 Remedial dosing regimens

The remedial dosing recommendations following a delayed rivaroxaban dose are summarised in Table 3. Figure 4a–c shows the concentration, FXa activity, and PT profiles for fully adherent elderly patients with normal renal function (aged 75 years, CrCl 80 mL/min, receiving 20 mg q24h). In general, remedial dosing recommendations are related to delayed time. Considering FXa activity, a regular dose of rivaroxaban could be taken immediately when the delay doesn't exceed 6 h. Figure 4d–f showed the concentration, FXa activity, and PT profiles following a delay of 6 h under optimal remedial regimens. When the delay exceeds 6 h but is less than 20 h, it is advisable to remedy a half dose either by taking a half dose immediately followed by a regular dose at the next scheduled time, or by taking a regular dose immediately followed by a half dose at the next scheduled dosing time. When the delay exceeds 20 h, it is recommended to skip the delayed dose and take a regular dose at the next scheduled dosing time. When a dose is missed, it is advisable to take a regular dose at the scheduled dosing time.

277 Recommendations based on rivaroxaban concentration and FXa or PT levels were the
278 same among almost all scenarios, except for scenarios where the delay time was 4–6
279 h. Under this scenario, recommendations based on FXa activity may supported taking
280 a regular dose immediately, while recommendations based on concentration and PT
281 preferred taking a half dose. Based on pre-established criteria where FXa activity was
282 preferred, recommendations based on FXa activity were selected.

283 Additionally, age and renal function did not affect remedial dosing regimens. For
284 example, for adult patients with normal renal function, a half dose (10 mg) is
285 recommended when the dose is delayed by 5–20 h, based on rivaroxaban
286 concentration, FXa activity, and PT. For elderly patients with impaired renal function
287 taking a lower daily dose, a half dose (7.5 mg) is also recommended when the delay
288 was 6–22 h.

289 Because recommendations from the EHRA did not consider splitting rivaroxaban
290 tablets, this represented a missed opportunity to provide a more personalised remedial
291 strategy. Based on the present results, our recommendation is consistent with that of
292 the EHRA only when the delay was less than 6 h, or it was less than 4 h before the
293 next dose. Recommendations from the EHRA guide may not be optimised. A
294 comparison of the deviation time between the EHRA guide and our proposed
295 remedial strategy is shown in [Figure 5](#). Deviation times under different strategies are
296 listed in [Supplementary Table 3–6](#), which can provide supportive information to
297 balance the risk of thromboembolism and bleeding.

298

299 3.3 Sensitivity analysis

300 Age, lean body weight and dosing intervals were included in the sensitivity analysis
301 when the rivaroxaban dose was delayed for 3, 6, 12, and 24 h. Deviation time may
302 vary slightly by age, body weight, and dosing intervals. However, these factors did
303 not significantly impact remedial dosing regimens ([Supplementary Figure 1](#)). As for
304 criterion for assessing the equality of two strategies, extending to 3 h or reducing to 1
305 h did not significantly change the remedial dosing recommendations, either
306 ([Supplementary Table 7](#)).

307

308 4 Discussion

309 This was the first study to characterise the effects of delayed rivaroxaban dose on the
310 PK/PD profiles and to investigate appropriate remedial dosing regimens for patients
311 with NVAf under different scenarios. A few studies have estimated the rate of non-
312 adherence of NOACs and explored the associated risk factors [12, 13, 15]. However,
313 non-adherence is common, and very few studies have proposed solutions after doses
314 are delayed or missed. Considering the high risk for thromboembolism resulting from
315 non-adherence and the serious consequences resulting from inappropriate remedial
316 and delayed doses, our study is the first to provide insight into remedial regimens for
317 patients with NVAf following delayed or missed rivaroxaban doses.

Our study explored optimal remedial regimens based on Monte Carlo simulation from the perspective of both PK and PD, and considering both population level and individual variation. Handling delayed doses from the population PK perspective has been previously discussed for various diseases, such as epilepsy [33-36], schizophrenia [37, 38] and renal transplantation [39]. However, few studies have explored this with consideration of PD, or PK/PD [23]. The PD effect should also be considered for medicine acting via an indirect mechanism [40], such as rivaroxaban, since some studies demonstrated the association between PD effect of rivaroxaban (i.e. FXa activity, PT) and hemorrhagic events [41-43].

Given that no clearly defined therapeutic ranges have been established for rivaroxaban [28], an on-therapy range was adopted to describe appropriate maintained levels of concentration, FXa activity, and PT. The concept of an “on-therapy range” for NOACs was recognized by CHEST[44], and applied to latest clinical studies to indicate to drug level where most subjects will fall during treatment [45, 46]. Moreover, it has been used for antiepileptic drugs, and was thought to be appropriate for epilepsy management [34, 35]. Regarding rivaroxaban, the calculated PK on-therapy ranges based on simulated data are close to those estimated in clinical trials [47]. We hypothesised that patients taking the prescribed dose could obtain expected anticoagulation outcomes within the on-therapy range. It is reasonable to assume that a remedial strategy restoring drug concentrations to a previous range can minimise

negative outcomes associated with non-adherence, such as lower exposure, in addition to potential thromboembolic events.

Through population analysis and Monte Carlo simulation, our study provides remedial dosing recommendations that are more time-specific than those included in the EHRA guide. Recommendations from the EHRA are general for all NOACs, including rivaroxaban, apixaban, edoxaban, and dabigatran [21]. Our research optimises these recommendations from both PK and PD perspectives, suggesting that the cut-off point for remedying a full dose is not 12 h, as noted in the EHRA guide. Based on the concentration and PT, the cut-off point is approximately 3 h, while based on FXa activity, the cut-off is approximately 6 h. When the dose is delayed for less than the cut-off point, taking the delayed dose of rivaroxaban as soon as possible is recommended. However, when the delay exceeds the cut-off point, a half dose is advisable, to minimise the deviation time. When the dose is close to the next scheduled dose or is completely skipped, it is advisable to skip the missed dose and to continue with the regular dosing regimen at the next scheduled time.

It is also notable that doubling the dose of rivaroxaban after a missed dose (strategy F) is not recommended based on the drug package insert, the EHRA guide, and our research. In fact, even remedying a half dose (strategy E) is unnecessary. This is inconsistent with the findings of previous similar studies exploring remedial dosing strategies in simulations based on antiepileptic drugs [34-36] or immunosuppressants [39], which are taken every 12 or 24 h. Remedying no extra dose when missing a dose

may result in a deviation time that is below the lower limit of the on-therapy range, while remedying a half dose increases the deviation time above the upper limit of the on-therapy range. Furthermore, a double dose substantially increases the drug concentration to levels beyond the upper limit of the on-therapy range. This also leads to a much longer deviation time outside the on-therapy range.

The risk of bleeding or thromboembolism varies among patients with atrial fibrillation. The CHA₂DS₂-VASc (congestive heart failure, hypertension, age \geq 75 years, diabetes mellitus, stroke or transient ischaemic attack [TIA], vascular disease, age 65–74 years, sex category) score is commonly used for the assessment of stroke risk [48]. The risk of stroke may differ for patients of the same age and with the same renal function, considering other factors included in the CHA₂DS₂-VASc scoring system.

Adherence to anticoagulant therapy, such as with rivaroxaban, is particularly important for patients with a high CHA₂DS₂-VASc score, given their high risk for stroke ³⁸. Also, in patients with a history of bleeding, it is important to avoid an inappropriate remedial strategy. Therefore, deviation times that exceed the upper limit of the on-therapy range and that were below the lower limit of the on-therapy range, representing the risk of bleeding and thromboembolism, respectively, are also listed in [Supplementary Table 3–6](#). Therefore, clinicians can select the optimal remedial dose for individual patients based on deviation time and patient characteristics.

There are several limitations to this study. First, the simulated dosing regimen complied with that of the modelling population, who took 20 or 15 mg daily rivaroxaban based on renal function. Therefore, our recommendations may not apply to patients receiving other doses of rivaroxaban. Second, our recommendations were based on a 90% predicted interval of simulation data. Therefore, attention should be paid to special populations, such extremely obese patients or older patients, who were not included in our analysis.

In conclusion, this study assessed the effect of non-adherence to rivaroxaban and explored appropriate remedial dosing regimens for patients with NVAf considering the drug concentration, FXa, and PT. Comparison of deviation time between proposed remedial dosing regimens and the EHRA guide revealed that EHRA guide may not be optimal to deal with delayed or missed dose. Model-informed simulation may be an effective and executable way to solve clinical problems associated with delayed or missed doses. Further, this may help to reduce the risk of bleeding and thromboembolism for patients treated with oral anticoagulants. Clinicians should also balance the risk of bleeding and stroke and select appropriate remedial strategies based on the clinical situation of each patient.

Acknowledges

We thank Dr. I.G. Girgis from Janssen Pharmaceuticals Research & Development, Raritan, USA for providing details and active discussions on the coding. We thank

400 Hai-ni Wen MPharm., and Yun-peng Guo MPharm. from Shanghai Chest Hospital for
401 their critical comments. We would also thank Editage (www.editage.cn) for English
402 language editing.

403

404 **Conflict of Interest statement**

405 The authors have no conflict of interest to disclose.

406

407 **Funding**

408 Prof Zheng Jiao is supported by Key Innovative Team of Shanghai Top-Level
409 University Capacity Building in Clinical Pharmacy and Regulatory Science at
410 Shanghai Medical School of Fudan University.

411

412 **Data availability statement**

413 Data sharing is not applicable to this article as no new data were created or analyzed
414 in this study.

415

416 **Author contributions**

417 **Xiao-qin Liu:** Conceptualization, Methodology, Formal analysis, Writing-original
418 draft, Writing-review & editing, Visualization. **Yi-wei Yin:** Writing-original draft,
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Figure legends

Figure 1 Simulation scenarios for delayed or missed rivaroxaban doses for patients with non-valvular atrial fibrillation (NVAF) receiving 15 or 20 mg dose every 24 h.

Figure 2 Graphical representation of six remedial dosing regimens following a delayed or missed dose. A round tablet represents an integrated rivaroxaban dose, and a half-round tablet represents a half rivaroxaban dose. Patients were assumed to take rivaroxaban at 18:00 daily and to have reached a steady state following a delayed or missed dose. ^a n represents the delayed time, whose range is from 1 to 24 h.

Figure 3 Percentage of patients with NVAF falling outside the on-therapy ranges versus time after the delayed or missed doses in terms of rivaroxaban concentration, FXa activity and PT. (a) Adult patients, 55 years old, CrCl 80 mL/min receiving 20 mg every 24 h (q24h). (b) Adult patients, 55 years old, CrCl 40 mL/min receiving 15 mg q24h. (c) Elderly patients, 75 years old, CrCl 80 mL/min receiving 20 mg q24h. (d) Elderly patients, 75 years old, CrCl 40 mL/min receiving 15 mg q24h. Simulated patients were assumed to take rivaroxaban doses regularly and to have reached steady state.

Figure 4 Pharmacokinetic (PK) and pharmacodynamic (PD) profiles under full adherence and optimal remedial regimens in terms of rivaroxaban concentration, FXa

activity and PT for elderly patient with CrCl 80 mL/min receiving rivaroxaban 20 mg every 24 h when the dose was delayed for 6 h. (a) Full adherence based on concentration, (b) FXa activity, and (c) PT. (d) optimal remedial regimens in terms of concentration, (e) FXa activity, and (f) PT when the dose was delayed for 6 h. Dark pink shadows represent the distribution of the range between the 5th percentile of the simulated trough concentration (FXa activity or PT) and 95th percentile of the simulated peak concentration (FXa activity or PT). Light pink shadows represent the distribution of the remaining simulated concentration (FXa activity or PT). Red solid lines represent the median of the simulated concentration (FXa activity or PT). Black dotted lines represent the on-therapy range calculated by the simulated concentration (FXa activity or PT). Black horizontal bold solid lines represent the deviation time.

Figure 5 Total deviation time from recommendations by the European Heart Rhythm Association (EHRA) guide and proposed remedial regimens. (a) Adult patients, 55 years old, CrCl 80 mL/min taking 20 mg every 24 h (q24h). (b) Adult patients, 55 years old, CrCl 40 mL/min taking 15 mg q24h. (c) Elderly patients, 75 years old, CrCl 80 mL/min taking 20 mg q24h. (d) Elderly patients, 75 years old, CrCl 40 mL/min taking 15 mg q24h. Simulated patients were assumed to take rivaroxaban doses regularly and to have reached steady state.

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