

1 **Title: Endocrine, sexual and reproductive functions in patients with Klinefelter**
2 **Syndrome compared to non-obstructive azoospermic patients.**

3 **Abstract**

4 **Aims:** We aimed to investigate fertilization rates, quality of embryo, pregnancy and live birth
5 rates, endocrine, sexual function, psychological status and quality of life of cases diagnosed
6 with Klinefelter syndrome (KS).

7 **Methods:** Clinical findings, hormone values and semen analyses in patients with nonmosaic
8 KS (Group 1, n=121) and those with non-genetic nonobstructive azoospermia (NOA) (Group
9 2, n=178) were retrospectively analyzed. Sperm retrieval outcomes with microdissection
10 testicular sperm extraction (micro-TESE), fertilization rates and embryo quality, pregnancy,
11 abortion, and live birth rates were compared. Sexual functions were assessed using IIEF-15,
12 quality of life was evaluated, and psychological status was assessed.

13 **Results:** There was no difference in terms of age between groups. Sperm retrieval rates was
14 38% and 55.6% in Group 1 and 2, respectively (p=0.012). Sperm retrieval rates were higher
15 in Group 1 before 31.5 years than in Group 2 (AUC=0.620, 0.578). Compared to Group 2, the
16 fertilization rate was low in Group 1, whereas embryo quality was similar. Live birth rates
17 were 12.5% and 23% in Group 1 and 2, respectively (p=0.392). The education level, libido,
18 erectile functions, and general health satisfaction were lower in Group 1 than in Group 2
19 (buraya p değeri yaz). Depression and anxiety levels were higher in Group 2 than Group 1 (p
20 değeri yaz).

21 **Conclusion:** Higher sperm retrieval rate has been achieved in group 1 younger than 31.5
22 years. Similar embryo quality is provided between groups. Sexual dysfunction and psychiatric
23 problems were higher in Group 1, with lower satisfaction and general health than Group 2.
24 Patients with KS should be monitored not only with their reproductive functions but also with
25 their general health status.

26 **Key Words:** Fertility, Klinefelter Syndrome, psychology, quality of life, sexual function,
27 non-obstructive azoospermia.

28 **What is already known about this topic?**

29 1. Klinefelter Syndrome (KS) is the most common chromosomal disorder in men.

30 2. Men with KS generally have infertility.

1 2. Newborns with KS are similar to healthy babies phenotypically, and adolescents see tall
2 height, long legs relative to the body, atrophic-small testicles, feminine body structure, and
3 gynecomastia.

4 **What does this article add?**

5 1. This study compares to a high number of patients with Klinefelter Syndrome in terms of
6 endocrine parameters, sexual and reproductive functions, and life quality.

7 2. When the age is set to 31.5 years, a higher sperm retrieval rate could be reached.

8 3. Due to the low libido, erectile dysfunction, anxiety, depression and dissatisfaction with
9 general health conditions, KS patients should be considered for lifelong endocrinological
10 monitoring in addition to testosterone replacement treatment.

11

12 **Introduction**

13 Klinefelter syndrome (KS) is the most common sex chromosomal disorder in men
14 phenotypically. It is characterized by tall height, long legs relative to the body, atrophic-small
15 testicles, feminine body structure and gynecomastia. Its prevalence is 1/650 [1]. Newborns
16 with KS are similar to healthy babies [2]. Classical testicular atrophy occurs with puberty [3].
17 Laboratory and clinical findings in adulthood are consistent with hypergonadotropic
18 hypogonadism. High serum FSH level is the leading laboratory finding. The definitive
19 diagnosis is made by karyotype analysis. Of the KS patients, 90% have nonmosaic 47, XXY,
20 10% 46, XY / 47, XXY mosaic chromosome establishment and other numerical and structural
21 anomalies such as 47, iXq, Y karyotype [4]. The X chromosome contains more than 1100
22 genes that play a role in many systems, including testicular function, brain development and
23 growth [5]. Additional X chromosome inactivation is initiated at the X chromosome
24 inactivation center (XIC) by activating the XIST promoter. Since many genes on the X
25 chromosome are highly expressed in the testicles, ovaries and brain, these organs are affected
26 by the X chromosome polysomy [6]. Of the patients with KS, 11% azoospermic, and 4%
27 undergo infertility investigation [7], 10% of the KS patients are prenatally diagnosed, 3% in
28 childhood due to developmental delay and behavioural problems, 2% in puberty due to
29 delayed puberty and gynecomastia, and 17% in adulthood hypogonadism and infertility [1].
30 Testicular histology is characterized by decreased or complete apoptosis of the germ cells.
31 Hyalinization and atrophy in the seminiferous tubules, fibrosis in the interstitium are
32 frequently observed, but spermatogenesis can be observed in small areas [8]. A definitive

1 treatment to correct spermatogenesis has not been defined yet. The typical finding in semen
2 analysis is azoospermia. In azoospermic nonmosaic individuals, fertilization can be achieved
3 with micro-TESE and intracytoplasmic sperm injection (ICSI). However, severe
4 oligozoospermic patients can have children with IVF, TESE, micro-TESE and ICSI (7).
5 Social skills disorder, language development, communication, adaptation, retardation of
6 attention [9], anxiety, depressive disorder [1], schizophrenia and bipolar disorder [10] and
7 learning difficulties is higher in KS patients [11]. Libido decreases, and the incidence of
8 premature ejaculation (PE) is low [12].

9 This study aimed to compare the endocrine parameters, sexual and reproductive functions,
10 and the quality of life in KS patients compared to nonobstructive azoospermic (NOA)
11 patients.

12 **Materials and Methods**

13 After obtaining ethical approval of Ondokuz Mayıs University, Clinical Research Ethics
14 Committee (18.01.2019/B.30.2.ODM.0.20.08 / 33), between 2012 and 2019, this retrospective
15 study was carried out in the Andrology clinic and IVF center of Ondokuzmayıs University. Of
16 the patients, 121 with nonmosaic Klinefelter syndrome were assigned to Group 1 and 178
17 with nonobstructive azoospermia (NOA) were assigned to Group 2.

18 Patients' data were obtained from the medical records. Informed consent was obtained from
19 all cases. The diagnosis of KS was made by karyotype analysis using the high-resolution
20 method with methotrexate and thymidine (MTX) synchronization from peripheral blood.

21 Demographic data, medical history and physical examination findings were recorded.
22 Testicular volume was measured by Prader orchidometry (Plastic OM20, Erler-Zimmer,
23 Germany). Semen analysis was performed at least twice with an interval of at least a month.
24 The diagnosis of azoospermia was made by the World Health Organization (WHO) 2010
25 guideline definition, with the absence of sperm in the examination of the pellet obtained after
26 centrifugation at 3000 g for 15 minutes at X400 magnification [13].

27 The diagnosis of NOA was made with the presence of bilateral palpable vas and epididymis,
28 high serum gonadotropin levels and normal ejaculate volume, and azoospermia in semen
29 analysis [14].

30 Blood samples were taken between 07-11 A.M for hormonal analysis. Serum follicle-
31 stimulating hormone (FSH), luteinizing hormone (LH), prolactin (PRL), Estradiol (E2) and
32 total testosterone (TT) levels were measured by radioimmunoassay (RIA) method. Karyotype
33 and Y chromosome microdeletion analyzes were performed using the MTX synchronization
34 method with lymphocyte cultures isolated from heparinized peripheral blood. The analysis

1 was performed at 20 metaphases using G-banding and 550-700 band resolution. Mosaicism
2 was evaluated by FISH method, and Y chromosome microdeletion analysis was performed by
3 multiplex PCR method by obtaining DNA from peripheral blood samples [15].

4 The results were reported according to the international human cytogenetic naming system
5 (ISCN) [16]. Sperm was searched by the micro-TESE method in Groups 1 and 2. Sperm
6 retrieval and fertilization ratios, embryo qualities, transferred embryo data, pregnancy,
7 abortion and live birth ratios were recorded.

8 ***Surgical technique***

9 Under local anesthesia, the scrotum and its layers were opened with a midline vertical raphe
10 incision, the tunica vaginalis was opened, the testis was born out of the incision, and the
11 testicular parenchyma was explored by opening the tunica albuginea up to the hilum of the
12 testis. The equatorial incision was performed, tracing the avascular area. Antihilar
13 longitudinal incision was applied to testes smaller than 6 mL. Testicular parenchyma was
14 dissected at X24 magnification under the biomicroscope (ZEISS OPMI S5, Germany), and
15 primarily subtunical and perivascular areas were scanned. Dilated and opaque tubules were
16 isolated and excised using micro-forceps (Fig. 1). The surgery period was recorded. The
17 tunical incision was closed with a 5/0 polyglactin running suture (Vicryl®, Ethicon, USA).
18 The testis was placed in the scrotum, and the scrotum and its layers were closed. The excised
19 seminiferous tubule samples were placed in a petri dish containing MOPS buffer (G-mops
20 plus, Vitrolife®, Switzerland) and sent to the embryology laboratory. The specimen was
21 mechanically dissected with an insulin injector needle under a stereomicroscope (OLYMPUS
22 SZX7, Japan). Sperm was searched under an inverted microscope (ZEISS AXIO Observer.
23 A1, Germany) at X40 magnification (Fig. 2). Once spermatozoa were found, the sample was
24 prepared for intracytoplasmic sperm injection. The pellets were centrifuged at 600 g for 10
25 minutes after an enzymatic process (Collagenase, Type 1A, Sigma, USA) for about 90
26 minutes at 37 ° C. When samples contained no spermatozoa, the examination was repeated for
27 the other testicle.

28 ***Sperm processing for ICSI***

29 The liquid portion of the suspension containing sperm in a sterile tube was subjected to dense
30 gradient centrifugation at 600 g for 10 minutes. High and low phase gradients (SpermGrad-
31 30®, Vitrolife, Switzerland) and the liquid portion were sequentially placed in a sterile
32 conical tube with a transfer pipette and centrifuged. The supernatant was discarded, and the
33 pellet was resuspended with sperm washing liquid (SpermRinse®, Vitrolife, Switzerland) and
34 centrifuged at 300g for 10 minutes. After the supernatant was removed, the remaining pellet

1 was resuspended in 0.5 ml sperm washing liquid, and one drop of it was examined under a
2 microscope for spermatozoa.

3 ***ICSI***

4 An inverted microscope with Narishige Micromanipulator attachment (ZEISS AXIO
5 Observer. A1, Germany) was used. Prepared Petri plate with MOPS (G-mops plus,
6 Vitrolife®, Switzerland) solution was used, where the collected oocytes and sperms will be
7 placed. Spermatozoa with normal morphology were taken from the sperm-drop using an ICSI
8 pipette (Vitrolife®, Switzerland) and transferred to the medium containing polyvinyl
9 pyrrolidone (PVP, ICSI®, Vitrolife, Switzerland). After the oocyte was fixed with a holding
10 pipette (Vitrolife, Switzerland), the selected sperm was transferred to the oocyte cytoplasm
11 with the help of an ICSI pipette. After the ICSI procedure, artificial oocyte activation was
12 performed with calcium ionophore (Calcium ionophore, A23187, Sigma, USA) to increase
13 the fertilization rate [17]. After ICSI, oocytes were transferred to a culture medium and
14 incubated (Sanyo, MCO-18M, Japan). Embryo development was monitored until the day of
15 transfer.

16 ***Embryo Selection and Embryo Transfer***

17 According to the number and developmental potential, embryos in cleavage or blastocyst
18 periods were selected, and the transfer procedure was performed. Cleavage scoring (Table 1)
19 [18] on the 3rd day and Gardner's blastocyst scoring systems [19] on the 5th day were used
20 for the selection of the embryo to be transferred (Figure 3). The main criteria for scoring were
21 the number of blastomeres, symmetricity and fragmentation for the Cleavage period. For the
22 blastocyst stage, expansion, inner cell mass and cell amounts in the trophoctoderm layer were
23 accepted as scoring criteria [19].

24 ***Pregnancy Follow-up After Embryo Transfer***

25 Measurement of serum beta-hCG level being at least five mIU / ml on the 12th day of embryo
26 transfer was accepted as positive pregnancy, non-visualized gestational sac despite the high
27 serum beta-hCG was accepted as biochemical pregnancy and presence of fetal elements, and
28 heart movement in transvaginal ultrasonography was accepted as clinical pregnancy. The
29 presence of a fetus less than 500 g and pregnancy that ended within the first 20 weeks was
30 considered abortion. Ectopic pregnancy was diagnosed ultrasonographically in the presence of
31 a gestational sac located outside the uterine cavity. Babies born alive at 24 weeks and over
32 500 grams were accepted as live births.

33 ***Sexual Function, Quality of Life, Psychological Status***

1 Erectile function, orgasmic function, libido, sexual satisfaction and general satisfaction of the
2 patients were assessed using the IIEF-15 questionnaire form consisting of 15 questions [20].
3 Quality of life was assessed using the World Health Organization Quality of Life Score short
4 form (WHOQOL- Bref) [21], and psychological condition was investigated prospectively
5 using the Beck Anxiety and Depression Scale [22], by phone or by e-mail. Erectile
6 dysfunction was classified as severe ED (0-10 points), moderate ED (11-16 points), mild-
7 moderate ED (17-21 points), mild ED (22-25 points). Patients with IIEF score >26 were
8 considered non-ED. Physical, mental, social and environmental well-being was evaluated
9 with the WHOQOL-Bref scale consisting of 26 questions. The first two questions assess the
10 general quality of life and health status. This scale, which has five options for each question
11 evaluating each field independently, was prepared as 1: not satisfied, 5: very satisfied, and the
12 field scores were calculated between 4-20. The higher the score, the higher the quality of life.
13 Beck Anxiety Scale consists of 21 symptom categories; each has four Likert-type options
14 scored between 0 and 3. The high score obtained indicates the severity of the anxiety (Total
15 score = 0–7 points=normal, 8–15 points=minimal, 16–25 points=moderate, 26–63
16 points=severe anxiety). In this study, a cut-off level of 17 was accepted for depression [23].

17 ***Statistical analysis***

18 Statistical analysis was performed using IBM Statistics SPSS 22 (2012, Chicago, USA)
19 package program. Kolmogorov Smirnov test was used for normally distributed data. Mann-
20 Whitney U test was used to assess the differences between the groups. Chi-square test was
21 used for comparing categorical data according to groups. ROC analysis was used to determine
22 the cut-off point. Analysis results were presented as median, minimum, maximum for
23 quantitative data and as frequency and percentage for categorical data. A p-value of <0.05
24 was considered statistically significant.

25 **Results**

26 The demographic and clinical findings are shown in Table 2. Testicular volume and total
27 testosterone level were low, but FSH and LH levels were high in Group 1 than Group 2 (p
28 <0.001). A higher sperm retrieval rate was reached in Group 1 than Group 1 (p=0.0012)
29 (Table 2). According to age groups, the sperm retrieval ratio was high in Group 2 (p = 0.023).
30 Sperm retrieval rate increased in patients with KS between 26 and 35 (p=değeri Yaz) (Table
31 3). When the cut-off point was considered 31.5 years, the ROC analysis showed a higher
32 sperm retrieval rate in Group 1 than Group 2 (Figure 4). Data on sensitivity, specificity,
33 positive and negative predictive values are shown in Table 2. In Group 2, the greater testicular
34 volume was associated with an increased rate of sperm retrieval (p = 0.017).

1 Only the second question was statistically different ($p=0.006$) (bu ne demek) in Group 2,
2 whereas the remainings were similar between groups ($p> 0.05$). The education level was
3 higher in Group 2 than Group 1 ($p = 0.001$). The mean erectile function and libido scores
4 were better in Group 2. The mean anxiety score was high in Group 2 ($p = 0.001$). The mean
5 depressive symptom scores were 51.1% and 5% in Group 1 and 2, respectively (Table 2).
6 As testicular volume increased in group 1, sperm retrieval rate increased ($p = 0.017$). FSH,
7 LH, TT levels, and aromatase inhibitor's use did not affect sperm retrieval rates in both groups
8 ($p> 0.05$).
9 The data of one of the three patients in Group 1 were not available, and no sperm was found
10 after centrifugation in two cases. Fertilization and cleavage rates of patients according to
11 different age groups were lower in Group 1 than Group 2 ($p> 0.05$) (Table 4). Thirty-eight
12 embryos in Group 1 and 177 embryos in Group 2 were evaluated using the Cleavage Scoring
13 System. Embryo transfer was performed on the third day in 19 and 82 patients in Group 1 and
14 2. Embryos were transferred on the fifth day in two and nine patients in Group 1 and 2.
15 Embryo qualities were similar between groups ($p = 0.816$) (Table 5).
16 Fertility data on embryo transfer are given in Table 6. Clinical pregnancy was detected in
17 three (12.5%) of 24 patients with KS and 23 (25.3%) of 91 cases with NOA. Fertility,
18 pregnancy and live birth rates were similar ($p> 0.05$) (Table 6).

19 **Discussion**

20 The majority of KS patients are azoospermic and were considered infertile until recently.
21 Additional X chromosome initiates early testicular development that accelerates germ cell
22 loss, and the fibrotic process occurs during puberty. However, focal spermatogenesis in
23 seminiferous tubules has been reported in 20-69% [24]. The present study showed 38% and
24 55.6% sperm retrieval rates in Group 1 and 2. The low number of sperm retrieval rates in
25 Group 1 can be attributed to the disease's nonmosaic form. Previous reports stated the sperm
26 retrieval rates were 54.5% and 16% in patients with mosaic and nonmosaic forms,
27 respectively [25]. Age, testicular volume and hormonal status of the patients, preoperative
28 medical treatment, surgical technique and surgeon's experience may play a role in increasing
29 sperm retrieval rate in patients with KS.
30 The effect of age on sperm retrieval rate in patients with KS is controversial. Some
31 researchers suggested that the success rate for sperm retrieval decreases with age [26], and the
32 critical range was 32-35 years [27]. In contrast, others advocated that the sperm retrieval rate
33 was low in early puberty [28]. However, most studies have shown that age did not affect the
34 sperm retrieval rate [29], as shown in the present study. As the age increases, the number of

1 spermatogonial cells in testicles decreases and DNA damage increases [30]. In KS, a diffuse
2 fibrotic process that starts with puberty in the testis affects the testicles as the age progresses
3 [29]. Therefore, the possibility of sperm presence decreases in advanced ages. Although a
4 direct relationship has been shown between testicular volume and spermatogenesis in normal
5 individuals [31], controversy still exists for KS patients [27]. The mean testicular volume of
6 nonmosaic adult CS patients was reported less than 4 ml [32], as shown in the present study.
7 Our results showed that KS patients had larger testicular volumes than patients with NOA.
8 Serum FSH and LH levels in patients with KS increase starting from the middle of puberty
9 [33], serum testosterone level remains below average in most cases around the age of 25 [1].
10 In this study, the hormonal results of patients with KS were compatible with the literature.
11 Besides studies showing that hormonal status did not affect micro-TESE success in KS
12 patients [34], some other studies showed that serum testosterone above 7.5 nmol / L and LH
13 level below 17.5 U / l increases sperm retrieval rate. There are also studies [26]. Our results
14 showed no relationship between hormone levels and sperm retrieval rates.
15 Some authors investigated the effect of aromatase inhibitors on sperm retrieval success on the
16 ground that serum testosterone levels above 300 ng / dL and high intra-testicular testosterone
17 levels would increase the likelihood of sperm retrieval [35]. Aromatase inhibitors increase the
18 serum testosterone level and the testosterone/estradiol ratio by inhibiting peripheral
19 testosterone conversion to estradiol. Some researchers suggested that pre-TESE use of
20 aromatase inhibitors increased sperm retrieval success [36], while others did not [37]. In our
21 study, aromatase inhibitor treatment given at least three months before micro-TESE had no
22 impact on sperm retrieval success. Sertoli cells regulate spermatogenesis via testosterone and
23 FSH [38]. Intratesticular testosterone is one of the most critical factors mandatory for
24 spermatogenesis initiation and maintenance [39]. It has been suggested that intratesticular
25 testosterone levels are higher in KS patients than in the normal population. Low peripheral
26 serum testosterone is caused by the inadequate release of testosterone into the systemic
27 circulation due to the decrease in vascular/testicular surface and testicular fibrosis [40].
28 In assisted reproductive technologies, sperm and oocyte quality affects the fertilization rate.
29 Similar fertilization rates (48.0% - 52.7%) have been given for patients with KS, NOA and
30 normal karyotype [41].
31 In our study, no relationship was found between age and fertilization and cleavage rates in
32 patients with KS and NOA. Also, the rate of progression of the fertilized oocyte to the
33 cleavage period was significantly lower in Group 1 (80%) compared to Group 2 (100%). This
34 may be due to the different oocyte quality (female factor). In English literature, only a limited

1 number of studies investigated the quality of embryos obtained from KS patients. In two
2 different studies, fertilization rate and cleavage rates of embryos obtained from fresh and
3 frozen sperm were similar in patients with KS [42]. Our results on all embryos' quality on the
4 3rd day after ICSI obtained from fresh sperm in Groups 1 and 2 were similar.

5 Sexual problems such as ED secondary to hypogonadism and decreased libido can be seen in
6 patients with KS. In a study, the erectile dysfunction (ED) rate (18.9%) was similar among the
7 patients with KS and the age-matched control group. In a study, normal erectile function was
8 reported in KS patients with a decreased libido and a low incidence of premature ejaculation
9 [12].

10 Our results on sexual functions showed that KS patients had a higher ED rate and decreased
11 libido than NOA patients. This may be attributed to a lower testosterone level in the KS group
12 compared to the NOA group.

13 It has been reported that language development, communication, adaptation, and attention
14 problems are more common in cases with KS and social skills disorder [44]. Besides,
15 psychiatric disorders, such as anxiety and depression, are more common [45].

16 Although some authors reported that academic performance and professional status were
17 lower than individuals with similar socio-economic status [11], some advocated that most
18 individuals with KS had an average range of intellectual abilities, behaviour, attention, social
19 skills and functionality. Increased risk of anxiety and depression were found in KS patients
20 compared to NOA patients.

21 To date, only limited studies have investigated the quality of life of KS patients. Lower
22 mental and quality of life scores were reported in KS patients compared to controls [45]. The
23 present study showed that Group 1 patients were less satisfied with their health status than
24 Group 2, but the quality of life remained similar.

25 **Strengths & Limitations**

26 This study's main strength is investigation of a high number of patients with Klinefelter
27 Syndrome in terms of endocrine parameters, sexual and reproductive functions, and the
28 quality of life.

29 Limiting factors are;

- 30 1. Lack of endocrine and fertility data in some cases is one of the limiting factors,
- 31 2. Retrospective nature of the study covering only patients with KS living in the Central Black
32 Sea Region,
- 33 3. The inability to access complete data of the patients who continue their treatment at an
34 external center,

1 4. Small number of cases, and the inability to evaluate the female factor and laboratory
2 conditions,

3 5. Participation of a small number of patients in the study to evaluate the psychological state,
4 sexual function and quality of life.

5 **Conclusions**

6 KS, which is an important cause of male infertility, is a clinical entity that should be
7 considered primarily in the differential diagnosis of NOA patients. When the critical age cut-
8 off is set to 31.5, 38.0% of sperm retrieval rate was reached using the micro-TESE in patients
9 with KS, and 12.5% of the couples had a live child. This study showed that the embryo
10 quality and live birth rate were similar between KS and NOA patients; the rate of sperm
11 retrieval increased as the testicular volume increased in the KS arm. The hormonal status and
12 aromatase inhibitor treatment did not increase the sperm retrieval rate. Due to the low libido,
13 ED, anxiety, depression and dissatisfaction with general health conditions in KS patients,
14 lifelong endocrinological monitoring should be taken, and testosterone replacement treatment
15 should be given when necessary.

16

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8
9 **Figure legends**

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11 **Fig. 1. Testicular cross-sectional view (X24 magnification) using longitudinal tunica**
12 **albuginea incision during micro-TESE in Klinefelter Syndrome.**

13
14 **Fig. 2. Spermatozoa view under inverted microscope (black arrow, X40 magnification)**

15
16 **Fig. 3. Gardner's Blastocyst Scoring System**

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18 **Fig. 4: ROC analyses of patients with KS and NOA.**

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20 **Table 1. Cleavage Scoring System**

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22 **Table 2. Demographic, clinical and surgical results of the groups.**

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24 **Table 3. Presence of spermatozoa according to different age ranges in groups.**

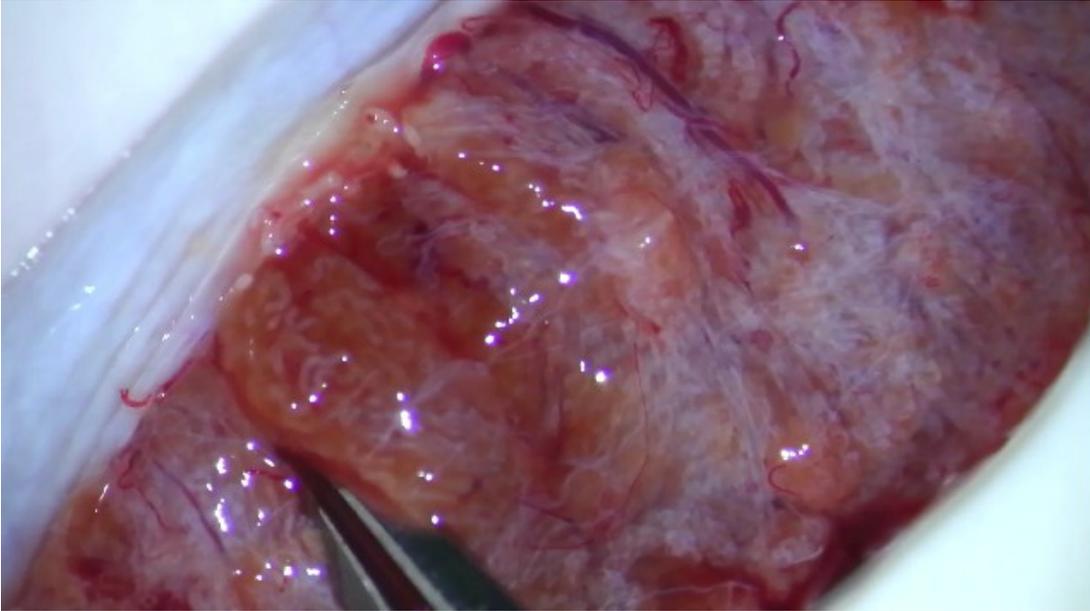
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28 **Table 5. Comparison of quality of embryos at third day in KS and NOA.**

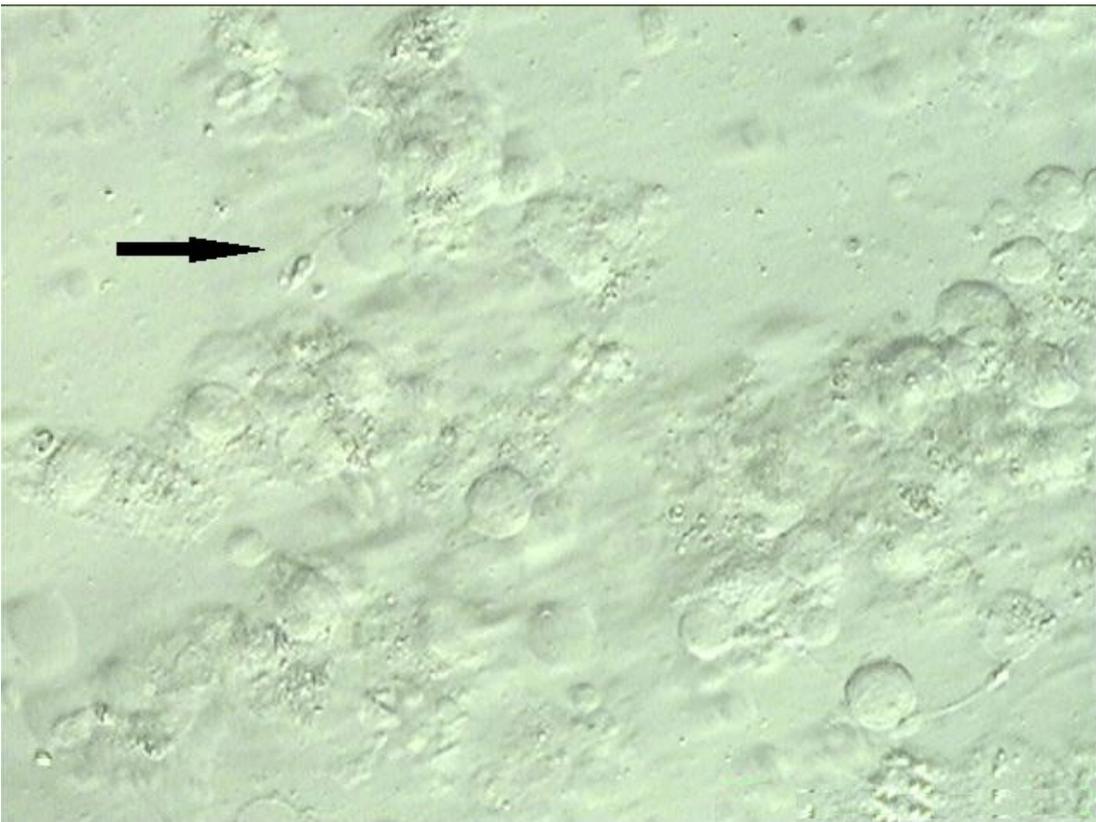
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30 **Table 6. Outcomes of the patients after embryo transfer.**

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3 albuginea incision during micro-TESE in Klinefelter Syndrome.
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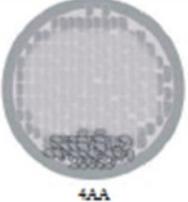
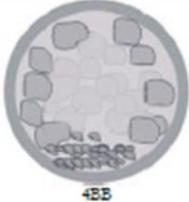
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1 **Table 1. Cleavage Scoring System**

Embryo Grade	Definition
Grade 1	Equal-sized blastomeres, no fragmentation
Grade 2	Equal-sized blastomeres, little fragmentations
Grade 3	Blastomeres are unequal; no or very little fragmentations
Grade 4	Blastomeres equal or not, intense fragmentation
Grade 5	Different sizes of blastomeres, intense or complete fragmentation

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<p>1</p> <p>Early blastocyst</p> <p><i>Blastocoel less than half of the blastocyst</i></p>	 <p>1AA</p>		
<p>2</p> <p>Blastocyst</p> <p><i>Blastocoel more than half of the blastocyst</i></p>	 <p>2AA</p>		
<p>3</p> <p>Blastocyst</p> <p><i>Blastocoel fills the blastocyst</i></p>	 <p>3AA</p>		
<p>4</p> <p>Expanded blastocyst</p> <p><i>The embryo is large and the zona is thin</i></p>	 <p>4AA</p>	 <p>4BB</p>	 <p>4CC</p>
Inner cell mass	A <i>Numerous and tightly packed cells</i>	B <i>Several and loosely packed cells</i>	C <i>Few cells</i>
Trophoectoderm	A <i>Many cells organized in epithelium</i>	B <i>Several cells organized in loose epithelium</i>	C <i>Few cells</i>

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5 Fig. 3. Gardner's Blastocyst Scoring System

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Table 2. Demographic, clinical and surgical results of the groups.

	KS* Group (n=71)	NOA** Group (n=178)	p
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Age (median, min-max)	32.0 (23-44)	32.0 (21-57)	0.393
Testicular volume (mL) (median, min-max)	4.0 (1.0-15.0)	14.0 (4.0-32.0)	0.001
Hormones (median, min-max)			
FSH (mU/mL) ***	38.0 (6.0-86.9)	17.9 (2-63.4)	0.001
LH (mU/mL)#	22.5 (4.3-43.5)	8.9 (1.6-32.3)	0.001
Estradiol (pg/mL)	26.1 (5.0-69.8)	11.8 (3.5-72.9)	0.169
Prolaktin (ng/mL)	11.5 (2.8-52.3)	23.0 (5.0-71.7)	0.720
Total testosteron (ng/mL)	2.4 (0.2-15.5)	3.6 (0.3-12.3)	0.001
Surgery time (min)	104 (100-110)	86 (80-95)	0.001
Spermatozoa presence in micro-TESE (n, %)			
Yes	27 (38.0)	99 (55.6)	0.012
No	44 (62)	79 (44.4)	0.012
Results of ROC analyses (cut-off=31.5 years)	0.6 (0.5–0.8)	0.6 (0.5–0.8)	-
Area under curve	59.3	57.8	
Sensitivity	56.8	52.0	
Specificity	45.7	53.9	
Positive predictive value	69.4	52.9	
Negative predictive value	57.8	53.4	
Odds ratio			0.400
WHOQOL ⁺ -Bref first question (n,%)			
Vary bad	3 (6.7)	17 (13.6)	
Bad	2 (4.4)	7 (5.6)	
50% good	23 (51.1)	47 (37.6)	
Rather good	14 (31.1)	43 (34.4)	0.006
Very good	3 (6.7)	11 (8.8)	
WHOQOL-Bref second question (n, %)			
Not satisfied	3 (6.7)	8 (6.4)	
Little satisfied	9 (20.0)	8 (6.4)	
50% satisfied	17 (37.8)	17 (13.6)	
Rather satisfied	11 (24.4)	69 (55.2)	
Very satisfied	5 (11.1)	23 (18.4)	
WHOQOL – Bref subdomains (n, min-max))			0.237
Physical	28 (17-35)	26 (18-34)	0.131
Psychogenic	22 (9-30)	23 (14-29)	0.084
Sosyal	11 (3-15)	11 (7-15)	0.894
Çevre	27 (15-40)	27 (22-37)	
Psychogenic status			0.001
Beck Anksiyete Ölçeği (n, %)			
Minimal	13 (28.9)	111 (88.8)	
Mild	12 (26.7)	8 (6.4)	

Moderate	9 (20.0)	3 (2.4)	
Severe	11 (24.4)	3 (2.4)	
Beck Depression Inventory (n, %)			0.001
Depressive symptoms are present	23 (51.1)	13 (10.4)	
No depressive symptoms	22 (48.9)	112 (89.6)	
Educational status (n, %)			0.001
Preliminary	25 (55.6)	29 (23.2)	
High school	15 (33.3)	31 (24.8)	
University	5 (11.1)	65 (52.0)	
Sexual functions			
Erectile dysfunction (n, %)			0.012
No	18 (40)	111 (88.8)	
Mild	10 (22.2)	8 (6.4)	
Mild to moderate	5 (11.1)	3 (2.4)	
Moderate	6 (13.3)	3 (2.4)	
Severe	6 (13.3)	-	
Libido (IIEF-short form, 11. and 12. questions)	7.10	8.49	0.010

*KS, Klinefelter Syndrome; **NOA, non-obstructive azoospermia; ***FSH, follicle-stimulating hormone, #LH, luteinizing hormone; +WHOQOL, World Health Organization Quality of Life questionnaire.

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Table 3. Presence of spermatozoa according to different age ranges in groups.

Age ranges	KS Group		p	NOA Group		p
	Yes (n=27)	No (n=44)		Yes (n=99)	No (n=79)	
18-25	3 (11.1%)	3 (6.8%)	0.083	3 (3.0%)	7 (8.9%)	0.023
26-30	10 (37.0%)	13 (29.5%)		25 (25.3)	32 (40.5)	
31-35	12 (44.4%)	13 (29.5%)		41 (41.4)	20 (25.3%)	
36 and older	2 (7.4%)	15 (34.1%)		30 (30.3)	20 (25.3%)	

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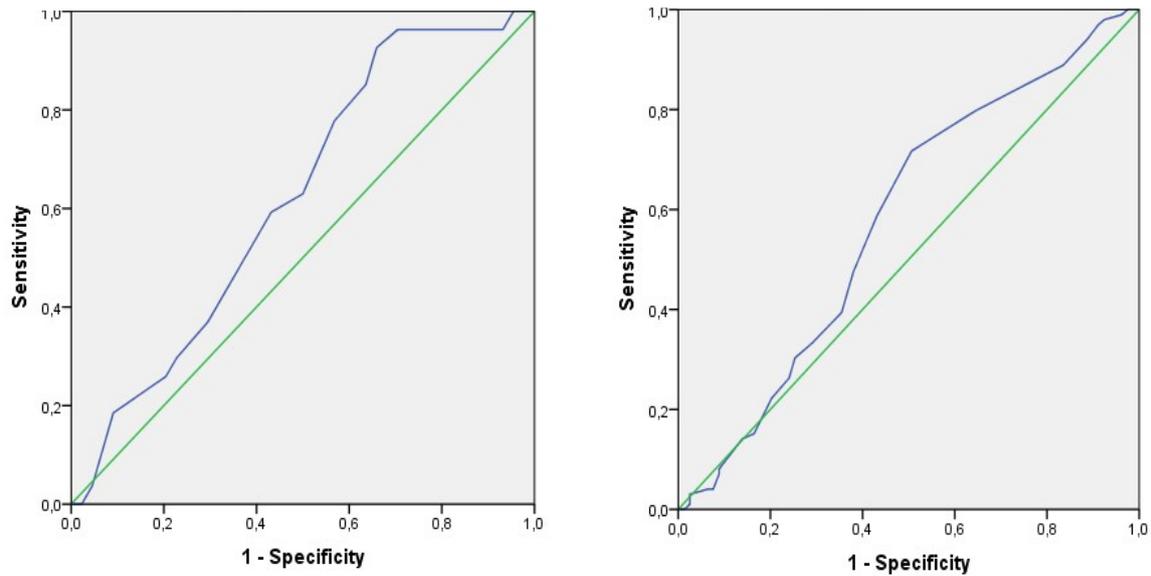


Fig. 4: ROC analyses of patients with KS and NOA.

Table 4. Intracytoplasmic sperm injection outcomes of the patients with KS and NOA.

	KS (n=24)	NOA (n=91)	p
Obtained oocyte (median, min-max)	13.0 (6-28)	10 (2-34)	0.075
Mature oocyte (median, min-max)	7.0 (2-27)	7 (0-28)	0.314
Number of fertilization (median, min-max)	4.0 (0-17)	4.5 (0-18)	0.511
Fertilization rate (%)	0.5 (0-1)	0.7 (0-2)	0.020
Cleavage number (median, min-max)	5.0 (0-13)	4 (0-17)	0.861
Cleavage rate (%)	0.8 (0-1)	1 (0-1)	0.007
Transfer number (median, min-max)	2.0 (0-2)	2 (0-2)	0.642
Transfer 1 (median, min-max)	1.0 (0-3)	1 (0-4)	0.878
Transfer 2 (median, min-max)	2.0 (1-4)	2 (1-4)	0.824

Table 5. Comparison of quality of embryos at third day in KS and NOA.

	KS (n=38)	NOA(n=177)	p
Grade 1	11 (28.9)	51 (28.8)	0.816
Grade 2	14 (36.8)	59 (33.3)	
Grade 3	11 (28.9)	49 (27.7)	
Grade 4	2 (5.3)	18 (10.2)	

Table 6. Outcomes of the patients after embryo

transfer.

	KS (n=24)	NOA (n=91)	p
Biochemical pregnancy	0	8 (8.8)	0.35 2
Clinical pregnancy	3 (12.5)	26 (28.6)	0.44 6
Ectopic pregnancy	0	1 (1.1)	-
Abortus	0	2 (2.2)	-
Live birth	3 (12.5)	23 (25.3)	0.39 2

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