

1 **The Effect Of An Equatorial Continent On The Tropical Rain Belt. Part 2:**

2 **Summer Monsoons**

3 Michela Biasutti* Spencer Hill,

4 *Lamont-Doherty Earth Observatory of Columbia University, 61 Route 9W, Palisades, NY 10964.*

5 Aiko Voigt

6 *Department of Meteorology and Geophysics, University of Vienna, Austria.*

7 **Corresponding author address: Lamont-Doherty Earth Observatory of Columbia University, 61*

8 *Route 9W, Palisades, NY 10964.*

9 *E-mail: biasutti@ldeo.columbia.edu*

ABSTRACT

10 The Tropical Rain belts with an Annual cycle and Continent Model In-
11 tercomparison Project (TRACMIP) ensemble includes slab-ocean aquaplanet
12 control simulations and experiments with a highly idealized tropical conti-
13 nent. We compare the two set-ups to investigate monsoon development and
14 contrast the characteristics of oceanic and continental rain bands in GCMs
15 with CMIP5-class dynamics and physics. Over land, the rainy season occurs
16 close to the time of maximum insolation. Other than in its timing, the conti-
17 nental rain band remains in an ITCZ-like regime, consistent with expectations
18 for deep-tropical monsoons: a smooth latitudinal transition, a poleward reach
19 only slightly farther than the oceanic ITCZ's, and a constant width through-
20 out the year. This monsoon confinement to the deep tropics is the result of
21 a tight coupling between regional rainfall and circulation anomalies: ventila-
22 tion of the lower troposphere by the anomalous meridional circulation is the
23 main limiting mechanism, while ventilation by the mean westerlies is only
24 secondary. Comparison of two sub-sets of TRACMIP simulations indicates
25 that a low heat capacity determines, to a first degree, both the timing and the
26 strength of the regional solstitial circulation; this lends support to the choice
27 of idealizing land as a thin slab ocean in much theoretical literature on mon-
28 soon dynamics. Yet, both the timing and strength of the monsoon are strongly
29 modulated by the treatment of evaporation over land and by the interaction of
30 moisture and radiation. This points to the need for a fuller exploration of land
31 characteristics in the hierarchical modeling of the tropical rain bands.

32 **1. Introduction**

33 The last twenty years have seen much progress towards a theory of monsoon circulations (Geen
34 et al. 2020). It has become apparent that individual regional monsoons should not be regarded
35 as the product of local land-sea contrast (Gadgil 2003), but rather elements of a coherent global
36 monsoon (Wang and Ding 2008), integral parts of the planetary Hadley circulation and of the
37 intertropical convergence zone (ITCZ). This recognition has lead to theories of monsoons that rely
38 only on zonal mean dynamics (Bordoni and Schneider 2008; Schneider et al. 2014). Nevertheless,
39 for the zonal circulation to achieve its solstitial, approximately angular-momentum-conserving
40 regime the surface boundary must have low heat capacity (Geen et al. 2019). On Earth, this
41 means: that continents are necessary; that the oceanic ITCZ would not behave as the observed
42 zonal mean rain band behaves; and that, instead, the regional monsoons shape the seasonality
43 of the zonal mean circulation. These considerations imply that Earth's zonal asymmetries and
44 localized monsoons are essential to the zonal mean circulation (Dima et al. 2005; Shaw et al. 2015).
45 Recently, Geen et al. (2019) have argued that there exist two classes of monsoon circulations, one
46 that behaves more like a canonical ITCZ, with smooth seasonal transitions and weaker overturning
47 circulation, and one that is characterized by abrupt onset and an angular-momentum conserving
48 cross-equatorial cell. In the first class are those monsoons that are confined to about 10 degrees of
49 the equator (such as the West African and the Australian monsoon), in the second class are those
50 monsoons that are centered at more subtropical locations (e.g., the Indian monsoon). But what
51 determines the location of monsoon rainfall? We still lack a theory of the tropical rain bands that
52 is complete enough to predict this from first principles (Biasutti et al. 2018; Hill 2019).

53 The Tropical Rain belts with and Annual cycle and Continent Model Inter-comparison Project
54 (Voigt et al. 2016, TRACMIP,) was implemented to addresses the relationship between monsoons

55 and the ITCZ in a set of climate models with CMIP5-class dynamics and physical parameteri-
56 zations. The experimental design *assumes* that the presence of a tropical continent will generate
57 a monsoon: the control set up is a slab-ocean aquaplanet while the monsoon set up includes an
58 idealized rectangular continent straddling the equator. In a companion paper (Biasutti et al. 2021)
59 we focused on how the regional monsoon circulation affected the annual mean state of the ITCZ.
60 In this paper, we focus on the monsoon circulation itself. Our first task is comparing the simu-
61 lated continental and oceanic rain bands to each other and to measures of the monsoon and ITCZ
62 “regimes”. Does the continental rain band in TRACMIP show an enhanced poleward movement
63 (Geen et al. 2019) or extent (Gadgil 2003)? Does it transition between the dry and rainy seasons
64 with the rapidity of a monsoon (Bordoni and Schneider 2008) or the smoothness of an ITCZ (Geen
65 et al. 2019)? How sensitive is the spatial extent of the monsoon to commonly used definitions
66 based on wind (Ramage 1971), or rainfall (Webster et al. 1998; Wang and Ding 2008)?

67 As we will show (for example in Figure 1a,b), the TRACMIP monsoon remains confined to the
68 deep tropics and evolves in an “ITCZ-like” regime similar to that of the West African monsoon
69 (Geen et al. 2020). The limited reach of the monsoon in today’s Africa is ascribed primarily
70 to the presence of the desert to the north, which both reduces the energy input absorbed by the
71 atmospheric column (Charney 1975; Chou and Neelin 2003) and is the source of low moist static
72 energy (MSE) advected by the regional circulation (Hill et al. 2017). The TRACMIP set up,
73 though, does not include deserts, and thus these mechanisms should not be relevant.

74 More generally, it has been argued that the poleward reach of the tropical rainfall is limited by
75 influxes of low MSE. We refer to this process as “ventilation”, expanding on the original meaning
76 of the term in Chou et al. (2001). For both oceanic and continental rain, this influx can come
77 from the midlatitudes (e.g., Chiang and Bitz 2005; Kang et al. 2008; Peterson and Boos 2020);
78 conversely, the subtropical reach of the Indian monsoon is due to shielding of mid-latitude air by

79 the mountains (e.g., Boos and Kuang 2010). For the regional monsoons, low MSE can come
80 from dry deserts (Hill et al. 2017) or cool oceans (Chou et al. 2001). Idealized studies on the
81 spatial distribution of monsoon rainfall have concluded that land geometry is the key parameter,
82 and that ventilation is the process that stops the monsoon from expanding poleward (Chou et al.
83 2001; Maroon and Frierson 2016; Zhou and Xie 2018).

84 Chou et al. (2001), using a continental geometry similar to TRACMIP's, ascribed the limited
85 monsoon extent to the transport into the eastern domain of cool, marine air by a combination
86 of the mean westerlies and an interactive "Rodwell-Hoskins" Rossby wave emanating from the
87 monsoon rainfall itself. Their atmospheric model (QTCM, Neelin and Zeng 2000) only allowed
88 for the barotropic and the first baroclinic mode of circulation, so both the mean westerlies and
89 the anomalous circulation were features of the free troposphere. Zhou and Xie (2018), using a
90 model with simplified physics but fully resolved vertical structure, also explained the ventilation
91 of a simplified zonally confined continent in terms of the free tropospheric westerlies. Specifically,
92 they claimed that westerlies bring colder temperature from the ocean over the continent and, as
93 convection homogenizes the cooling down to the surface, they end up stabilizing the atmosphere
94 and reducing rainfall. But conclusions from these earlier studies might depend on their severe
95 idealizations of the atmosphere and, indeed, they seem at odds with our previous results in Biasutti
96 et al. (2021): in TRACMIP, land influences the ocean downstream via boundary-layer winds, the
97 anomalous circulation is important, and so are moist radiative feedbacks. Therefore, we make the
98 examination of these processes' role in the ventilation of the monsoon a second focus of this study.

99 While the atmosphere in the TRACMIP models is simulated with full physics and full dynamics,
100 the land surface is extremely idealized: the "continent" consists of modified slab-ocean aquaplanet
101 grid cells with increased evaporative resistance, increased albedo, reduced heat capacity, and no
102 ocean heat transport (as specified by q -fluxes). TRACMIP was not purposefully designed to ex-

103 plore the role of different idealizations, but fortuitous errors of implementation allow us to gain
104 insight on the effects of each land characteristics. We have shown in Biasutti et al. (2021) that
105 changes in heat capacity play a predominant role in the creation of solstitial anomalies over land
106 and even of the annual mean anomalies over the ocean. Here, we again compare simulations
107 where the continent has either reduced or unchanged heat capacity to show how the latter affects
108 the continental rain band, in comparison to other land characteristics.

109 This paper is organized as follows. In Section 2 we describe in more details the model simu-
110 lations and our analysis procedures. The following three sections contain the bulk of our results.
111 First (Section 3), we provide an overview of the seasonal changes in the LandControl simulations
112 and characterize the behavior of the oceanic and continental rain bands in terms of a set of descrip-
113 tive measures of the monsoon and ITCZ “regimes”. Second (Section 4), we provide more detail
114 on the spatial pattern and poleward reach of the precipitation anomalies over the summer continent
115 and we investigate whether ventilation is achieved by free-tropospheric or boundary-layer winds
116 and by the mean or the anomalous circulation. And third (Section 5), we clarify the importance
117 of a reduced heat capacity in driving the continental anomalies. Section 6 summarizes our results,
118 discusses them in connection to previous idealized modeling of the monsoon, and provides our
119 outlook for future research.

120 **2. Data and methods**

121 *a. The TRACMIP protocol*

122 Table 1 provides a list of TRACMIP models (Voigt et al. 2016) included in this study. All of
123 the models include clouds and water vapor-radiation interactions, except the CaltechGray model,
124 which assumes a fixed emissivity in the atmosphere and contains no clouds (Bordoni and Schnei-

125 der 2008). We compare AquaControl and LandControl simulations. AquaControl is an aquaplanet
126 configuration with a slab ocean of 30m depth, zero eccentricity, atmospheric CO₂ concentrations
127 of 348 ppmv, and a prescribed ocean heat transport convergence that is an idealized version of
128 the observed zonal mean and that is the only source of asymmetry in the simulations under con-
129 sideration. Because of this ocean heat flux, the NH is warmer than the SH in the annual mean.
130 LandControl includes an idealized continent 45 degrees wide in longitude and extending in lati-
131 tude from 30°N to 30°S. The idealization of land properties is accomplished by modifying ocean
132 grid cells in the following ways: (1) the q -fluxes representing ocean heat transport convergence are
133 zeroed out in the continent region (note that a uniform compensation over the ocean ensures zero
134 net energy flux anomaly in the global mean); (2) the surface albedo over the continent is increased
135 by 0.07; (3) the evaporation rate coefficient in the bulk moisture flux equation is halved; and (4)
136 the heat capacity is reduced by changing the mixed layer depth from 30 m to 0.1 m.

137 We focus on the models that followed protocol exactly (hereafter, the protocol models; see the
138 correction to Voigt et al. (2016) and discussion in Biasutti et al. (2021)), but we also briefly present
139 results from models that incorporated the first three properties of land, but did not reduce the heat
140 capacity of the continental region (hereafter, the MetUM models). We compare the MetUM to
141 the protocol models in order to isolate the anomalies due to the choice of mixed layer depth from
142 those due to other land characteristics. To ensure that our interpretation is correct, and that model
143 choice is not an issue, we ensure that the inter-model scatter across the protocol models is much
144 smaller than the difference between the protocol models and the MetUM models.

145 *b. Rain Bands Diagnostics*

146 We refer to zonal-mean quantities as “rain bands”, with the understanding that the zonal average
147 is calculated from global data in the AquaControl simulations and over just the continent (0-45W)

148 in the LandControl simulations. Land and ocean climatologies differ substantially in how fast
149 either one responds to the external forcing coming from seasonally varying insolation. Therefore,
150 LandControl–AquaControl differences emphasize the changes in the timing of the rainy season at
151 any given latitude. If, instead, we compare the rain bands in their respective rainy seasons, we
152 emphasize differences in structure and behavior, independent of timing.

153 We characterize the spatial extent, the position, the rapidity of onset and the characteristics of
154 ascent (vertical profiles, frequency, and intensity) in the rain bands according to the quantities
155 summarized below:

156 **Monsoon Rainfall** Following Wang and Ding (2008), we define monsoon regimes where (a) the
157 local summer-minus-winter precipitation rate exceeds 2 mm day^{-1} and (b) the local summer
158 precipitation exceeds 55% of the annual total. The first criterion distinguishes the monsoon
159 climate from more arid climate regimes. The second ensures that precipitation is concentrated
160 during local summer, thereby distinguishing the monsoon climate from equatorial perennial
161 rainfall regimes. We define summer differently in the case of LandControl and AquaControl.
162 For LandControl we take local summer to denote May through September for the NH and
163 November through March for the SH. AquaControl seasons are shifted by three months (NH
164 summer goes from August to December and SH summer from February through June).

165 **Wind Reversal** We identify regions of wind reversal as those regions where the maximum dif-
166 ference in wind direction for any pair of months is larger than 90 degrees, for non-negligible
167 wind speed (the exact value of the threshold is unimportant) .

168 **Rainband Position** We calculate the position of the rain band as the centroid of precipitation
169 following the definitions of Adam et al. (2016) and Voigt et al. (2014)¹, or as the latitude of
170 maximum rainfall.

171 **Rainband Migration Speed** We take the time derivative of the 5-day running-mean smoothed
172 daily values of the rain band position to calculate the meridional translation speed of the rain
173 bands (Geen et al. 2019)

174 **Rain Band Width** Following Byrne and Schneider (2016), we define the width of the rain bands
175 as the meridional distance where net precipitation (precipitation - evaporation, P-E) is posi-
176 tive.

177 **Rain Characteristics** We diagnose changes in rainfall characteristics in terms of frequency of
178 rainy days (rain accumulation larger than 1mm day^{-1}) and simple daily rain intensity (rain
179 intensity on rainy days in mm day^{-1}).

180 We use climatologies based on the last 20 years of monthly data or, when daily data are necessary,
181 on 10 years of simulations.

182 **3. Monsoon and ITCZ regimes: Diagnostics of Oceanic and Continental Rain Bands**

183 Figure 1 shows the month-latitude Hovmoeller diagrams of climatological fields that have been
184 zonally averaged over the oceanic and continental sectors in the LandControl simulations; con-
185 tours of the AquaControl climatology (zonally averaged) are superimposed on the LandControl
186 sector averages in order to help the comparison. Besides the rain bands (Figure 1a,b), we show the
187 seasonal evolution of surface temperature (Figure 1c,d), and low-level MSE (Figure 1e,f). The cli-
188 matology of the LandControl simulation averaged over the ocean sector (left panels, Figure 1a,c,e)

¹The Adam et al. (2016) definition is more weighted toward rainfall away from the equator and indicates a smaller seasonal excursion than the Voigt et al. (2014) definition, which calculates the latitude where there is as much tropical rainfall to the north as to the south.

189 is similar to the zonal mean of AquaControl, with only small differences in the timing and inten-
190 sity of peak anomalies in all fields. This similarity is consistent with our findings in Biasutti et al.
191 (2021), in which we show that the influence of land extends only about 120° to the west of the
192 continent, leaving most of the ocean unaffected. In what follows, we select to contrast directly the
193 oceanic rain band in the AquaControl and the continental rain band in the LandControl.

194 The most obvious difference between LandControl and AquaControl, and the expected result of
195 a reduced surface heat capacity, is that the annual cycle is phase-shifted early over land, compared
196 to the ocean, by between 1 and 2 months in all variables (right panels, Figure 1b,d,f). Peak
197 values are also affected by land characteristics, but differently for different fields. Precipitation
198 shows a small reduction in peak values, especially in the Northern Hemisphere. The surface
199 temperature summer-to-winter seasonal excursions are of larger magnitude in LandControl than
200 in AquaControl (as is also expected for a lower heat capacity system forced by oscillating heat
201 fluxes). In contrast, seasonal MSE excursions remain similar across ocean and land, but MSE is
202 overall reduced in LandControl. A lesser MSE maximum derives from the imposed reduction in
203 local evaporation and also from transport of low MSE into the continent (see also Sec. 4).

204 The impression one derives from Figure 1 is that the oceanic and continental rain bands are over-
205 all very similar – aside from their phasing within the calendar year. Following Geen et al. (2019),
206 we suggest that the TRACMIP monsoon is in a deep-tropical, ITCZ-like regime, namely a regime
207 in which the monsoon never jumps to subtropical latitudes and never develops an approximately
208 angular momentum conserving circulation. Yet, the behavior of the land-based rain band remains
209 distinct from that of the oceanic ITCZ.

210 More detailed analysis supports this suggestion. Figure 2 shows the seasonal migration of the
211 rain band (indicated by three definitions in different shades of blue), alongside the location of
212 maximum surface temperature (red), maximum boundary layer MSE (magenta), and minimum

213 sea level pressure (black). In AquaControl, the maxima of surface temperature and MSE linger
214 at their northernmost and southernmost positions and transition between the two rather quickly,
215 more like square waves than sinusoids. The evolution of the oceanic rain band is more gradual,
216 but also more asymmetric: the shift from South to North is quicker than the reverse. Over ocean,
217 the relationship between the rain band and the position of the maximum MSE thus varies over the
218 course of the seasonal march.

219 We have already noted that the evolution of the continental climate is shifted early. We now see
220 that, in the NH, the timing of extrema in surface temperature, MSE, and SLP shifts more (from
221 October to August) than that of the rain band (from October to September). In the SH, both the
222 rain band and the surface extrema shift by the same amount, two months. Thus, the northward
223 migration and the southward migration are now of the same duration. Moreover, while the loci of
224 extreme temperature, MSE, and SLP are experiencing larger meridional excursion over land than
225 over ocean, the rain band is not: it oscillates between 5°S and 10°N over both land and ocean. This
226 causes a larger separation between the rain band and surface extrema (temperature, MSE, SLP)
227 over land, compared to the ocean. The larger separation between the rain band and the minimum
228 SLP (the Inter-Tropical Front, ITF) is a feature of real world monsoons, most famously in West
229 Africa (Nicholson 2018)². The separation of the rain band from the maximum in MSE is expected
230 from theories of the zonally symmetric moist circulation, especially for off-equatorial ITCZs (e.g.,
231 Privé and Plumb 2007). Nevertheless, it is unclear why the magnitude of this displacement would
232 be larger over land, given that the location of the rain band is similar in the two domains.

233 The relationships between the positions of the oceanic and continental maxima in low-level
234 MSE and the corresponding rain bands is further explored in Figure 3, which shows one quantity

²Although the LandControl does not develop a dry shallow circulation reaching to the ITF, as the one seen in West Africa or Australia (Nie et al. 2010)

235 plotted against the other. The relationship is not one-to-one throughout the year. In the case of the
236 oceanic ITCZ, the mismatch happens during the transition seasons, when the equatorial ITCZ is
237 diffused and can correspond to an MSE maximum on either side of the equator. But in the case
238 of the land monsoon, the mismatch (with similar ITCZ positions corresponding to a broad range
239 of MSE maximum positions) is especially evident during the early summer, as rainfall progresses
240 towards the poles, but does so slower than the MSE maximum. This behavior is opposite to the
241 abrupt onset of aquaplanet monsoons (Bordoni and Schneider 2008), that occurs provided the
242 mixed layer depth is sufficiently small (Wei and Bordoni 2018).

243 The degree of similarity in the progressions of the oceanic and continental rain bands is detailed
244 in Figure 4. The top panels reveal that both rain bands reach similar northernmost and south-
245 ernmost positions: there is less difference between the LandControl and AquaControl cases than
246 across models of the ensemble or across two commonly used centroid definitions. The transla-
247 tion speeds (shown in Figure 4c,d for one centroid definition, but robust to the choice) are also
248 somewhat similar between ocean and land, but with some noteworthy differences. Compared to
249 the aquaplanet, migration speeds over the continent are generally faster and less consistent with
250 a perfect sinusoidal progression (shown as an ellipse calculated from the annual harmonic). The
251 onset of the land monsoon (first and third quadrants) is somewhat slower than its demise (second
252 and fourth quadrants) in opposition to the behavior of the AquaControl ITCZ and to that reported
253 for aquaplanet monsoons in Geen et al. (2019).

254 Figure 5 shows the evolution of the rain band width, as defined in Section 2. The two leftmost
255 panels show latitude-month diagrams, while the right panel shows both the summer reach of the
256 rain band in each hemisphere (vertical bars, left axis) and the maximum width of the rain band
257 over the course of the year (markers, right axis). By either of these measures, the land-based rain
258 band behaves in ways qualitatively similar to the ocean-based ITCZ, with the only difference that

259 it reaches slightly further poleward (especially in the SH) and is slightly wider throughout the year
260 (but not in all models).

261 Finally, we move past the two-dimensional view of the monsoon in Figure 6, which shows the
262 extent of the “global monsoon” as defined by the seasonality of rainfall and wind. The two defi-
263 nitions select for different regions: The rain-based monsoon region is nearly completely confined
264 to the continent, extends to the subtropics, and is more extensive in the SH (where rainfall is
265 concentrated in a shorter rainy season). The wind-based monsoon is elongated over the ocean,
266 meridionally confined to the deep tropics, and is more extensive in the NH (where the circulation
267 is stronger). Nevertheless, when we take the sector or zonal averages, both definitions are consis-
268 tent in selecting for a slightly broader meridional span of the LandControl rain band, compared to
269 the AquaControl.

270 In summary, the above analysis shows that the TRACMIP monsoons is a deep-tropical monsoon
271 in an ITCZ-like regime, not too dissimilar from the West African monsoon. First, the width of
272 the TRACMIP rain band is similar over land and ocean and close to constant throughout the year.
273 Second, the rain’s northernmost reach is similar in the two domains. Third, areas of positive P-E
274 progress smoothly from one hemisphere to the other. Again, this behavior agrees with observations
275 in the African sector: the maximum in rainfall jumps from the coastal ocean to the interior at the
276 beginning of summer (Sultan and Janicot 2003), but the zonally averaged rainfall band progresses
277 quite smoothly. Moreover, the transition over Africa is faster in its retreat than in its advance
278 (Biasutti 2019), consistent with the behavior seen in the TRACMIP LandControl.

279 **4. The poleward extent of the summer monsoon: Mechanisms of ventilation.**

280 A map view of the LandControl-AquaControl seasonal anomalies provides clues to the processes
281 that determine the extent of the TRACMIP monsoon. Figure 7 shows the surface temperature

282 (shaded) and precipitation (contour) anomalies for the four standard seasons; the AquaControl
283 rain band is also shown for reference. Throughout the year, temperature and rainfall anomalies
284 over land are consistent—in sign and strength—with the accelerated response of the continent to
285 insolation (compared to the ocean) and with the tendency for rainfall to follow the net energy
286 input into the atmosphere. This translates to small anomalies during equinox seasons (comparable
287 to the annual mean anomalies, Biasutti et al. 2021) and much larger anomalies during the solstice
288 seasons. Anomalies in both temperature and rainfall are positive in the summer hemisphere and
289 negative in the winter hemisphere.

290 The wintertime cold anomalies are the largest, due to the reinforcing effects of enhanced resis-
291 tance to evaporation and reduced energy input, further amplified by moist-radiative feedbacks and
292 by the divergent surface circulation (Biasutti et al. 2021). Summertime and wintertime anomalies
293 in rainfall are more comparable in their peak positive and negative values, but they differ greatly in
294 shape. The wintertime dry anomalies are centered at the latitude of the AquaControl ITCZ and are
295 roughly zonally oriented (both foregone consequences, to some degree, of no negative rainfall).
296 The summertime wet anomalies extend poleward from the latitude of the AquaControl ITCZ and
297 are characterized by a triangular pattern: they are narrow in the western part of the continent and
298 broad in the eastern part, where they reach the coastlines at 30° N and S. A similar pattern of
299 summertime rainfall anomalies has been interpreted (Chou et al. 2001; Zhou and Xie 2018) as the
300 effect of ventilation, primarily by the mean free tropospheric westerlies. We find that ventilation
301 happens by different mechanisms in TRACMIP.

302 Figure 8 shows fields relevant to ventilation in the two summer hemispheres: JJA above the
303 equator and DJF below the equator. The top and bottom panels describe processes in the free
304 troposphere and in the boundary layer, respectively. Figure 8a shows temperature anomalies at
305 300hPa (shaded), geopotential anomalies at 700hPa (contours) and the full LandControl wind at

306 700hPa (vectors). The mean westerlies are weak over the subtropical portion of the continent
307 and the temperature anomalies do not resemble what we would expect from westerly advection:
308 instead of decaying inland, they are strongest in the western part of the continent and they are
309 warm in the summer hemisphere subtropics, opposite what is necessary for ventilation (Zhou and
310 Xie 2018). Upper level temperatures are cold everywhere else and show the Gill-like signature
311 (Gill 1980) of the negative rainfall anomalies in the oceanic cold tongue. It is possible that these
312 cold temperatures are homogenized downward by convection and modulate rainfall and surface
313 temperature in the core monsoon region. Nevertheless, they do not appear to be preventing rainfall
314 in the western portion of the subtropical continent.

315 Figure 8b shows fields relevant to low-level processes (anomalies in precipitable water, bound-
316 ary layer geopotential and wind) and suggests a predominant role for such processes in limiting
317 the monsoon in the western portion of the continent and enhancing it in the East. Note, for ex-
318 ample, the correspondence between the slanted positive anomalies in precipitable water over the
319 summer continent and the low-level cyclonic circulation that brings tropical moist air to the eastern
320 continent and subtropical dry air to the western continent.

321 The above suggestions are confirmed by a quantitative analysis of MSE advection. Figure 9a,b
322 show the total MSE advection in the boundary layer and the free troposphere (925hPa and 300hPa,
323 respectively; these levels were chosen as the most clearly representative, but results are robust to
324 the choice) in the two summer hemispheres (JJA in the NH and DJF in the SH). The pattern of
325 anomalies is similar at both levels, but the magnitude of the anomalies is much larger in the bound-
326 ary layer. We decompose the advection in its zonal and meridional terms and further decompose
327 those as the linear combination of the advection of anomalous MSE by the mean wind and ad-
328 vection of mean MSE by the anomalous wind. We obtain 4 terms that are plotted in Figure 9c
329 through j. This decomposition highlights how MSE advection is achieved differently at different

330 levels. In the free troposphere, the mean westerlies acting on the anomalous gradient of MSE do
331 indeed ventilate the western part of the continent, as suggested in the literature. But this effect
332 is counteracted by the other terms, especially by the advection of the climatological MSE gradi-
333 ent by the anomalous meridional wind. Within the boundary layer, the dominant mechanism of
334 ventilation is the advection of the background MSE gradient by the meridional component of the
335 anomalous circulation. The background zonal wind is most relevant at the coastlines, where it acts
336 to counteract the main advection pattern. The other terms are small over the subtropical continent.
337 (We note as an aside that the anomalous negative MSE advection that extends past the continent
338 at about 10° N is the result of the covariant term.)

339 The vertical profiles of the MSE transport terms (Figure 10) confirm the description above and
340 add some insight on the scatter across models. Higher in the troposphere, the advection into the
341 western subtropical continent of low oceanic MSE by the mean zonal wind is compensated by the
342 advection of the mean MSE by the anomalous meridional wind. Each term is uncertain across the
343 ensemble, but the cancellation is not, so that the total uncertainty in the free-troposphere ventilation
344 is low. Lower in the boundary layer, the continent is ventilated by the anomalous meridional wind
345 acting on the background gradient in MSE between the tropics and the midlatitudes. This is the
346 dominant term in the column MSE budget and imparts its uncertainty to the total advection term.

347 We conclude that, in TRACMIP, the diffusion of MSE anomalies by the free-troposphere west-
348 erlies is an active mechanism, but not the one primarily responsible for the ventilation of the
349 subtropics. The poleward extent of the monsoon rains, in its mean and its uncertainty, is predom-
350 inantly a consequence of anomalous poleward flow in the boundary layer acting on the prevailing
351 MSE field that decreases toward the pole.

352 **5. Land idealizations: The effect of a reduced heat capacity**

353 From the simplest model of a uniform surface layer forced by a sinusoidal heat source, we expect
354 that the small phase shift between insolation and surface temperature over land derives from the
355 reduced heat capacity of continental grid points. Yet, we have seen in Figures 1 and 4 that neither
356 MSE nor, especially, rainfall, covary perfectly with temperature, so that the question of the role of
357 different land characteristics on rainfall remains somewhat open.

358 To identify whether land characteristics other than heat capacity contribute to the simulated
359 LandControl-AquaControl seasonal changes, we contrast the mean anomalies across models that
360 exactly followed the TRACMIP protocol to those across the two MetUM models, in which a re-
361 duced heat capacity for land grid points was not imposed. Figure 11a,b show the latitude-month
362 Hovmöller diagrams of LandControl-AquaControl rainfall anomalies (alongside the AquaCon-
363 trol rain band, for reference). The top panel shows alternating dipoles in rainfall anomalies in
364 the protocol models, with wet anomalies preceding, and dry anomalies trailing, the AquaControl
365 rain band. The mean state and the anomalies are close to being in quadrature, suggesting a shift
366 in the seasonality and consistent with a much smaller annual-mean signal (Biasutti et al. 2021).
367 The bottom panel (in which land does not have a reduced heat capacity) shows peak anomalies
368 of similar magnitude, although the pattern is different. When idealized land retains a high heat
369 capacity, positive equatorial anomalies persist through the year and the subtropical dry anomalies
370 are limited to local summer, when they act to reduce the local maximum. Thus, the timing of the
371 rainy season remains unaffected.

372 We check the robustness of these results by examining the rainfall anomalies in the individual
373 protocol models and MetUM models averaged within the northern (Figure 12a) and southern Fig-
374 ure 12b) continent. Only the protocol models show the alternating positive and negative anomalies,

375 while the MetUM models show only dry anomalies, especially intense in correspondence of the
376 main rainy season. We note that the CAM5-Nor model (magenta line), is an outlier among the
377 protocol models, somewhat closer to the behavior of the MetUM models: drying associated with
378 land characteristics besides heat capacity (evaporative resistance, albedo, and lack of heat trans-
379 port convergence) has a more prominent role in this model. Nevertheless we will consider the
380 ensemble mean of all protocol models and interpret mean phase shifts as due to changes in heat
381 capacity.

382 Rainfall reduction in the continental subtropics occurs by different mechanisms when it is due
383 primarily to a smaller heat capacity or primarily to a resistance to evaporation. Figure 11b and
384 e show the LandControl-AquaControl changes in the frequency of rainy days in the two sets of
385 models (protocol and MetUM); Figure 11c and f show the changes in daily intensity. Peak changes
386 in intensity are around 8 mm day^{-1} , either in positive or in negative values and in both sets of
387 models. Peak changes in rain frequency are much larger in the case of the protocol models, and
388 much larger for negative than for positive anomalies. This asymmetry is consistent with the more
389 pronounced wintertime circulation changes driven by the heat capacity-induced land-sea contrast
390 (Figure 7, see also Biasutti et al. (2021) for a comparison with the MetUM models) and with a
391 greater role for dynamics, as opposed to thermodynamics, in affecting the occurrence of rainy days
392 rather than their intensity. In contrast, in the MetUM simulations, the imposed land characteristics
393 do not create large circulation in and out of the continent and changes in rainfall are predominantly
394 caused by thermodynamic properties and expressed as changes in intensity.

395 A reduced heat capacity also affects the profile of ascent in the rain band (Figure 13). Fig-
396 ures 13a,c show the latitude/pressure zonal and sector mean of vertical velocity for the SH summer
397 (DJF in LandControl and MAM in AquaControl in the case of the protocol models, MAM in both
398 LandControl and AquaControl in the case of the MetUM models). Figures 13b and d show each

399 model's profile in the ascent regions. For models with a reduced heat capacity over land, vertical
400 ascent is larger in magnitude and much more top heavy over land than over ocean³. The omega
401 profile remains unchanged in the case when land does not have a reduced heat capacity. This
402 change in the vertical profile of ascent only depends on the different heat capacity of the lower
403 boundary, not on where the rain band is in its seasonal march. It follows that the presence of a low
404 heat capacity continent will influence the responsiveness of the rain band to MSE fluxes: deeper
405 or shallower profiles of ascent are associated with larger or smaller moist stability (Raymond et al.
406 2009), thus modulating the relationship between the position of the rain band and MSE transport
407 (see, e.g., Biasutti et al. 2018).

408 **6. Conclusions**

409 In this paper we have examined the rain band that develops over the idealized tropical conti-
410 nent in the LandControl simulations of the TRACMIP multi-model ensemble (Voigt et al. 2016).
411 The continental rain band moves farthest poleward around summer solstice, 1-2 months preceding
412 its oceanic counterpart. Whereas the rain band width, translation speed, and maximum rain rate
413 differ modestly between land and ocean. Previous work (Geen et al. 2019) had suggested that
414 subtropical monsoons abruptly develop an approximately angular-momentum conserving circu-
415 lation, while those in which maximum rainfall remains within about 10° or 15° of the equator
416 show a weaker, smoothly changing circulation (dubbed an ITCZ-like regime). This distinction
417 motivated our investigation of the mechanisms of ventilation that set the poleward reach of the
418 TRACMIP monsoon. We find that the advection of low MSE into the subtropical land by the
419 low-level anomalous meridional wind acting on the background distribution of moist static energy

³The NorESM model is an exception, but we have not adjusted the averaging period to match its continental summer; when that is done, it too
has deeper ascent over land

420 is the predominant mechanism, while the advection of anomalous MSE by the mean westerlies is
421 secondary. This means that what sets the anomalous circulation sets the position of the rainfall
422 maximum. At the same time, the position of the rainfall maximum implies (Geen et al. 2019,
423 according to) whether the circulation shifts to an approximately angular-momentum conserving
424 regime. Together, these conditions signify a tight coupling between rainfall and circulation, more
425 so in TRACMIP than in previous studies in which the effect of the background circulation was
426 paramount.

427 These insights are helpful to assess idealized simulations of the tropical rain bands: what is
428 retained and what is lost when we eliminate a process or an entire component of the climate
429 system? To begin to answer this question—although within a linear framework that might be
430 insufficient (Garfinkel et al. 2021)—we focus on how different idealizations play out in our results
431 and in the theoretical literature on the the global monsoon and ITCZ.

432 *(i) Vertical Wind Structure.* The pivotal studies of Chou et al. (2001) and Chou and Neelin (2003)
433 were carried out with QTCM-1, the first version of the Quasi-equilibrium Tropical Circulation
434 Model (Neelin and Zeng 2000; Sobel and Neelin 2006). In its original formulation, QTCM sim-
435 plified the vertical structure of the atmosphere to one with full-troposphere overturning cells and
436 no boundary layer dynamics. By design, therefore, ventilation was the effect of bulk advection of
437 mid-latitude oceanic low-MSE air by the column-integrated westerlies in both the basic state and
438 the anomalous circulation (itself a product of the monsoonal rainfall, as in the work of Rodwell
439 and Hoskins 1996). While the distribution of land rainfall in TRACMIP is not qualitatively dif-
440 ferent from that in QTCM, boundary-layer advection of low MSE by the anomalous meridional
441 circulation is the key process. The advection by the free troposphere mean westerlies is an active
442 process, but secondary, and mostly counteracted by meridional advection.

443 One caveat remains necessary: while the TRACMIP GCMs resolve the boundary layer, they do
444 not reproduce a shallow circulation. Heat-low dynamics and transport by the dry return flow of the
445 shallow circulation is, instead, though to be important for the behavior of the African or Australian
446 monsoons (e.g., Shekhar and Boos 2017; Zhai and Boos 2017).

447 *(ii) Continental Geometry.* We have not investigated land geometry per se, but we have demon-
448 strated a primary role for the low-level circulation in ventilating the monsoon, and we can speculate
449 on how the continental geometry would matter, at least for tropical continents (subtropical conti-
450 nents have been recently investigated by Maroon and Frierson 2016; Zhou and Xie 2018; Hui and
451 Bordoni 2021, among others). First of all, we can assume that a continent that extended to the sur-
452 face westerlies would be responsive to those as well (just as the TRACMIP ocean responds to the
453 advection by the mean easterlies, Biasutti et al. 2021). Second, because northerly MSE advection
454 is key, a continent that extended into colder oceans, or that included a desert to its poleward flank,
455 would experience greater ventilation.

456 It is more difficult to speculate on the effect of the width of the continent. Zhou and Xie (2018)
457 suggested that the length scale of the oceanic influence over land is given by a balance between
458 the time scales of upper-level advection and convective mixing. But their view presupposes that
459 westerly cold advection is the predominant mechanism of ventilation. If boundary layer processes
460 are instead predominant, the scale of the low-level continental low becomes key. How the latter
461 depends on local and remote rainfall and cloud anomalies, as well as on the characteristics of the
462 lower boundary, remains an open question.

463 *(iii) Surface Evaporation.* We suggest that the treatment of evaporation over land modulates the
464 extent of the monsoon in several key ways. First, reduced evaporation contributes to the asymme-
465 try between continental winter cooling and summer warming and to the drying of the equatorial

466 ocean (Biasutti et al. 2021). Therefore, we expect that the precise structure of the low-level circu-
467 lation anomalies that ventilate the monsoon would depend on the choice of how water fluxes are
468 parameterized at the land surface. Second, impaired evaporation makes continental rainfall more
469 sensitive to ventilation (Chou et al. 2001). The similarity in the responses in TRACMIP (where an
470 evaporative resistance crudely mimicked vegetation) and QTCM (where a bucket model mimicked
471 soil moisture processes) suggests to us that, as long as evaporation is reduced over land, the means
472 of such reduction are not a crucial choice. Third, we stress (again on the strength of previous liter-
473 ature, e.g. Chou et al. 2001) that a moist land, from which evaporation is always possible, prevents
474 the development of the heat low and the important interaction of the deep tropical monsoon with
475 the shallow circulation (Zhai and Boos 2017; Peyrille et al. 2016).

476 *(iv) Moist Radiative Processes.* Influential studies of the rain bands (ITCZ and monsoons, e.g.,
477 Bordoni and Schneider 2008; Bischoff and Schneider 2014; Zhou and Xie 2018, among many)
478 have been carried out with a model (Frierson et al. 2007) that simplified atmospheric physics, and
479 in particular did not include the radiative effects of water vapor and clouds. Reassuringly, the same
480 model is shown here to behave consistently with the ensemble of protocol models. Nevertheless,
481 the CALTECH model (with no moist-radiative feedbacks; Bordoni and Schneider 2008) and the
482 NorESM model (with strong moist-radiative feedbacks; Biasutti et al. 2021) often stand out as
483 outliers. This supports the conclusion of many previous studies (for example, Kang et al. 2009,
484 Maroon and Frierson 2016, Byrne and Zanna 2020, Biasutti et al. 2021 and, for a comprehensive
485 review, Voigt et al, 2021) that moist-radiative processes are of first order (quantitative, but not
486 qualitative) importance for the dynamics of the tropical rain bands.

487 The above discussion points to the need to better formalize a modeling hierarchy for land. For
488 other GCM components besides land, there is a recognized hierarchy of model complexity from

489 which researchers can choose the level best suited to their objectives. For example, the ocean can
490 be represented with fixed (uniform or non-uniform) surface temperatures, a slab with specified
491 q -fluxes, a column ocean, or a full dynamical ocean (Jeevanjee et al. 2017). It is not obvious
492 what the equivalent hierarchy should look like for land models since there are so many potential
493 properties to include and there might be different combinations with similar complexity. We agree
494 that heat capacity is the most consequential of the land characteristics, the zeroth order influence
495 on the timing and the strength of the solstitial circulations. Nevertheless, the TRACMIP experi-
496 ments suggest that anything that affects surface evaporation is also a fundamental knob, capable
497 of shaping the regional circulation and the type of monsoon regime that ensues. Interactive soil
498 moisture (as in Chou et al. (2001)), or vegetation (as, most crudely, in TRACMIP) both fit the bill;
499 so do albedo, which determines the energy available to evaporation, and surface roughness, which
500 alters wind and thus evaporation. The ways in which these factors affect low-level MSE have not
501 been investigated in the theoretical literature as thoroughly as for heat capacity and continental
502 geometry, and they deserve a deeper exploration. We suggest the need for more sensitivity experi-
503 ments with full-physics comprehensive GCM in which land's defining factors (surface roughness,
504 albedo, soil moisture, and vegetation) can be explicitly tuned for their effect on evaporation. This
505 will allow a land model hierarchy to come into greater focus, and we will be closer to the ideal
506 where anyone who wants to study monsoon dynamics will have a clearly defined array of tools
507 from which to select the one best suited to their research.

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516 and of CMIP6. The model data used in this study are available in Google cloud
517 (<https://console.cloud.google.com/storage/browser/cmip6>), thanks to a grant to the Pangeo project
518 (<https://pangeo.io/>). Further information on TRACMIP, including sample scripts on how to access
519 its data via Pangeo, is provided at <https://gitlab.phaidra.org/voigta80/tracmip>.

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635 **LIST OF TABLES**

636 **Table 1.** List of atmospheric GCMs used in this study, along with the coupled Earth
637 System model that each atmospheric model is a component of, if applicable.
638 Only the models following protocol (not starred) are included in the multi-
639 model means. All models except CaltechGray are full physics GCMs. Citations
640 and additional details such as model resolution are listed in Voigt et al. (2016). . . . 31

Atmospheric model	Component of	Protocol
CaltechGray	N/A	yes
CAM3	CCSM3	yes
CAM4	CCSM4	yes
CAM5Nor	NorESM2	yes
CNRM-AM5	CNRM-CM5	yes
ECHAM6.1	MPI-ESM	yes
MetUM-CTL*	GA6.0	no: heat capacity as in AquaControl
MetUM-ENT*	GA6.0 (modified)	no: heat capacity as in AquaControl
MIROC5 (atmospheric component)	MIROC5	yes
MPAS (atmospheric component)	MPAS	yes

641 TABLE 1. List of atmospheric GCMs used in this study, along with the coupled Earth System model that
642 each atmospheric model is a component of, if applicable. Only the models following protocol (not starred)
643 are included in the multi-model means. All models except CaltechGray are full physics GCMs. Citations and
644 additional details such as model resolution are listed in Voigt et al. (2016).

645 **LIST OF FIGURES**

646 **Fig. 1.** Latitude-Month Hovmöller diagram of the climatological ocean (left: a,c,e) and continent
647 (right: b,d,f) sector mean of the LandControl precipitation (a,b), surface temperature (c,d),
648 low-level MSE (e,f). The AquaControl fields are repeated as contours superimposed on the
649 LandControl shading for reference. In all panels, the same contour level is dashed in the
650 AquaControl and dotted in the LandControl to facilitate the comparison of the timing and
651 intensity of the maxima in each field (refer to the colorbar to identify the values correspond-
652 ing to the highlighted contours). 35

653 **Fig. 2.** Meridional positions, as a function of climatological month, of the ITCZ (ITCZ_a and ITCZ_v
654 indicate the definitions of Adam et al (2016) and Voigt et al (2014), respectively; blue lines),
655 the maximum in rainfall (light blue), the minimum in SLP (indicated as the InterTropical
656 Front, ITF, black), the maximum in surface MSE (magenta), and the maximum in surface
657 temperature (red). Left panel (a) is for the ensemble and zonal mean of the AquaControl
658 simulations, right panel (b) is for the ensemble and continent sector mean of the LandControl
659 simulations. Shading indicates one standard deviation in the multi-model ensemble. 36

660 **Fig. 3.** Scatter plots of the (a) zonal-mean AquaControl and (b) sector-mean LandControl latitude
661 of the maximum low-level MSE as a function of the latitude of the ITCZ. Small symbols are
662 for the climatologies of individual models, large symbols are for the multi-model means. 37

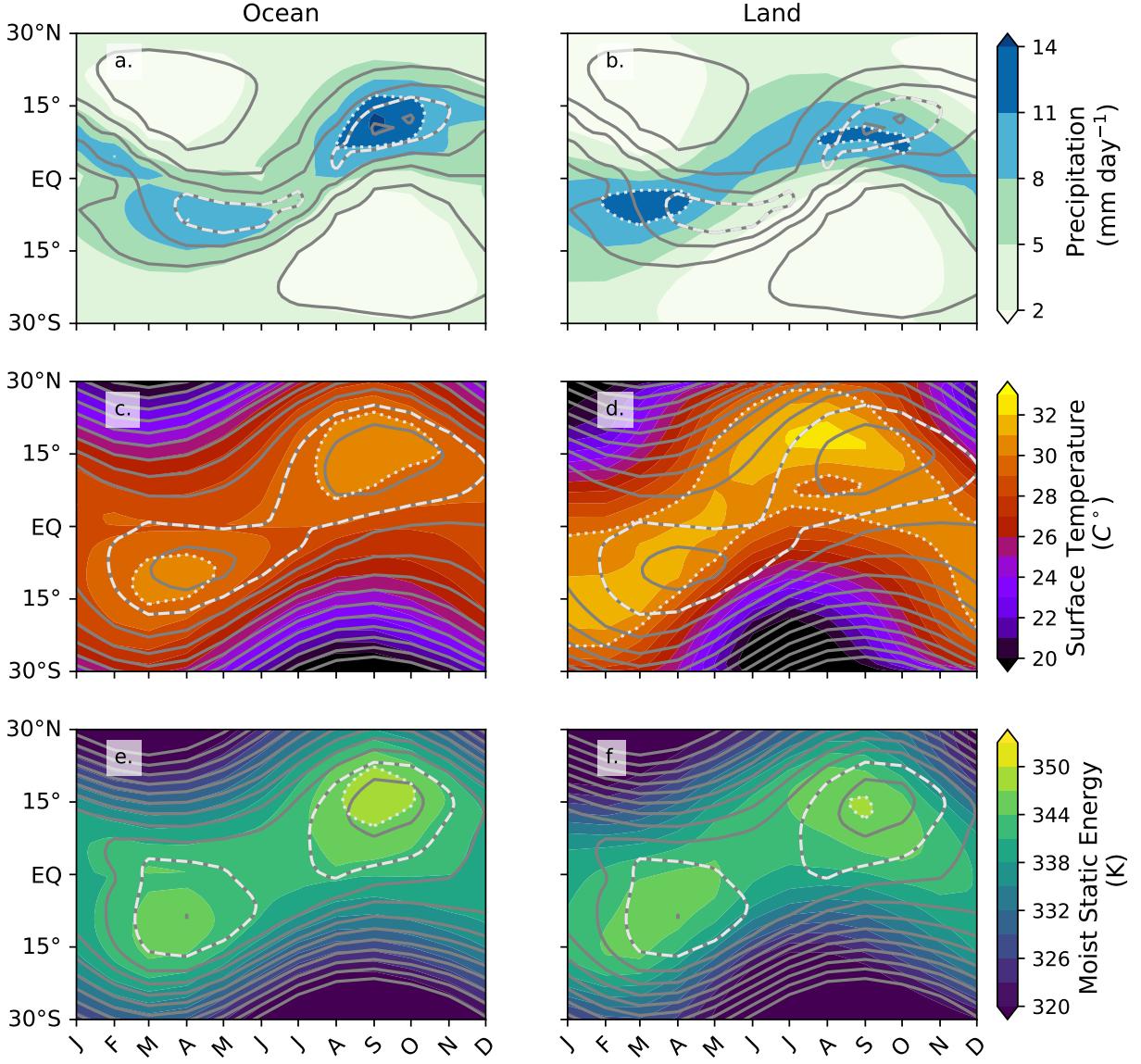
663 **Fig. 4.** Top (a,b): Position of the ITCZ in the AquaControl (solid lines) and LandControl (dashed
664 lines) according to the definition of Adam et al (2016, a) and Voigt et al (2014, b) as cal-
665 culated from smoothed daily data. Bottom (c,d): the speed of meridional migration of the
666 ITCZ (according to the Adam et al. (2016) definition) in the AquaControl (c, solid lines)
667 and in the LandControl (d, dashed lines). The perfect ellipses in c and d are obtained by
668 fitting the ITCZ position with two Fourier components (time mean plus a single annual si-
669 nusoid) and plotting the corresponding position and velocity. Migration speeds outside the
670 ellipses correspond to rapid transitions. Individual models are color-coded (see Figure 4 for
671 a legend), the multi-model mean is given by the thick black lines. 38

672 **Fig. 5.** Width of the ITCZ as indicated by the zero contour of the P-E field. The left panel is for the
673 zonal mean of the AquaControl simulations; the middle panel is for the sector mean of the
674 LandControl simulations. The right panel indicates the meridional span of the ITCZ in its
675 seasonal march (the southernmost reach of the southern zero P-E contour and the northern-
676 most reach of the northern zero P-E contour); broad bars for the LandControl case and thin
677 lines for the AquaControl case; y-axis on the left, corresponding to that on the other panels.
678 The right y-axis measures the maximum width of the ITCZ (distance between the southern
679 and northern zero P-E contours) during the course of the year for the AquaControl zonal
680 mean rain band (dots) and the LandControl sector mean continental rain band (squares).
681 Individual models are color-coded as indicated in the right panel, the multi-model mean is
682 given by the thick black lines. 39

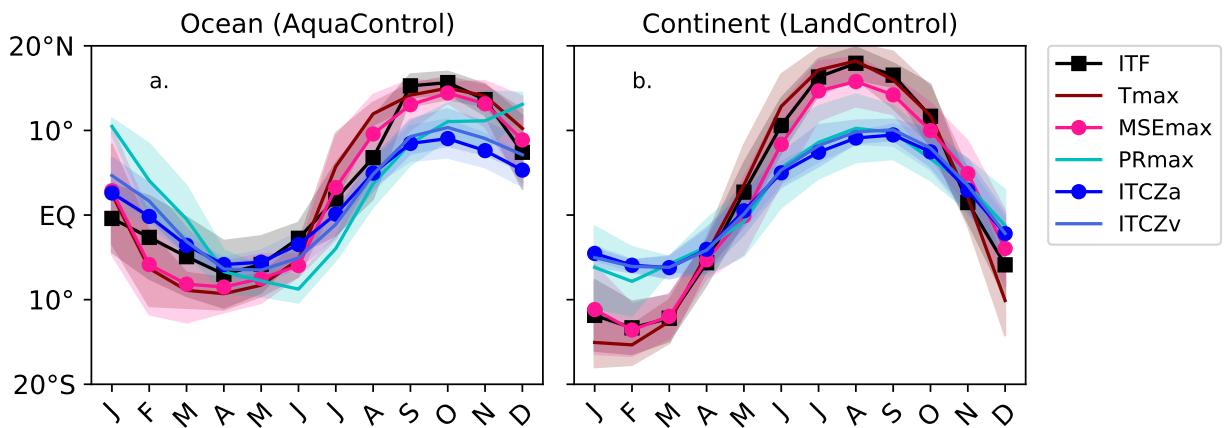
683 **Fig. 6.** Spatial extent of the summer rain bands (top) and loci of seasonal wind reversal (bottom). a:
684 Map of the LandControl global monsoon, as defined by a precipitation criterion. Each model
685 is color-coded as indicated in the right-hand panel and the multi-model mean is indicated
686 in black. b: maximum meridional summer extent of the rain-defined global monsoon domain
687 in each model (bars are for the LandControl case and thin lines are for the AquaControl case)
688 and in the multi-model mean. c. Map of the LandControl global monsoon, as defined by a
689 wind reversal criterion. Each model is color-coded and the multi-model mean is hatched in
690 black. d: as in b, but for the wind-reversal criterion. Refer to the text for the exact definition
691 of the rainfall and wind criteria for the global monsoon in the Land and Aqua cases. 40

692	Fig. 7.	Maps of the surface temperature (shaded) and precipitation (black contours, every 2mm day ⁻¹ , skipping the zero contour) LandControl minus AquaControl ensemble-mean seasonal anomalies. The seasonal means are DJF (a), MAM (b), JJA (c) and SON (d). The position of the AquaControl rain band for each season (as indicated by the 6mm day ⁻¹ contour) is superimposed in grey for reference.	41
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697	Fig. 8.	Top (a): summertime (JJA in the NH and DJF in the SH) ensemble mean LandControl minus AquaControl ensemble-mean anomalies in 300hPa temperature (shaded) and in 700hPa geopotential (contours, contour interval is 8m; dashed lines indicate negative anomalies, the zero contour is omitted), and 700hPa LandControl full wind field (vectors; only wind speeds greater than 3m/s are plotted; see reference arrow on the left). Summertime rainfall anomalies less than -2mm day ⁻¹ are shaded in brown and those greater than 2 (4) are shaded in green (dark green); Bottom (b): Same as in (a), but shading indicates 925hPa geopotential heights; contours indicate precipitable water (contour interval is 5g Kg ⁻¹); and wind vectors are for the 925hPa anomalies (only wind speeds larger than 1m/s are plotted, see reference arrow on the left).	42
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707	Fig. 9.	Maps of summertime (JJA in the NH and DJF in the SH) LandControl minus AquaControl ensemble-mean anomalous MSE transport at 925hPa (left: a,c,e,g,i) and 300hPa (right: b,d,f,h,l). The total advection anomalies are given in the top panels (a,b). The other panels show: (c,d) the advection of the anomalous MSE gradient by the basic-state zonal wind; (e,f) the advection of the basic-state MSE gradient by the anomalous zonal wind; (g,h) the advection of the anomalous MSE gradient by the basic-state meridional wind; and (i,l) the advection of the basic-state MSE gradient by the anomalous meridional wind. Units are in °C m s ⁻¹ (lat/lon degree) ⁻¹	44
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715	Fig. 10.	Vertical average profile of summertime (JJA in the NH and DJF in the SH) LandControl minus AquaControl ensemble-mean anomalous MSE transport in the western subtropical corners of the TRACMIP continent. The total advection anomalies are given in black (the sum of the linearized terms is given in the dashed black line). Blu refers to the advection by the mean wind of the anomalous MSE, magenta refers the advection by the anomalous wind of the mean MSE. Dotted lines refer to zonal terms and dash-dotted lines to meridional terms. The dominant terms are indicated in the legend and are plotted with a shading corresponding to plus or minus one standard deviation in the multi-model ensemble. The vertical axis is pressure in hPa; the MSE transport terms are calculated in units of °C m s ⁻¹ (lat/lon degree) ⁻¹	45
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725	Fig. 11.	Latitude/time Hovmöller diagram of climatological LandControl minus AquaControl multi-model-mean monthly anomalies in (a,d) rainfall in mm day ⁻¹ (b,d) frequency of rainy days in percentage, and (c,f) simple daily intensity index in mm day ⁻¹ . Superimposed on the shaded fields are (a,d) the AquaControl climatological rainfall (gray contours) and (b,c,e,f) the LandControl-AquaControl monthly rainfall anomalies (contours colored according to the colorbar in a). Top (a,b,c) is for the mean of the models with reduced heat capacity over land. Bottom (d,e,f) is for the average of the models with unchanged heat capacity.	46
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732	Fig. 12.	The annual cycle of LandControl minus AquaControl rainfall anomalies averaged zonally (LandControl data over the continental sector only) and over (a) 10°15° N and (b) 10°15° S . The solid thin colored lines are individual models that followed protocol, the thick solid black line is their multi-model mean, and the light shading indicates a spread of ± 1 standard deviation. The dash-dotted lines are the two models that did not reduce heat capacity in the continental area.	47
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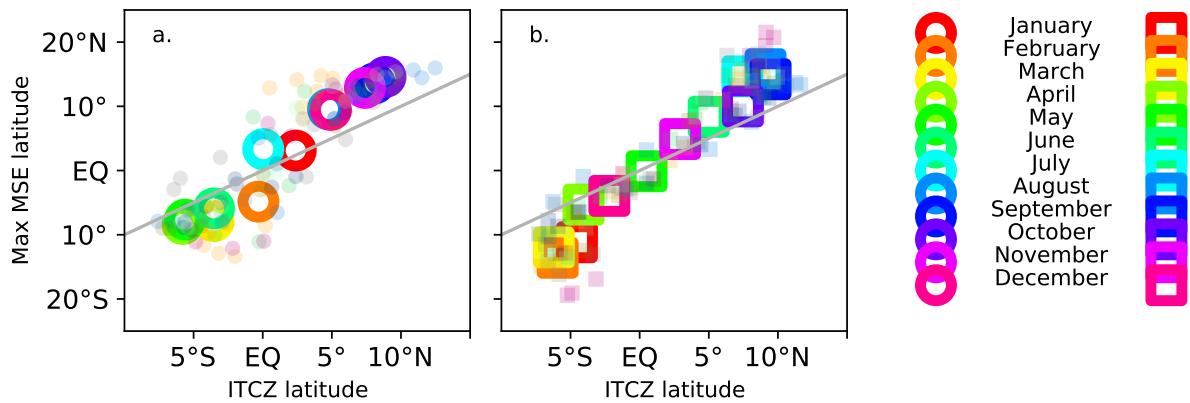
738 **Fig. 13.** The effect of heat capacity on ascent profiles. (a) Vertical velocity omega profiles during SH
739 summer in LandControl (DJF, shaded, averaged over the continental sector) and AquaControl
740 (MAM contours, zonally averaged). Fields are the multi-model mean of the models that
741 followed the full TRACMIP protocol in setting up land points. (b) Vertical velocity omega
742 profiles during SH summer (as in a) but averaged over the latitude of tropical ascent and
743 plotted for each individual model (solid for LandControl and dashed for AquaControl; note
744 that we plot negative values both right and left of the vertical zero line, to allow for a cleaner
745 comparison of the profile shape in LandControl (left) and AquaControl (right). (c) and (d):
746 As in (a) and (b), but for the average of the two MetUM models, which did not reduce land's
747 heat capacity. Southern Hemisphere summer season is therefore defined as MAM for both
748 LandControl and AquaControl. 48



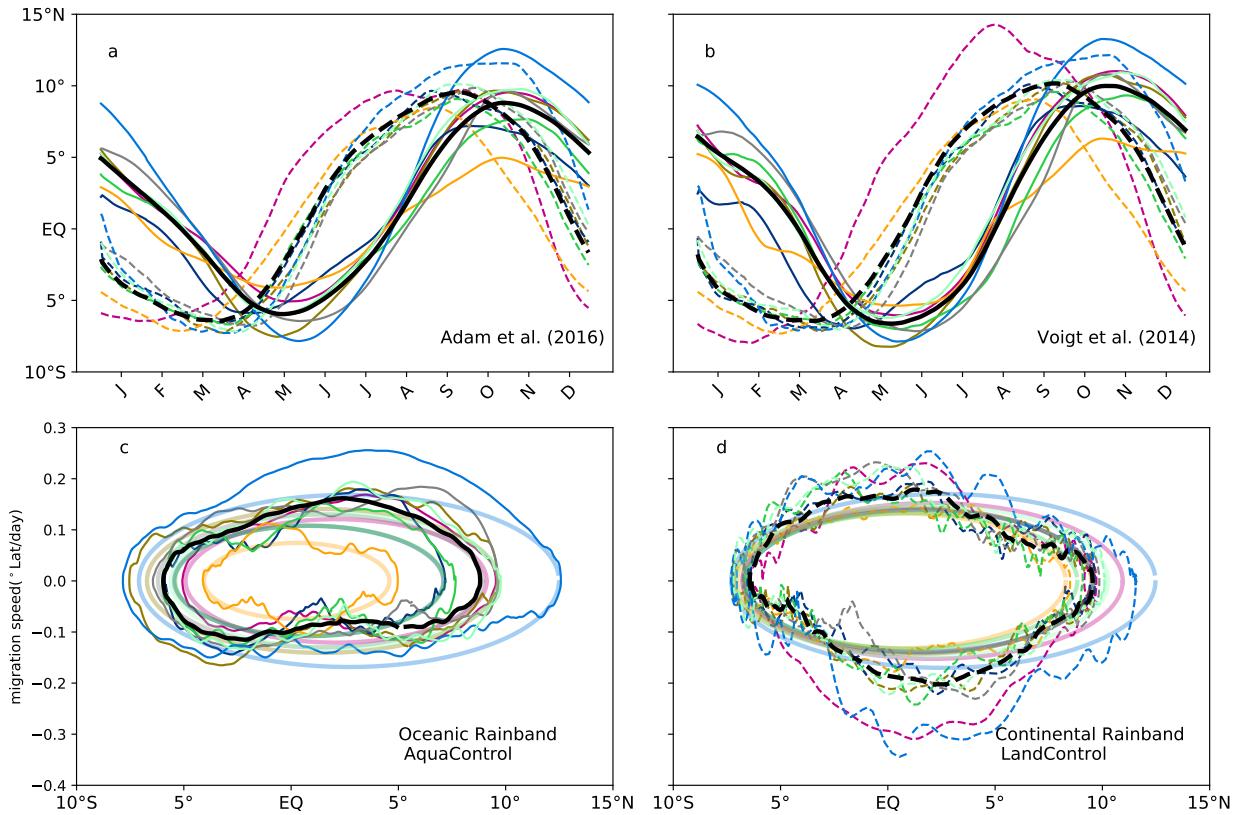
749 FIG. 1. Latitude-Month Hovmoeller diagram of the climatological ocean (left: a,c,e) and continent (right:
 750 b,d,f) sector mean of the LandControl precipitation (a,b), surface temperature (c,d), low-level MSE (e,f). The
 751 AquaControl fields are repeated as contours superimposed on the LandControl shading for reference. In all
 752 panels, the same contour level is dashed in the AquaControl and dotted in the LandControl to facilitate the
 753 comparison of the timing and intensity of the maxima in each field (refer to the colorbar to identify the values
 754 corresponding to the highlighted contours).



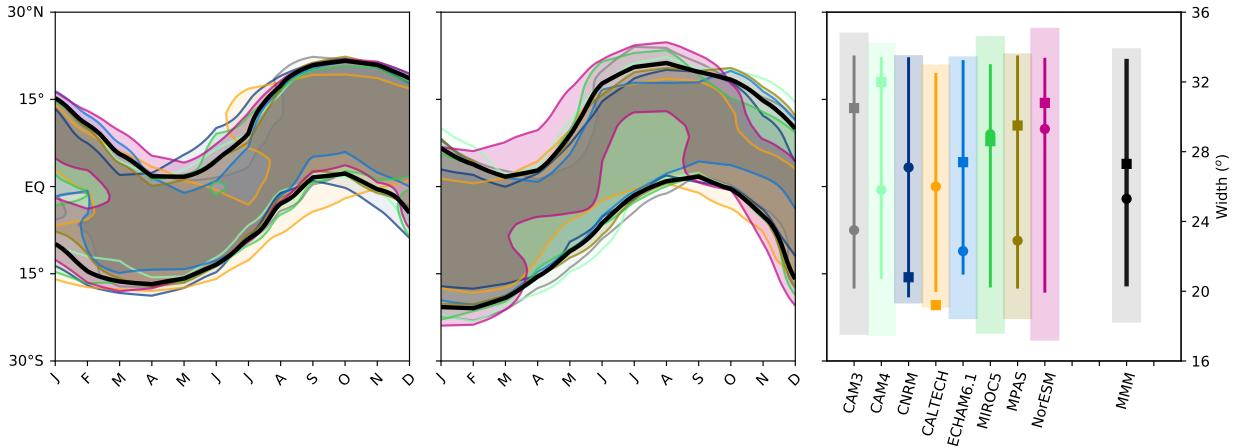
755 FIG. 2. Meridional positions, as a function of climatological month, of the ITCZ (ITCZa and ITCZv indicate
 756 the definitions of Adam et al (2016) and Voigt et al (2014), respectively; blue lines), the maximum in rainfall
 757 (light blue), the minimum in SLP (indicated as the InterTropical Front, ITF, black), the maximum in surface
 758 MSE (magenta), and the maximum in surface temperature (red). Left panel (a) is for the ensemble and zonal
 759 mean of the AquaControl simulations, right panel (b) is for the ensemble and continent sector mean of the
 760 LandControl simulations. Shading indicates one standard deviation in the multi-model ensemble.



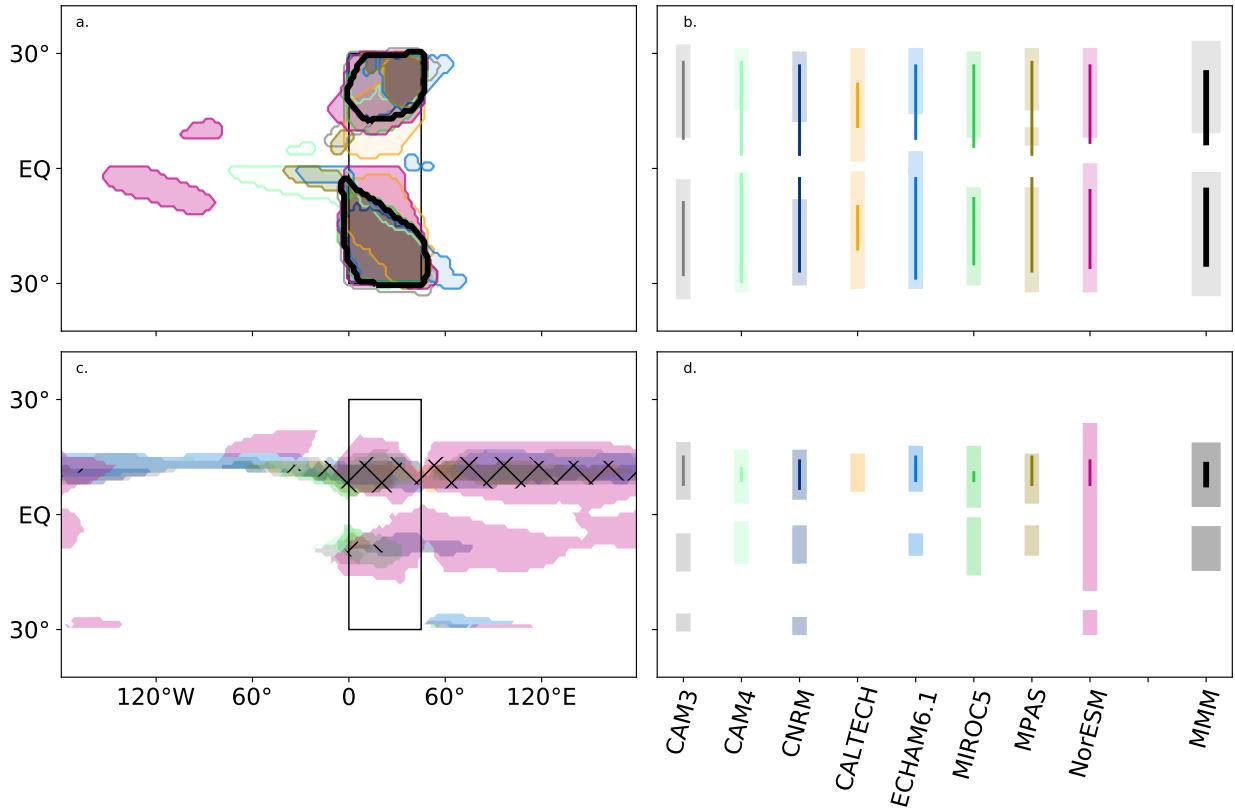
761 FIG. 3. Scatter plots of the (a) zonal-mean AquaControl and (b) sector-mean LandControl latitude of the
 762 maximum low-level MSE as a function of the latitude of the ITCZ. Small symbols are for the climatologies of
 763 individual models, large symbols are for the multi-model means.



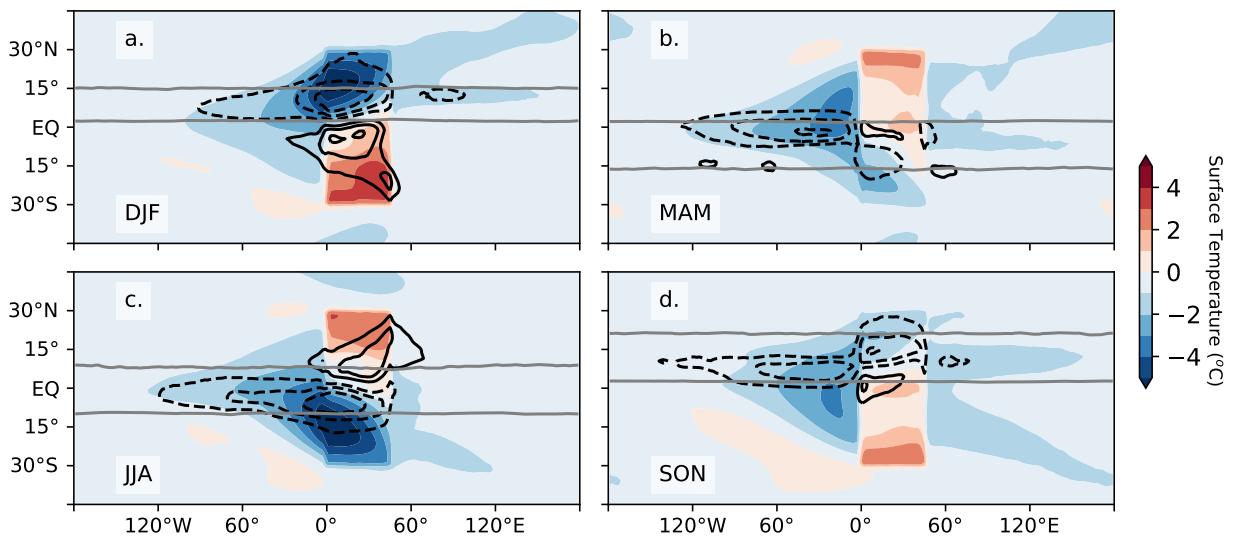
764 FIG. 4. Top (a,b): Position of the ITCZ in the AquaControl (solid lines) and LandControl (dashed lines)
 765 according to the definition of Adam et al (2016, a) and Voigt et al (2014, b) as calculated from smoothed
 766 daily data. Bottom (c,d): the speed of meridional migration of the ITCZ (according to the Adam et al. (2016)
 767 definition) in the AquaControl (c, solid lines) and in the LandControl (d, dashed lines). The perfect ellipses in
 768 c and d are obtained by fitting the ITCZ position with two Fourier components (time mean plus a single annual
 769 sinusoid) and plotting the corresponding position and velocity. Migration speeds outside the ellipses correspond
 770 to rapid transitions. Individual models are color-coded (see Figure 4 for a legend), the multi-model mean is
 771 given by the thick black lines.



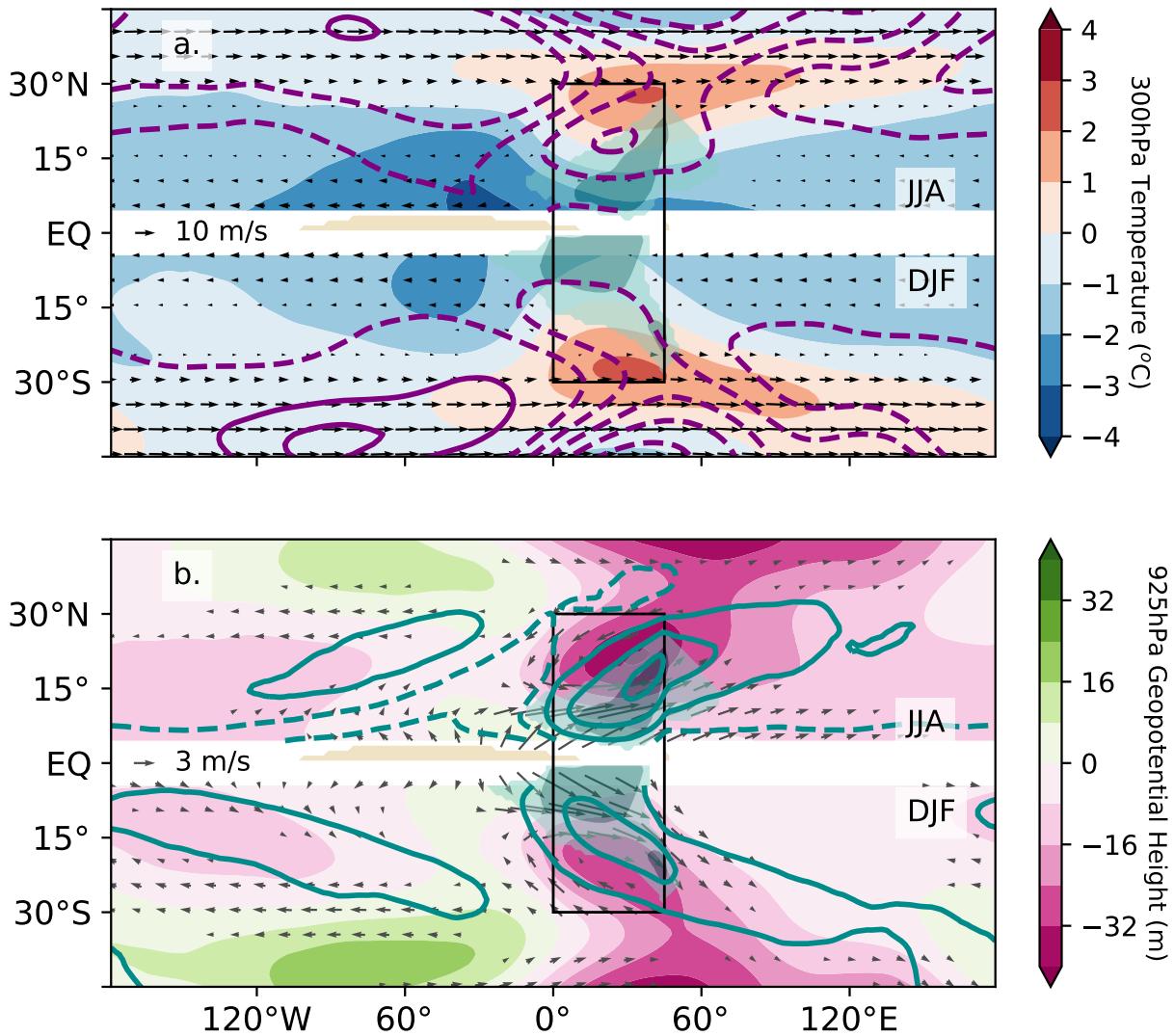
772 FIG. 5. Width of the ITCZ as indicated by the zero contour of the P-E field. The left panel is for the zonal
 773 mean of the AquaControl simulations; the middle panel is for the sector mean of the LandControl simulations.
 774 The right panel indicates the meridional span of the ITCZ in its seasonal march (the southernmost reach of
 775 the southern zero P-E contour and the northernmost reach of the northern zero P-E contour); broad bars for
 776 the LandControl case and thin lines for the AquaControl case; y-axis on the left, corresponding to that on the
 777 other panels. The right y-axis measures the maximum width of the ITCZ (distance between the southern and
 778 northern zero P-E contours) during the course of the year for the AquaControl zonal mean rain band (dots) and
 779 the LandControl sector mean continental rain band (squares). Individual models are color-coded as indicated in
 780 the right panel, the multi-model mean is given by the thick black lines.



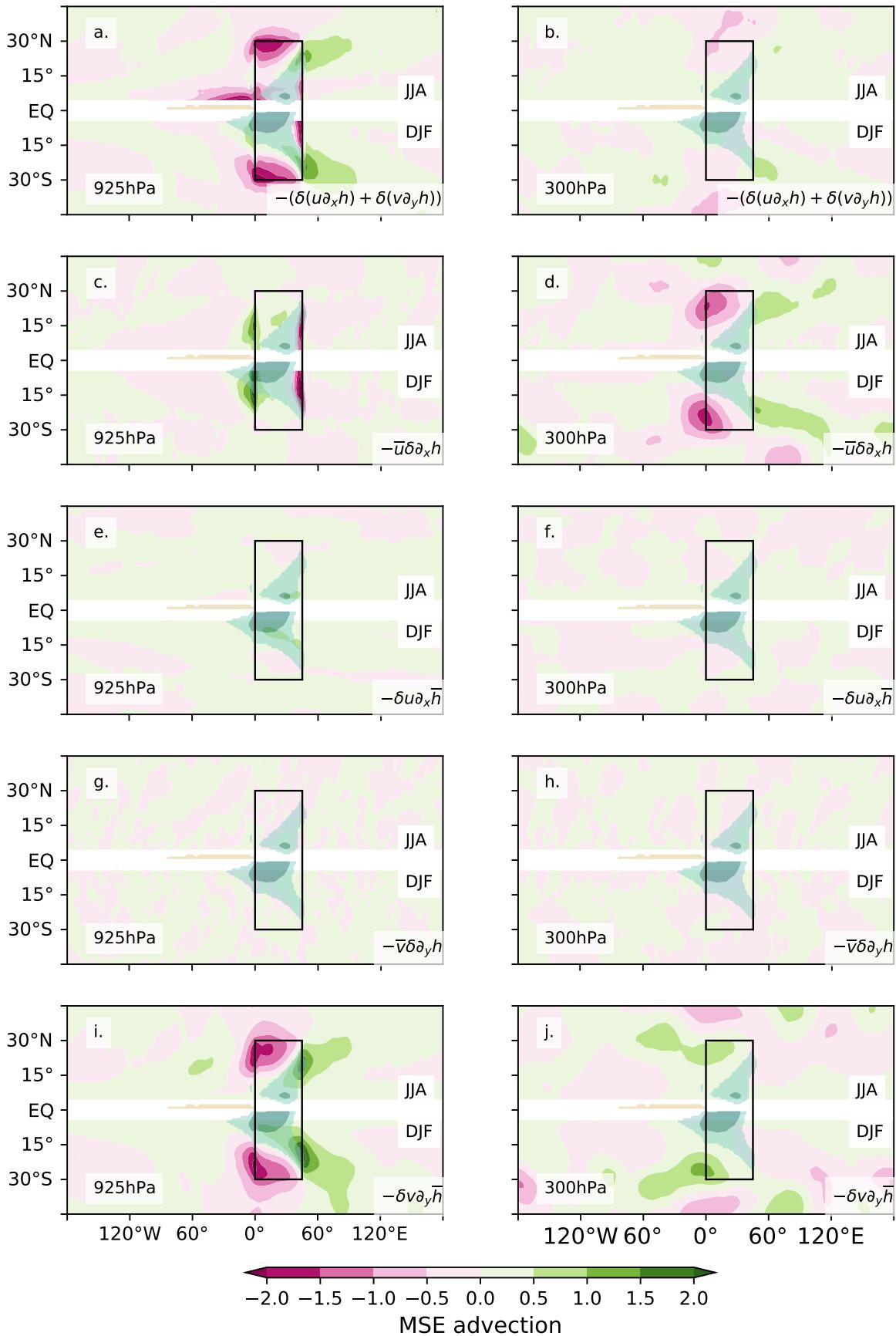
781 FIG. 6. Spatial extent of the summer rain bands (top) and loci of seasonal wind reversal (bottom). a: Map of
 782 the LandControl global monsoon, as defined by a precipitation criterion. Each model is color-coded as indicated
 783 in the right-hand panel and the multi-model mean is indicated in black. b: maximum meridional summer extent
 784 of the rain-defined global monsoon domain in each model (bars are for the LandControl case and thin lines are
 785 for the AquaControl case) and in the multi-model mean. c. Map of the LandControl global monsoon, as defined
 786 by a wind reversal criterion. Each model is color-coded and the multi-model mean is hatched in black. d: as in
 787 b, but for the wind-reversal criterion. Refer to the text for the exact definition of the rainfall and wind criteria for
 788 the global monsoon in the Land and Aqua cases.



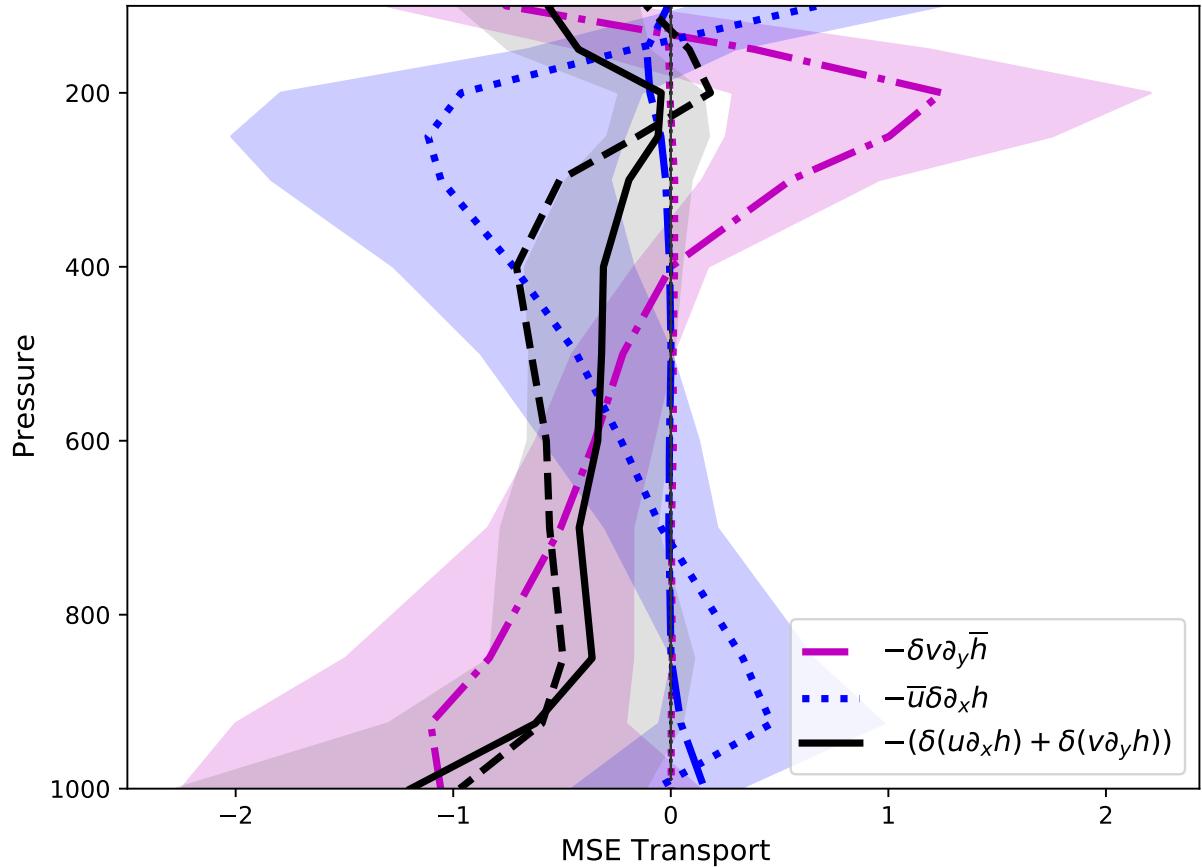
789 FIG. 7. Maps of the surface temperature (shaded) and precipitation (black contours, every 2mm day^{-1} ,
 790 skipping the zero contour) LandControl minus AquaControl ensemble-mean seasonal anomalies. The seasonal
 791 means are DJF (a), MAM (b), JJA (c) and SON (d). The position of the AquaControl rain band for each season
 792 (as indicated by the 6mm day^{-1} contour) is superimposed in grey for reference.



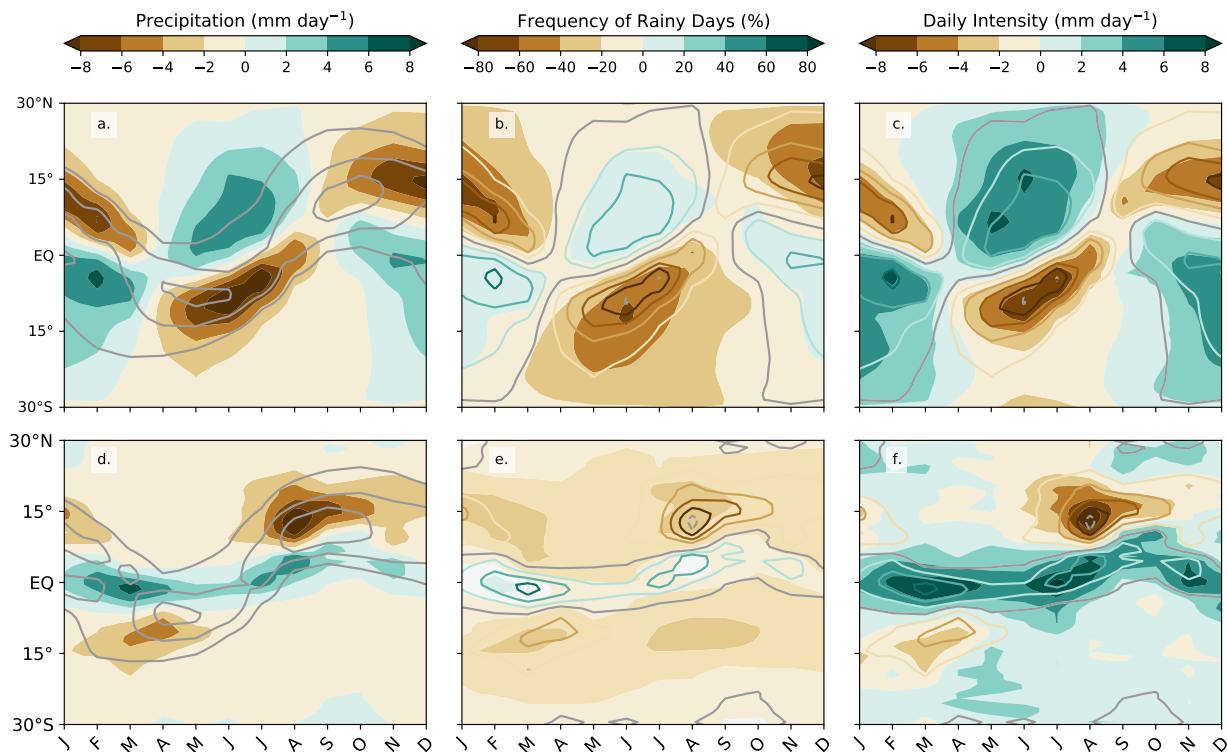
793 FIG. 8. Top (a): summertime (JJA in the NH and DJF in the SH) ensemble mean LandControl minus Aqua-
 794 Control ensemble-mean anomalies in 300hPa temperature (shaded) and in 700hPa geopotential (contours, con-
 795 tour interval is 8m; dashed lines indicate negative anomalies, the zero contour is omitted), and 700hPa Land-
 796 Control full wind field (vectors; only wind speeds greater than 3m/s are plotted; see reference arrow on the
 797 left). Summertime rainfall anomalies less than -2mm day^{-1} are shaded in brown and those greater than 2 (4) are
 798 shaded in green (dark green); Bottom (b): Same as in (a), but shading indicates 925hPa geopotential heights;
 799 contours indicate precipitable water (contour interval is 5g Kg^{-1}); and wind vectors are for the 925hPa anomalies
 800 (only wind speeds larger than 1m/s are plotted, see reference arrow on the left).



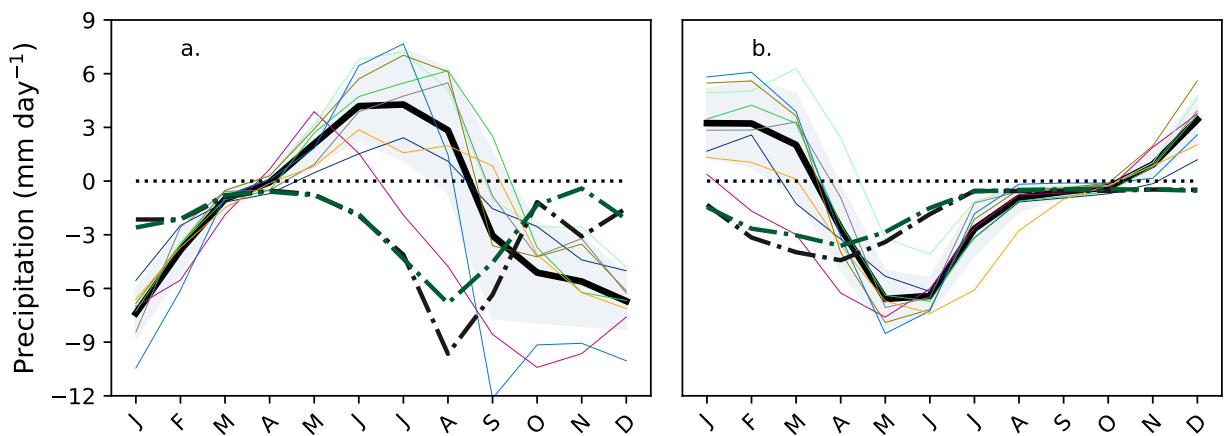
801 FIG. 9. Maps of summertime (JJA in the NH and DJF in the SH) LandControl minus AquaControl ensemble-
802 mean anomalous MSE transport at 925hPa (left: a,c,e,g,i) and 300hPa (right: b,d,f,h,l). The total advection
803 anomalies are given in the top panels (a,b). The other panels show: (c,d) the advection of the anomalous MSE
804 gradient by the basic-state zonal wind; (e,f) the advection of the basic-state MSE gradient by the anomalous
805 zonal wind; (g,h) the advection of the anomalous MSE gradient by the basic-state meridional wind; and (i,l) the
806 advection of the basic-state MSE gradient by the anomalous meridional wind. Units are in $^{\circ}\text{C m s}^{-1}$ (lat/lon
807 degree) $^{-1}$.



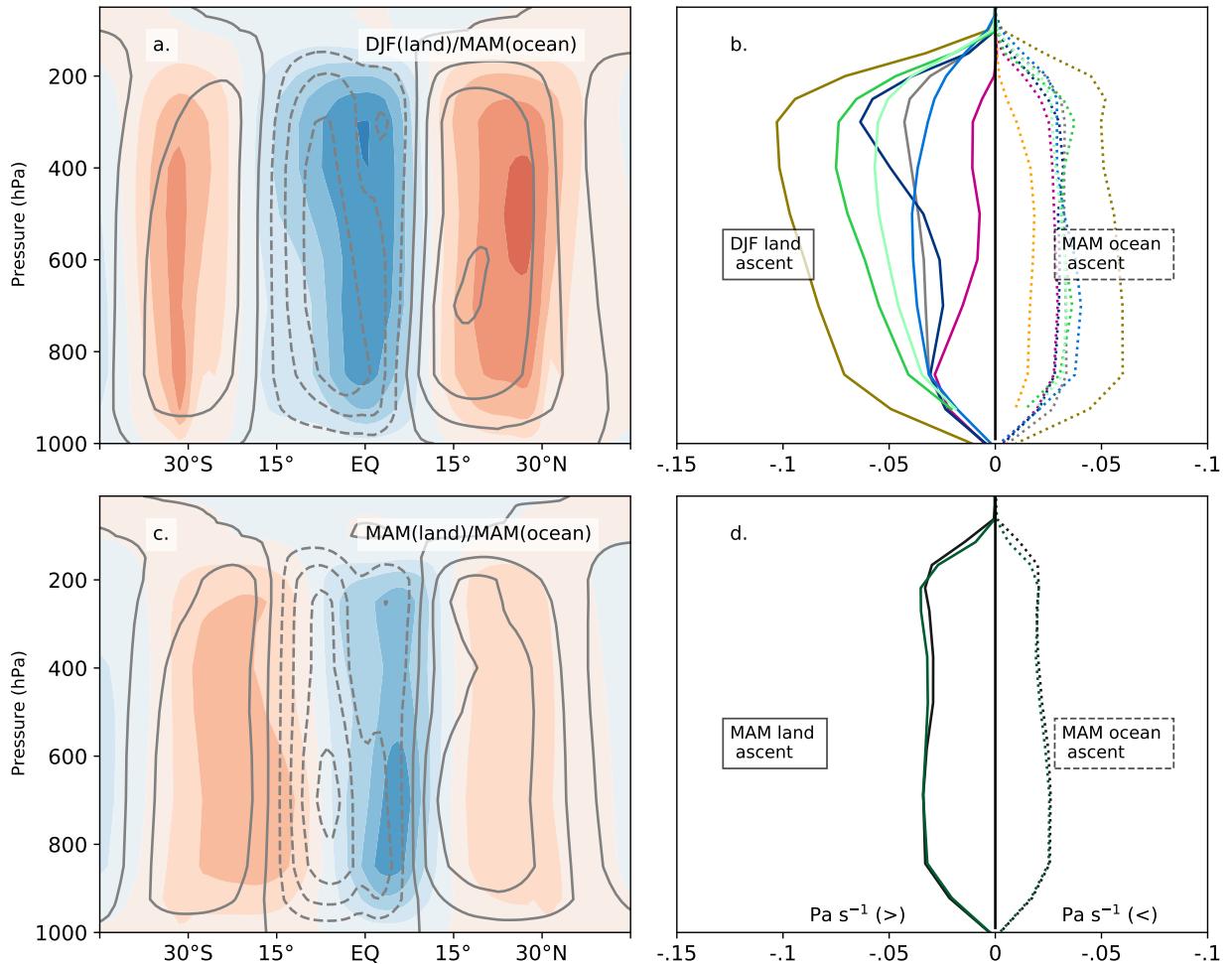
808 FIG. 10. Vertical average profile of summertime (JJA in the NH and DJF in the SH) LandControl minus
 809 AquaControl ensemble-mean anomalous MSE transport in the western subtropical corners of the TRACMIP
 810 continent. The total advection anomalies are given in black (the sum of the linearized terms is given in the
 811 dashed black line). Blu refers to the advection by the mean wind of the anomalous MSE, magenta refers the
 812 advection by the anomalous wind of the mean MSE. Dotted lines refer to zonal terms and dash-dotted lines to
 813 meridional terms. The dominant terms are indicated in the legend and are plotted with a shading corresponding
 814 to plus or minus one standard deviation in the multi-model ensemble. The vertical axis is pressure in hPa; the
 815 MSE transport terms are calculated in units of $^{\circ}\text{C m s}^{-1} (\text{lat/lon degree})^{-1}$.



816 FIG. 11. Latitude/time Hovmoeller diagram of climatological LandControl minus AquaControl multi-model-
 817 mean monthly anomalies in (a,d) rainfall in mm day^{-1} (b,d) frequency of rainy days in percentage, and (c,f)
 818 simple daily intensity index in mm day^{-1} . Superimposed on the shaded fields are (a,d) the AquaControl climato-
 819 logical rainfall (gray contours) and (b,c,e,f) the LandControl-AquaControl monthly rainfall anomalies (contours
 820 colored according to the colorbar in a). Top (a,b,c) is for the mean of the models with reduced heat capacity over
 821 land. Bottom (d,e,f) is for the average of the models with unchanged heat capacity.



822 FIG. 12. The annual cycle of LandControl minus AquaControl rainfall anomalies averaged zonally (Land-
 823 Control data over the continental sector only) and over (a) 10° - 15° N and (b) 10° - 15° S . The solid thin colored
 824 lines are individual models that followed protocol, the thick solid black line is their multi-model mean, and the
 825 light shading indicates a spread of ± 1 standard deviation. The dash-dotted lines are the two models that did not
 826 reduce heat capacity in the continental area.



827 FIG. 13. The effect of heat capacity on ascent profiles. (a) Vertical velocity omega profiles during SH summer
 828 in LandControl (DJF, shaded, averaged over the continental sector) and AquaControl (MAM contours, zonally
 829 averaged). Fields are the multi-model mean of the models that followed the full TRACMIP protocol in setting
 830 up land points. (b) Vertical velocity omega profiles during SH summer (as in a) but averaged over the latitude of
 831 tropical ascent and plotted for each individual model (solid for LandControl and dashed for AquaControl; note
 832 that we plot negative values both right and left of the vertical zero line, to allow for a cleaner comparison of the
 833 profile shape in LandControl (left) and AquaControl (right). (c) and (d): As in (a) and (b), but for the average
 834 of the two MetUM models, which did not reduce land's heat capacity. Southern Hemisphere summer season is
 835 therefore defined as MAM for both LandControl and AquaControl.